

July 2024

COMPLIMENTARY

NASHVILLE

CHRISTIAN FAMILY[®]

Family
MATTERS

Real Estate
TIPS



**Team USA's Paralympian
Zion Redington**

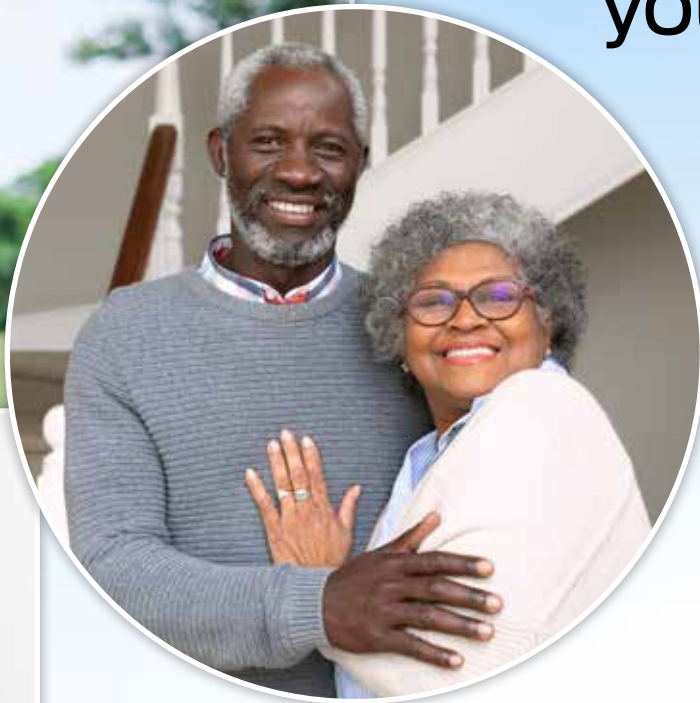
FREE Good News



Read This Issue
On Your
Device Now!

NashChristian.com

- **Medicare: Medicare Advantage Plans & Med-Sup Plans**
- **Long Term Care (LTC)**
Traditional, LTC w/Annuities, LTC w/ Life Insurance
- **Social Security Strategies - Married, Divorced, Single, Disabled**



“Get the answers
to questions
you don’t even
know to ask.”

Ben Davis, CSA

Certified Senior Advisor

615-584-4946 cell

615-617-9953 office

www.selectpointebd.com

ben.davis@selectpointe.com



 **Select Pointe LLC**

“helping you know which way to go”

NASHVILLE CHRISTIAN FAMILY®

Publisher: Robert Stringfellow • 615-815-8765

publisher@nashchristian.com

Editor: Raymonda Jagers

Contributing Writers:

Marsha Blackburn
Anthony (Tony) Boquet
Meredith Boyd
Michael Carnes
Larry L. Crain, Esq
Sally Cressman
Tammy Daughtry
H. Ben Davis, III, CSA
Daron Farrar
Maricela Farrar
Jonathan Feldstein
Mark Koch
Tim Lynch

Hannah Moulton
Misty Ratcliff
Eva Angelina Romero
Monica Schmelter
Rhonda Smart
Byron Spradlin, D Min
Ashton Tate
Ralph E. Vaughn
Leona Walthorn
Karen Weigand
Amanda Woller
Cheryl Wray

Cover Story Photos: Courtesy Dominic DiSaia

Production and Art Direction: Wendy Satterwhite

Website Development/Maintenance: A3 Marketing and Communications

Digital Marketing & SEO Services: Bowen Digital Marketing

Social Media: Dasha Brandon/Administrative Assistant and
Social Media Manager

Sales & Marketing: Robert Stringfellow,
Brenda Delgado/Marketing Specialist

Administrative Assistant: Emma Grace Hicks

Printer: Central Missouri Press

Nashville Christian Family is published monthly by Clarion Concepts, P.O. Box 463, Spring Hill, TN 37174. The phone number is 615-815-8765. E-mail publisher@nashchristian.com. Reproduction of any part of *Nashville Christian Family* without permission of the Publisher is prohibited. Distribution of this paper does not constitute and endorsement of information, products or services. Views expressed in *Nashville Christian Family* do not necessarily represent those of the Publisher. Every effort has been made by *Nashville Christian Family* staff to insure accuracy of the publication contents. However, we do not guarantee the accuracy of all information nor the absence of errors and omissions; hence, no responsibility can be or is assumed. All Rights Reserved. Copyright 2024 by The Christian Family Publication, Inc.

Unless otherwise noted, scripture taken from the Holy Bible, New International Version, copyright 1973, 1978, 1984 by International Bible Society. Use by permission of International Bible Society.

Circulation and Distribution: *Nashville Christian Family* is free and available at targeted, high traffic locations throughout the Nashville Metro Area and surrounding counties, Williamson, Wilson, Davidson, Cheatham, Sumner, Rutherford and Maury. Copies are available by subscription, \$100 for one year (12 issues). To subscribe, e-mail publisher@nashchristian.com

– *Nashville Christian Family* is a part of
The Christian Family Publication, Inc.
celebrating 24 years of Good News!
Visit www.Nashchristian.com



OUR MISSION



Nashville Christian Family® exists to provide Christians and the community at large with ways to strengthen and grow as a part of the Middle Tennessee Christian Family. This local monthly publication is designed to promote positive living by sharing with readers of all ages relevant and timely news and information related to health, faith, parenting, youth, finances, Christian entertainment, missions, church leaders, and much more GOOD NEWS!

FROM THE PUBLISHER

Happy Birthday America!

As we celebrate the birth of our country this month, take a few minutes to reflect on how God has so richly blessed the United States of America since our founding fathers declared our freedom from England. Countless sacrifices have been made, and continue to be made, by many individuals to ensure that our nation remains free to worship God, maintains a democratic system, and stands as the greatest nation on earth.



Yes, there is turmoil on many fronts in our country. However, the United States remains the freest and most admired country in the world. At the same time, thank God for the more important eternal freedom from our sins and eternal life with Him that is available to anyone through His ultimate sacrifice, the death and resurrection of His son Jesus.

Take a few minutes to discuss the freedoms and liberties we are so blessed to enjoy as Americans, emphasizing the importance of understanding that religious freedom, our ability to openly worship God, is the cornerstone and foundation of our nation. Be sure to involve your children in this discussion.

Given the current events in our country and the world, we cannot and must not take for granted that we will always be able to enjoy liberty and religious freedom as we have known it.

We are one nation under God. May He, in His mercy, continue to bless America.

Robert Stringfellow, Publisher, 615-815-8765
publisher@nashchristian.com



July 2024

DEPARTMENTS

3 From The Publisher

5 **Business Today**
Why Do Words Matter?

6 **Legal Matters**
Lawfair: The Price We All Pay

6 **Secrets From the Studio**
Let's Wait and See

8 **Money Matters**
The Costs of Long Term Care/
Extended Care

8 **Teachable Moments**
Shining Brightly: A Call To
Generous Living

10 **Family Flicks**
Watch "Sight" At Home!

12 **Mighty Men**
Transforming the Lives of Men

12 **Body & Soul**
Embracing Change:
Guided by Faith and Love

14 **Mission Makers**
Join Us for Greenhouse
Ministries Fix-It-Fair Bike
Repair and Resource Fair

14 **An Encouraging Word**
Forgiveness

20 **The Home Front**
Unveiling the Causes
of Musty Odors
in your Crawl Space

22 **Hassle Free Zone**
Our Favorite Underutilized
Storage Spaces

24 **Family Matters**
Creating Memories
This Summer

27 **Teachable Moments**
The Hippocratic Oath

28 **Parenting Points**
Masking My Words, Not Just
My Mouth –Filtering My Words
to Protect the Children!

29 **Monthly Spiritual Goal**
Ask

29 **God's Plan For Salvation
and Eternal Life With Him**

30 **About Our Advertisers**



ON THE COVER 16

Zion Redington is the youngest member of Team USA's wheelchair rugby team. Zion and his parents share his inspiring journey to the Paralympic Games in Paris and how their faith guides them on and off the court. See page 16.

11 **Real Estate Tips**

24 **Family Matters**

1-32 **Good News!**

SPECIAL FEATURES

11 **Real Estate Professional –
Purchase/Sell Considerations**

19 **The State of Faith and Family
Entertainment in 2024**

25 **The Name of God**

CONTENTS

VOLUME 15, NUMBER 2

FOUNDATIONS
1ST

5



11

NEXT ISSUE



**Comedian Jeff Allen,
Back to School Tips
and MUCH MORE!**

 **Read MORE
Good News
Online!**

Access & Share
Nashville
Christian Family
Using this
QR Code!



www.NashChristian.com



19



Why Do Words Matter?

In a world where definitions seem to be up to the whims of the interpreter... most business owners find it increasingly difficult to get their team moving in the same direction and executing in a timely, efficient manner. Often the general resounding theme from staff usually is in the form of complaints declaring that “no one told us” Or “we didn’t realize that was important” or “I thought you meant something else.” Or cue the meeting that goes an hour and a half over schedule with a conclusion of “we’ll schedule a follow up meeting to address these issues” sound familiar?



to include was the word “fun”. I then asked her what that meant to her, to which she replied with words that described her actual work and learning process as “fun”. When I asked her what her front desk assistant’s definition of “fun” might be in relation to her job, my client quickly realized that word would not be interpreted the same and could lead to a lot of behaviors that she didn’t want to have to manage. Therefore, we came up with a word that was more accurately descriptive for all... the word was “joy”.

Better yet- do you as an owner experience frustration because you are the only one who cares about your business, customers, and processes? It is the plight of many business owners who lay awake at night wondering how to build a better team, how to accomplish the goals at hand and experience real growth, how to overcome the obstacles in front of them with the people they have on their team. Honestly- how to enjoy being a business owner again remembering the drive and purpose that the business was founded on.

What does this have to do with words you may ask? Well, in short- words matter - they are truly foundational to the very core of success your business is built on... and far too many business owners overlook the importance of clear communication and how it dictates the literal future success of their business. To take a step further, definitions matter- heck let’s be even more direct- having your team operate from the same version of the definition is critical to your internal communications. Let me give an example, I was conducting a facilitation to develop core values and one of the values she wanted

For business owners who put real emphasis, clear definitions and behavior patterns to the words they use within their business, the result is a dynamic, enthusiastic team who is ready to follow the lead of their CEO. The purpose, mission and values of the company are clearly spelled out and everyone on your team can recite them- better yet, display them in their daily job performance. It all starts with foundation.

If you don’t know where to start- then now is the time to break out the old pen and paper and write yourself a letter detailing what made you go into business in the first place and what your initial hopes and dreams for your business were. Do not get caught up in all the reasons things went in a different direction- just simply focus on (for now) why you started and what your dream was. That is the start of forming a solid foundation.

— Kristin Demos, <https://f1-foundations-first.mailchimpsites.com/about>
f1facilitation@gmail.com

Heal the Man... Heal the Family... Heal the Nation!



FIRST BOOK FREE

Over 300,000 distributed!
 The book that’s sweeping
 the nation!

Men’s lives all across the nation are being radically transformed through *The First Hour for Men* 30-day journey. Mark W. Koch gives men a simple pathway that will help the reader become a true man of God in every area of their lives. This unique and simple 30-day study guide instructs men how to pray, what to pray for, how to spiritually guard and protect themselves and their families, and how to grow closer to God in their everyday lives.

There’s POWER in the Hour!

A MESSAGE FROM THE AUTHOR:
Marriages are being healed, relationships with children are being restored, miracles are happening in all areas of the lives of the men who are earnestly seeking God and spending their first hour with Him daily. God promises to answer the prayers of the righteous and to those who diligently seek him. I challenge you to find out for yourself!

Order your FREE BOOK now!
www.TheFirstHour.com

USE PROMO CODE 316 AT CHECKOUT

LEGAL MATTERS

Brought to you by: **Community Partner Crain Law Group** • www.crainlaw.legal

Lawfare: The Price We All Pay

One of the newest buzzwords in political commentary today is lawfare. Lawfare is the strategic use of our legal system to damage or delegitimize one's political opponent, or to deter their access to their legal rights. The subject of lawfare is a popular topic today in the news, but it has been around since biblical times as a means of suppressing one's political adversary. Indeed, one could make a credible argument that history's most famous use of lawfare was the prosecution and crucifixion of Christ. Realizing that their sinister attempts to silence Jesus through public scrutiny led only to greater popularity and favor among his followers, the Pharisees resorted instead to the legal institutions of their day to silence – they thought forever – this troublesome prophet from Nazareth.

There are risks involved in weaponizing our court system. Those who would defend the Democrats' use of lawfare to serially prosecute former President Donald Trump through thinly veiled efforts to interfere with his presidential campaign argue no one is above the law. Ironically, it is the Democrats' use of lawfare on this scale that makes it likely that respect for the law will decline, and dangerously so, among much of the American

public. According to recent polls, more than half the country is coming to believe that the legal system is being swallowed by rank political partisanship. The excesses of lawfare have contributed to a systemic loss of faith in our justice system. A growing sentiment today could well be taken from a Shakespeare character in Henry VI: "The first thing we do, we kill all the lawyers!" The travesties of injustice taking place in courtrooms across the country in recent days are a product many times of politicized rulings by judges who casually cast aside their oaths as jurists to decide cases based on principles of due process and admissible evidence. Civil lawsuits and criminal prosecutions take on the nature of gamesmanship, rather than the pursuit for justice. And we, as citizens, are the real casualties in this bastardization of the law.

Public confidence in a fair and impartial system of justice is the cornerstone of democracy. In large part, the judiciary earns that trust by faithfully performing its duties by adhering to ethical standards. The surest way to lose trust and confidence



is through failure to live up to these time-honored standards and a failure to hold judges and prosecutors accountable for their misconduct. Once public confidence is lost, we risk resolving conflicts through extra-judicial means which is a recipe for barbarism. Today, the public's confidence in the U.S. Supreme Court is at an all-time low. Justice Amy Coney Barrett made a recent public appearance declared, "My goal today is to convince you that this court is not comprised of a bunch of partisan hacks." A recent NBC News poll found the high court's standing at the lowest point since NBC News began measuring public sentiment about the court" more than 30 years ago.

The upcoming national election cycle will come and go as all others before it. The question facing our country is whether our nation's commitment to the transcendent ideal of equal justice under the law will survive for future generations.

— Larry L. Crain, Crain Law Group, PLLC, www.crainlaw.legal



SECRETS FROM THE STUDIO

Brought to you by: **WHTN/CTN** • www.ctntv.org

Let's Wait and See

As I was growing up one of my least favorite answers was "we'll just have to wait and see". I wanted a yes or no - but not a wait and see. In a world

that longs for certainty- wait and see offers little promise. When you are in the doctor's office the statement "let's wait and see how this progresses" may elicit fear. In family situations, wait and see can create tension. In our spiritual life wait and see can challenge us to greater faith or bring discouragement. I'll admit that in my spiritual life the wait and see has left me feeling discouraged more than once. It's tough when I'm praying fervently and yet nothing is happening. I don't like waiting. Yet I've found that waiting in faith is such a big part of life. Since waiting is hard – and inevitable, I put together some truths from the Bible to help us all build our faith while we are in waiting.

Truth #1: Wait and See with Expectancy

While the unknowns are challenging, and the waiting seems unbearable, we can trust His good plan. Instead of waiting with angst – we can wait with expectancy. His plans are always good, and He has our best interests at heart. The book of Hebrews

says it like this: *And it is impossible to please God without faith. Anyone who wants to come to him must believe that God exists and that he rewards those who sincerely seek him.* Hebrews 11:6 NLT

Truth #2: Wait and See with Faithful Obedience

We tend to focus on outcomes and yet many times growth, wisdom and revelation happens in the process. It's really as we wait and see with faithful obedience that we mature in Christ. It's in times of waiting that we learn to see His goodness and understand His heart on a greater level. Here are a couple of scriptures about waiting in faithful obedience. *Jesus replied, "But even more blessed are all who hear the word of God and put it into practice."* Luke 11:28 NLT *If you love me, obey my commandments.* John 14:15 NLT We can obey what we know, even when we don't understand how God is going to work our circumstances out.

Truth #3: Even When You Can't See Him, He Sees You

This truth brings us comfort and strength when we can't see a thing. Even when we can't see Him – He sees us. He is watching over our lives – He hears our prayers – He doesn't miss a thing. He will

always do what is best in your life and see you through every situation. *The eyes of the Lord watch over those who do right, and his ears are open to their prayers. But the Lord turns his face against those who do evil.* 1 Peter 3:12 NLT

As you wait for your prodigal to come home – or you wait in the midst of that diagnosis you can trust He sees you. You can trust His Word. You can trust that His eyes are watching over your life with care. He is delighting in your details when the nights seem long, and the days feel unbearable.

I am still not fond of hearing "let's wait and see." But I find comfort in His never changing Word and His unconditional love. As I've listened to stories on the Bridges set, I've been encouraged to look for God's goodness despite the long wait. Today's Secret from the Studio: Even When You Can't See Him – He Sees You.

— Monica Schmelter is the host of Bridges weekly television show aired on Christian Television Network in over 50 million homes. You can watch Bridges on Demand at bridgeswithmonica.com.



An important new film festival
aimed at crafting films of
significance to benefit charitable
& ministry organizations

Judged by industry leaders
with Affirm/Sony, major
actors, casting directors,
directors



FILMMAKERS JOIN WITH NONPROFITS

Christian Charity Film Festival

SHORTS FOR A GOOD CAUSE

SPONSORED BY

Tennessee Christian Chamber of Commerce • Prelude Pictures
Brentwood Baptist Church • Palette Productions

August 2-3, 2024

John DeBerry, Keynote Speaker August 2

Brentwood Baptist Church • Brentwood • Tennessee

REGISTER: www.christiancharityfilmfestival.com

Submissions due no later than July 19th, 2024

Instead of crafting a short film based on a spontaneous creative concept, the production team aims to **collaborate with a biblically based ministry or charitable organization/nonprofit** that could benefit from a **compelling video narrative**. Leveraging their skills and resources bestowed by God, they commit to assisting this cause by dedicating time and equipment to **produce a short film tailored to amplify the mission and impact of the chosen ministry**. It must be a dramatic story and not just news.

NET

Production
Company
Accountants



John DeBerry serves as
Senior Advisor to Tennessee
Governor Bill Lee and is
a member of the
Cabinet

Produced by Palette Productions
www.paletteproductions.org



SPONSORSHIPS AVAILABLE

Visit christiancharityfilmfestival.com or
contact paletteproductionsmc@gmail.com

With decades of experience, noted Entertainment Industry Professionals with Hollywood Blockbusters will be instructing in master classes on Saturday Aug. 3rd. Space Cowboys, God's Not Dead; A Light in the Darkness, Dirty Harry, Lost in Space, The Perfect Game, Black Dog, Miracles From Heaven, War Room, I Can Only Imagine, just to name a few of the projects these instructors have worked on.

The Costs of Long Term/Extended Care (LTC/EC)

My Mom died in 2020 of Alzheimer's disease at age 94. My Dad is 92 and has Dementia and Parkinson's disease. The cost of caring for my Mom for over 3 years was about \$250,000. The last 9 months of her life at a memory facility at \$6,000 per month. The cost of caring for my Dad for the last 18 months has been between \$6,200 to \$6,500 a month. It will soon be \$8,000 per month as I must move him into a memory facility. No long-term care insurance for either one. Income for them is above qualifying for Medicaid. How to pay? His hard-earned money. Dad was a blue-collar worker that worked his way to mid-level management and was able (due to Mom) to save some money. He retired after 38 years of working and took his Social Security early.



I tell you all this so that you can plan on living. You see it costs to live. And the longer you live the more it is going to cost you. IF they had bought LTC insurance in their 60's they could have saved tens of thousands of that hard-earned money. My current guess is that it would be over \$300,000. And they may have spent 20-25 thousand dollars for that coverage.

There is a 70% chance when you are over the age of 65 that you will need some type of coverage. Now you 40 to 60 years old listen up – 40% of this group is using it now! So don't think this is 'old folks' insurance. Let's back up just a bit and learn just what is LTC/EC insurance. LTC/EC coverage is when you are unable to perform unassisted 2 of 6 Activities of Daily Living (ADL).

Here is the way I remember these. In the morning when you wake up you need to go from your bed to somewhere (generally speaking, to the bathroom). That is called transferring – going from one location to another. And speaking of the bathroom that is the second activity, you must be able to do all the things associated with toileting. After that you probably head for the shower/bath. This is the third activity. You must be able to perform the necessities of personal hygiene (bathing). Then after getting cleaned up you put on your clothes. Activity number 4, you must be able to get your clothes on and off. Now that we are all clean and dressed, I'm hungry! This is the fifth activity; you must be able to feed yourself. And the last activity is remaining continence throughout the day.

So, the six ADLs are: Transferring, Toileting, Bathing, Dressing, Eating, and Continence.

Paying for such care is available in one of four ways.

1. Using your hard-earned cash.
2. Depending on the Government and spend down to be eligible for Medicaid (not Medicare) Note that Medicare does NOT pay for long term care.
3. Having LTC/EC insurance. And the number one objection to having LTC/EC insurance? It is a use it or lose it propositions. Until now!
4. Asset based. This is done through either an annuity or a life insurance policy that has a LTC rider.

Experts will tell you the best time to buy this coverage is age 50 to 60. I think that should be 40 to 64 and here's why. There is a policy that if you buy coverage during this age range (and like all insurance the younger you are the less expensive it is) and you never use it the company will return 3 times your paid in premium to your beneficiary. This is a game changer. For more information on all the other details call me and let's discuss.

— H. Ben Davis, III CSA, *SelectPointe, LLC*, 615-584-4946,
ben.davis@selectpointe.com
www.selectpointebd.com



TEACHABLE MOMENTS

Shining Brightly: A Call to Generous Living

As we enjoy the sunny warmth of the summer, let us be reminded of the powerful words spoken by Jesus in Matthew 5:16: In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven (ESV).

This verse serves as a reminder of the impact of our generosity and acts of kindness. Just as light illuminates the darkness, so our actions brighten the world around us. When we give generously of our time, talents, and resources, we are spreading the light of God's love.

In a world often overshadowed by greed and selfishness, our acts of generosity serve as beacons of hope and encouragement. They reveal the goodness and grace of our Heavenly Father, point others towards Him, and become a testimony to the transforming power of God's love in our lives.



As we journey through this season, let us be intentional about letting our light shine brightly through acts of generosity. Whether it's through giving to those in need, volunteering our time to serve others, or simply offering a word of encouragement, let us seize every opportunity to glorify God through our actions.

May we be known not only for what we say, but for the tangible ways in which we demonstrate God's love to the world. May our generosity serve as a reflection of the boundless giving heart of our Heavenly Father, and may it inspire others to join us in bringing light and hope to a world in need.

— Dr. Byron L. Spradlin, *Founder and President,*
Artists In Christian Testimony, www.actinternational.org

Experience the Lee Company Difference.

Air Conditioning • Heating • Plumbing • Electrical



Need a Plumbing Repair?

We've got you covered.

- Water Heater Flushing, Repair, & Installation
- Drain Clearing Service & Replacement
- Water Filtration & Quality Testing
- Gas Pipe Leak Detection, Repair, & Installation

We're Here For You 24/7/365



615.716.1077



Watch "Sight" At Home!

The film "Sight" can now be viewed at home following the steps below:

1. Click "angel.com/sight" (VERY IMPORTANT: Please use "angel.com/sight", NOT "angel.com");
2. Angel guild membership starts at \$12/mo, join and become one of the 350,000 guild members!
3. Watch "Sight" (and all other Angel movies) at home for FREE!

"Sight" (angel.com/sight), produced by Open River Entertainment and distributed by Angel Studios (which distributed "Sound of Freedom"), is based on the autobiography "From Darkness to Sight" of Dr. Ming Wang, Harvard & MIT (MD, magna cum laude); PhD (laser physics), co-starring Greg Kinnear. The film has won:

- The top prize (Best Picture) at 50th ICVM International Christian Film Award;
- A top prize (Best Narrative Feature Premiere) at Heartland International Film Festival.

About Dr. Ming Wang, MD, PhD

Dr. Ming Wang, Harvard & MIT (MD, magna cum laude); PhD (laser physics), is a world-renowned laser eye surgeon, philanthropist, and a co-founder of the non-profit Common Ground Network.



As a teenager, Ming fought valiantly to escape China's Cultural Revolution – during which millions of innocent youth were deported to remote areas to face a life sentence of hard labor and poverty. He came to America with only \$50 and earned two doctorate degrees, one in laser physics and one in medicine, and graduated with the highest honors from Harvard Medical School and MIT.

The amniotic membrane contact lens, which Dr. Wang has invented (and holds two U.S. patents), has been used by tens of thousands of eye doctors throughout the world in nearly every nation, and millions have had their eyesight restored.

Wang Foundation for Sight Restoration has helped patients from over 40 states in the U.S. and 55 countries, with all sight restoration surgeries performed free-of-charge. Dr. Wang was named the Kiwanis Nashvillian of the Year for his lifelong dedication to help blind orphaned children from around the world. To reach Dr. Ming Wang: drwang@wangvisioninstitute.com, www.drmingwang.com, 651-525-3314.

— Leona Walthorn



Barbara J. McDole

Affiliate Broker, REALTOR, 2CEX, GRI, LRS, CLP

Cell: 615-719-2702

**Offices: 615-771-6620 - TN Lic. #344042
931-647-3400 - KY Lic. #277494**

Email: Barbara.mcdole@crye-leike.com

Website: Barbarajm.crye-leike.com



GETTING ALL THE FACTS – REAL ESTATE PROFESSIONAL

- Purchasing or selling property is a very large investment transaction.
- When planning, engage a Real Estate Professional with the proper training and knowledge to guide you through the process to meet your expectations, and provide a rewarding experience.
- Real estate professionals are required to stay abreast of current data, laws, codes, and information; thus, requiring constant training, certification, and knowledge of the real estate market.
- I am a licensed Realtor® in Tennessee and Kentucky to assist buyers and sellers
- Prior to becoming a real estate agent, my background of 30 years was in the corporate environment; handling of relationships, management planning, problem solving, customer service, and more.
- I will work with you whether you are a first-time home buyer, upgrading for family space, or empty nester downsizing, I will be there assisting by guiding you through this process with completeness and satisfaction.
- I will meet with you to provide all preliminary seller's information prior to listing your house. Professional photos will be provided online for prospective buyers to see. I will be alongside you throughout this transaction from listing to closing.
- **CALL ME TODAY 615-719-2702!**



SPECIAL FEATURE

Real Estate Professional – Purchase/Sell Considerations

Are you considering the purchase of property for you and/or your family? This investment is probably the largest purchase you will make, and you want to put a lot of thought and planning into it. Many factors go into this decision. Here are a few you may have to consider:

- Where do I want to live; area, city, state, etc.?
- How much can I afford based on my income or retirement?
- How do my assets/expenditures affect me obtaining a mortgage loan?
- How do interest rates affect my plan in obtaining a mortgage loan and repayment?



A professional agent will:

- Meet with clients to give them an overview of the process; steps by step
- Investigates purchase plans with clients (square footage, price range, location), etc.
- Assist clients in securing financing and closing companies for their transaction, should they require these services.
- Preparation/assisting client with showing presentation and all documentation for real estate transaction/closing
- Assisting in the evaluation and negotiation of offers
- Recommend companies necessary to complete their transaction (inspection, etc.) if requested

Contact a real estate professional! Utilization of a professional agent can be very important to your transaction. My brokerage provides their agents with abundant training ensuring they have all the necessary facts in assisting clients through whatever events may occur. This knowledge and training will assist you in the home buying/selling process and produces a smooth and professional experience for you and your agent. A real estate professional is required to continue with many hours of continuing education involving state and federal laws, codes, and ethics to retain their real estate licenses. Professional agents demonstrate their value which contributes to a successful purchase/sale.

Contacting a real estate professional is a vital decision to the success to your planned investment! Call me 615-719-2702.

— Barbara McDole, Affiliate Broker,
REALTOR, 2CEX, GRI, LRS, CLP
www.Barbarajm.crye-leike.com



CTN

Celebrating Independence Day

"Where the Spirit of the Lord is, there is freedom."
-2 Cor. 3:17b NIV

www.CTNTV.ORG



Transforming the Lives of Men

Men's lives all across the Nation are being "Completely Transformed" through The First Hour for Men 30-day journey. Miracles are happening in the lives of men who are earnestly seeking God and spending their first hour with Him Daily!

The Bible tells us that God wants to bless our lives in ways that we cannot imagine. He wants to fulfill "His Dream" for our lives. So many times we miss God's best because we don't give Him the opportunity to guide and direct us on a Daily Bas

The First Hour Commitment

I believe that you will begin what will be the most incredible 30-day journey of your life when you begin the book. I truly believe this book is a gift from God to you and I pray that you will make a solid decision to follow the three commitments outlined at the beginning.

1. I commit to giving God my first hour each morning for the next thirty days by completing the journey.
2. I commit to follow all of the seven simple steps that make up the First Hour 30-day program
3. When I experience "dramatic changes" in my life after completing The First Hour, I commit to doing my part in "The Great Commission" by sharing the book with a minimum of four other men; two fellow Christian brothers and two men that I feel do not have a personal relationship with Jesus Christ.

The First Hour Objectives

By the end of the 30-day journey, and if you earnestly seek God with all of your heart each morning, I am convinced that you will experience the following:

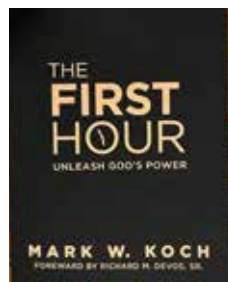
- You WILL have developed a more intimate relationship with our Heavenly Father, His Son Jesus Christ, and the Holy Spirit.
- You WILL have a more clear and better understanding of God's will and purpose in and for your life.
- You WILL have achieved a closer relationship with your wife, your children and your friends.
- You WILL have attained a higher self-esteem.
- You WILL feel healthier and be more physically fit.
- You WILL be on your way to becoming the man God Intended you to be.

May God bless you abundantly!

— Mark W. Koch is an author, speaker and Hollywood Film Producer. He has produced sever A list films including the number one box office hit "Lost In Space". Dedicating his life to God, he is now committed to spreading the message of Jesus Christ through faith based global media, including books and feature films.



Scan this code to learn more about The First Hour journey.



Embracing Change: Guided by Faith and Love

After 37 years of living an independent life, God brought a God-fearing man into my life. 6 months later, we were married, 3 months after that we were pregnant, and just before our first anniversary, we welcomed our beautiful baby boy. The blessings are clear and obvious. I cherish and thank God every day for my little family.

But the change. Whoa, the change.

The change my life has seen in a short period of time is staggering. Although all these changes are positive and welcome, at times, it feels almost too much. Like I forget who I was before all this, and I don't recognize who I am after all this. It is in those moments that I lean on the one thing that has not changed throughout my entire life: God and his unconditional love for me. God loved me when I was single, he loves me as a wife, and he loves me as a mother.

I see his presence woven throughout every part of my life, but particularly in the changes along the way. God has slammed doors in my face to keep me from going on a misadventure. Was that frustrating? Yes. Did that make me angry? Sure did. Was it the best thing for me? Absolutely. These slammed doors forced me to change direction and go through a door I hadn't planned. Once I made it to the other side of all that change, I could clearly see God's love for me. God forcing me through the doors I wouldn't have chosen for myself led me to having a fulfilled single life, a successful career, a marriage founded in His love, and a gift of a son. Change can be scary, but God's love is always there to guide you through.

Lee Company has also changed drastically throughout its 80 years of business. We have come a long way from "a man and his truck" in 1944. But even in the last handful of years, the changes have been staggering. Geographic expansion, new additions to offered services, technology overhauls. So much has changed, if Leon Lee were alive today, he would not recognize his company, except for one thing: the quality of workmanship remains. Lee Company provides service you can count on, and that will never change.

— Amanda Woller, Director of Learning & Organizational Development
Lee Company



CRAIN LAW GROUP, PLLC



**Dedicated to the Practice of Law
as an Honorable Calling**

Over 30 Years of Court Room Experience

**National Litigation Experience in Over 26 State
and Federal Jurisdictions**

WE SOLVE LEGAL PROBLEMS

CIVIL RIGHTS & CONSTITUTIONAL LAW

Our practice covers the complexities of discrimination, fair housing, abuse of power and more.

CHURCH & MINISTRY CASES

We seek to provide legal guidance from a Biblically-informed perspective and provide a wide array of legal services to churches.

PERSONAL INJURY

We carefully select legitimate cases and provide a client-focused approach and service along with our depth of experience.

ESTATE PLANNING

From Last Wills & Testaments, Powers of Attorney, Advance Directives and Revocable Living Trusts, we have your future covered.

EMPLOYMENT CASES

Whether you are the employer or the employee, we have broad experience in dealing with employment concerns.

LEGAL ADVICE SERVICES

We gladly assist our clients to proactively address questions or concerns before they become legal issues or problems.

615-376-2600

Larry@crainlaw.legal | www.crainlaw.legal

5214 Maryland Way | Suite 402 | Brentwood, TN | 37027

MISSION MAKERS

Join Us for Greenhouse Ministries Annual Fix-it-Fair, Bike Repair, and Resource Fair!

Looking for a productive and fun way to spend your Saturday morning? Join us on Saturday, July 13th, from 8 AM to 12 PM for our Annual Fix-it-Fair, Bike Repair, and Resource Fair located at 307 S Academy St. in Murfreesboro, TN! This event is a fantastic opportunity to learn valuable skills, get your bike fixed, and enjoy some free pancakes!

Do you ever wish you knew how to handle minor home repairs on your own? Our Fix-it-Fair is designed to empower you with the knowledge and skills to tackle those small but important tasks. Our expert volunteers will guide you through hands-on workshops. This is a perfect opportunity for anyone and everyone interested in gaining practical DIY skills. This is a great opportunity to gain the confidence to take on more projects around your home.



Not only will we have stations where you can learn basic repairs, but you will also have the opportunity to get your bike repaired! Do you need a little fix on your bike? Bring it along! Our bike repair station will be staffed by volunteers who are ready to help you get your wheels back in top shape. From fixing flat tires and adjusting brakes to more complex repairs, our team will ensure your bike is safe and ready to ride.

After you've visited all the stations and learned some new skills, treat yourself to a delicious breakfast! We'll be serving free pancakes to all participants. It's our way of saying thank you for being part of this community event. After you've visited all the stations, learned some new skills, and treated yourself to a delicious breakfast, join us inside for the Resource Fair to learn more about all the resources that our community has to offer and how you can be a part! Invite your friends and family; we can't wait to see you there!

— Makayla Sanford, Public Relations and Marketing Coordinator,
Greenhouse Ministries
www.greenhousemin.org, 615-494-0499

AN ENCOURAGING WORD

Forgiveness

It has been said that unforgiveness is much like a person drinking poison and hoping that the offender will die. This statement always seems harsh, but it makes an important observation. Unforgiveness is causing further harm to the person unable to extend forgiveness more so than the wrongdoer.

What does unforgiveness look like? In a practical sense, a person struggling with unforgiveness may experience bursts of anger, pettiness, compulsion, and possibly tends to blame others for their own shortcomings. They essentially become paralyzed as a victim and are unable to take responsibility for their own actions, "It is always the other person's fault".

Unforgiveness may show up in physically destructive ways as well. Studies have shown that unforgiveness and bitterness left unresolved, can be associated with high blood pressure, insomnia, and other stress related illnesses.

Proverbs 11:19b, reminds us that it is to our glory to overlook an offense. When thinking of your own heart and those that have caused it pain, do you keep a mental list of all the wrongs a person may have caused you? Do you find yourself "replaying" the list over and over in your mind? Withholding forgiveness may also contribute to a righteous and entitled mindset. It is a slippery slope down a dark path.

Ultimately, unforgiveness is a sin. Jesus set the standard for forgiveness. Matthew 6:14-15 reads "For if you forgive others for their transgressions, your heavenly Father will forgive you. But if you do not forgive men, then your Father will not forgive your transgressions". The measure you extend to others in forgiveness will be the same measure God extends to you. It is



interesting how the enemy has packaged unforgiveness as our "right" to hold on to an offense.

Forgiveness is a voluntary decision to let go of anger, resentment, self-righteousness, and pain towards those who have wronged you. It can involve changing your expressions, attitudes, and behavior so that you can extend compassion or generosity towards the person who hurt you. Forgiveness is different from reconciliation and doesn't even really require the offender to apologize.

Forgiveness is more about you and less about the one who has caused you harm. Realizing that unforgiveness is a crafted scheme of the enemy of your soul and has been designed to cut you off and keep you from being the best you can be is the first step towards real freedom.

Forgiveness is not a feeling but rather a choice. Pain and hurt has paid a visit to us all, however it is not so much about the pain but what we "do" with the pain. Do we hold others captive in our unforgiveness? To forgive requires us to press into God because our carnal flesh cannot do it on our own. Forgiveness becomes a measuring stick of our relationship with God.

When we chose to forgive, grace is released. We break the stronghold that had previously disabled us. Light overcomes darkness, the enemy will lose his hold, lies and deceptions will lose their power, and true freedom will be found. The bondages are broken.

Trust God to deal with the offenders' heart as needed and realize that it is no longer your place to be the "spiritual police". Forgive those that have caused you harm and walk in God's freedom today!

— Rhonda L Smart, rhondalsmart@gmail.com



TAKE YOUR WEEKENDS BACK!

WE'RE ON THE JOB!

Molly Maid® will help you clean house, so you can enjoy your weekend to its fullest. Our professional cleaners will come do the dirty work while you enjoy time with your family.

10% OFF ANY SERVICE

New customers only. Cannot be combined with any other offer or discount. Participating locations only. Some restrictions may apply. Offer expires 07/31/2024.



MOLLY MAID™

a neighborly company

MOLLY MAID® OF S. DAVIDSON, WILLIAMSON AND MAURY CO

615-794-0200 • mollymaid.com



©2020 Molly Maid, LLC. Each franchise locally owned and independently operated.





Fierce & Faithful: Paralympian Zion Redington

Zion Redington will compete this August in the 2024 Paralympics in Paris, France as the youngest member of Team USA's wheelchair rugby squad. His journey to Paris is one filled with both challenges and triumphs, fueled by a loving family and God's protection and direction.



Humble Beginnings. Heather Redington-Whitlock first saw Zion on the website for the orphanage where he lived in China. She was immediately struck by his photograph and needed to know more about him. "I immediately knew, 'this is my kid. This is my son.' And within six months, he was mine," she recalled. "It was a very short adoption process, and I received great support from wonderful Christian organizations to help the process." The orphanage director often told Heather, and others who'd listen, that Zion had a "light" upon him. He often took pictures and gave them to Heather, reminding her of how special Zion was. He was adopted at age two and was back with Heather in the United States within a few months; he became a citizen on October 31, 2008.



Zion is pictured here trying out his first rugby wheelchair at 8-years-old. Soon he was competing against athletes much older than himself.

Born with a disability called ectrodactyly, Zion had one finger on each hand and one toe on each foot. At age 6, he began having consultations with doctors, and the decision was made to amputate his feet to provide better mobility. Today he uses both prosthetics and a wheelchair to get around. "Zion had a congenital birth defect, but now he's considered a quad amputee," Heather explained. (As it relates to his current position with Team USA, the Paralympic wheelchair rugby competition is open to male and female athletes with physical disabilities such as amputation/limb loss, spinal cord injury/wheelchair users, and cerebral palsy/brain injury/stroke.) Zion joined his new family

in Ca. and then moved to Franklin, Tenn., where his family got larger when Heather married Mark Whitlock and gained a large, blended family. His oldest brother has autism and struggles medically and his sister Zoe, 23, attends



With adaptive sports competition, supportive families do a lot of traveling. Most states have one or two wheelchair rugby teams in total, so athletes and their families must travel many miles to play games.

the Exceptional Foundation in Birmingham. Heather's heart for fostering, and especially for fostering children with medical issues, is big. In total, she's fostered 58 children. "Zoe was my 40th medical foster child and she was my first adoption from fostering," she said. "She came to me at two years old and was adopted at four." She said that her desire to foster and adopt comes from her faith. "God calls us to care for the orphans and widows," she said. "Once I adopted Zoe, God just kept bringing other kids. It was the right thing to do." Zoe brought Heather and Mark together at church, and they were married in 2016. Mark has four adult children from a previous marriage, and his youngest daughter was adopted from China and was born with a cleft lip and palette. "I am adopted myself, and our adoption stories brought Heather and me together," Mark said.

Fierce Athlete. Zion's journey to the Paralympics Games in Paris, which take place August 28 through September 8, began with a mother who encouraged him to find a sport he loved. "Once he had his amputation, I wanted him



Wheelchair rugby positions are based on adaptive ability, on a scale ranking muscle function. Zion is a high pointer with a 3.5 ability (the highest amount of function). Photo Courtesy: Rugby Chile

to try out every adaptive sport,” Heather said. “He’s done everything from basketball to track and field, to air rifle and climbing.” He was just nine years old when he first tried wheelchair rugby and was soon competing as part of the Cumberland Crushers rec wheelchair rugby team in Nashville. That began a path of steps—participating in his first wheelchair rugby tournament, making the 2023 Team USA Training Squad, playing for Team USA at the International Wheelchair Rugby Cup, receiving an invitation to selection camp for the US Wheelchair Rugby Team, making Team USA’s travel team to the Musholm Cup in Denmark - that led to Zion being invited to try out and then make the team representing the United States at the Paralympic Games in Paris.

Zion has been the youngest player on most of his teams, and at age 17 is by far the youngest on the Paralympic squad. He’s always, however, felt very welcome. “Every team I’ve been on has been great. They really feel like a family,” he said. “It’s very much a community when we come together, and I feel very included.” Zion adds that his involvement with the national teams has been exciting, and his love for the sport of wheelchair rugby is evident. “When I was 9 years old, I was already playing with older players, and later I joined the developmental team and the US team,” he said. “The Paralympic team is made up of 16 players, with 12 that travel and four who are reserves. We found out a few months ago who are traveling, and I’m one of them.” Zion said he loves the competitive nature of the sport and wants others to appreciate it as well. “When I was maybe 13, I really started enjoying it for the big hits,” he recalled. “The sport is more of a mesh between wheelchair basketball, volleyball, football, and field hockey. But the one thing that translates from rugby is its aggressiveness. In fact, it was originally called murderball.” Once Zion became an elite athlete in the sport, Heather and Mark decided to move to Birmingham to make training easy. Lakeshore Foundation in Home-wood is the home of Team USA’s wheelchair rugby and travel from Tenn. had become difficult. Heather drove Zion three hours both ways for practices, and ultimately, she told Mark they needed to move. While they loved Franklin (where Heather worked as a nanny for Christian recording artist Tasha Lay-ton), they made the decision to relocate to Birmingham. “Once he made the developmental team, we realized he was going places. And nothing compares to Lakeshore,” she said. “We prayed a lot about it, and we know this is where God has led us.”

Faithful Family. The sacrifices for Zion’s sport are just one example of how faith leads Heather and Mark’s family dynamics. They bathe all decisions in prayer and stay connected via worship and small groups at The Church at Brook Hills. Mark recently started a job as a writer and producer at WD-



Zion has competed around the world and in various competitions with Team USA and other competitive teams. He’s traveled already to Paris, Denmark, Chile, and Canada.

JC-FM. “We’re a real family with ups and downs. We have conflicts and joys alike, but we’re a family that’s grateful to be saved by grace,” Mark said. “We feel really plugged into our church and we have great support for Zoe and Zion.” The thread of faith that has run through their family’s entire journey, Heather and Mark agree, is prayer. “We pray at the dinner table, we pray for all decisions,” he said. “We know that whatever happens, we will trust the Lord. Whether Zion made the team or made it to Paris, we knew it was in God’s hands. We rejoice in the news and the journey.” Heather said she often thinks back at what Zion’s orphanage director said about him being a special child bathed in light. “I know God called Zion to shine his light in the world in relation to having a disability and being able to overcome things and to live your life,” Heather said. “He’s a witness to the light and it’s a position that God has placed on Zion. We believe it’s a message to all of us to never hide that light...”

Expectant Future. Zion’s light and witness will be on display most noticeably between August 30 and September 2, when the wheelchair rugby competition takes place at the Paralympic Games. And, after that? Zion said he plans to continue competing in adaptive sports while looking forward to a future in college. The rising senior attends school through the Church at Brook Hills co-op and said that education is important to his plans. “I want to eventually do college and be an elite athlete in my sport,” he said. “I know that sports aren’t life and I’ve been taught the three A’s: academics, attitude, and ability. I know education is important, and I’m really interested in finance.” He also wants to continue to represent and teach others well about the value of people with disabilities. He encourages families to foster a sense of curiosity with a sense of respect. “I think the biggest thing is to normalize it. Look at people with disabilities with a sense of normalcy,” he said. “You can be curious, but we need to progress more into a mindset of curiosity combined with normalcy.” For Heather and Mark, they’ll continue to cheer on Zion during the Paris games and in upcoming competitions. And they’ll continue to put God first in all their decisions—and to teach their children to do so as well. “We pray that God’s light will continue to shine through Zion,” Mark said.

— Cheryl Wray



frontier

FOUNDATION
& CRAWL SPACE *Repair*



Half of the air you breathe on the first floor comes from your crawl space!
.....
How healthy is your home?



WET BASEMENT?



NASTY CRAWL SPACE?



MOLD OR HUMIDITY?



SAGGING FLOORS?



MUSTY SMELLS?



BEFORE



AFTER

STABLE FOUNDATIONS

HEALTHY CRAWL SPACES

DRY BASEMENTS

LEVEL CONCRETE

— Se habla español —
FREE ESTIMATES
FINANCING AVAILABLE



615-547-8701
ChristianBasement.com



\$250 **OFF** ANY PROJECT
Not to Exceed 5% of project. Cannot be combined with any other offer or promotional financing. Must be presented at time of inspection. Limitations may apply. Expires 07/31/24.

The State of Faith and Family Entertainment in 2024

Let's have a talk about the faith and family movie and television industry. There are two kinds of Christian movies, the faith based and the faith adjacent. *The Blind Side* or *Chariots of Fire* would be examples of faith adjacent projects. They are stories that have a faith element to them in the storyline and/or the characters, and many of the characters might not be professing Christians. Faith based projects on the other hand, are produced by openly confessing Christian producers by mainly independent companies generally targeting a Christian audience with a definite Christian message. Sherwood's Pictures *Fireproof*, or Kingdom Storybook Company's, *Jesus Revolution* are a few examples. The family movie genre is a film that can be a lot of fun without the presence of a strong faith message, but still have good morals without a "woke" agenda attached to it. *Field of Dreams*, *Sandlot* and old favorites like *The Sound of Music* or *E.T.* and *The Princess Bride* are just a few examples. It is easier to find these types of programs a few years back, but there are some good ones still being made, like *Peanut Butter Falcon* and a new one, *IF*, are my favorites.

A new definition to understand is the difference between a Faith Driven Consumer (FDC) and an overall professing Christian. Here are stats from an American Insight poll that are quite telling.

- 99% of Faith Driven Consumers (FDCs) rate the importance of having an intimate and personal relationship with God as a 9 or 10 on a 10-point scale (88% at 10), compared to 63% of Christians overall (50% at 10).
- 95% of Faith Driven Consumers rate the closeness of their personal relationship with God as 8 to 10 on a 10-point scale (59% at 10), compared to 64% of Christians overall (24% at 10).

- 96% of Faith Driven Consumers say that their faith has a major influence on their entertainment choices, compared to 46% of Christians overall. 61% of FDCs rate faith's influence as a 10, compared to 18% of Christians overall. Since the 4 Academy Awards from the 1982 film "The Chariots of Fire" to present day, I have compiled a cross section of 68 Faith based and Faith adjacent films and their box office receipts which total over 3 billion dollars.

A graph would show the growth of this genre of filmmaking rising rapidly over the past 10 years. This is not about the money as much as it is pointing out that people are going to see these types of movies and want more. With the advent of all the streaming services available, content is at a premium and networks are crying for more good content.

The decision to have the Christian Charity Film Festival here was based partly on this information. We, the old regime of Hollywood, must mentor the new crop of Christian filmmakers in the craft of producing excellent films. More and more content needs to be created and an audience is more likely to watch a well-crafted movie or series. On Aug. 2nd and 3rd some



John DeBerry will be the keynote speaker at the Christian Charity Film Festival on August 2 at Brentwood Baptist Church. He serves as Senior Advisor to Tennessee Governor Bill Lee and is a member of the Cabinet.

great Hollywood media moguls will be gathering at Brentwood Baptist Church to pass on some of their knowledge to young filmmakers and creatives. The site to review who is coming and to register is www.christiancharityfilmfestival.com.

Middle Tennessee is establishing itself as a hub and a mecca for the creative minds behind faith-based and family-oriented film and television, expanding beyond its renowned music scene. Studios are increasingly greenlighting projects that promote positive and faith based/ adjacent messages.

This will bring a more discerning audience as to judging the quality of the story and the production. "Good enough" is a phrase that needs to be stricken from the mindset of producers, directors and writers if their projects will be accepted by the masses.

John DeBerry, the Sr. Advisor to the Governor of Tennessee will be the Keynote speaker at the dinner on August 2nd. He has been in television and advertising, pastors a church in Memphis, has been a TN state Representative in Memphis and now Sr. Advisor. He brings a great deal of insight and knowledge as to why we must stand up and produce films, television, podcasts and music, that uplifts, encourages and is biblically based. Reverend DeBerry states very plainly the need for a message of hope through media.

"As Americans, we find ourselves in a state of disbelief and shock. Our Nation that once boasted faithfully that, "In God We Trust", and that we were, "One Nation under God," has now sought to expel God from His position of influence. It has been said that this is the most spiritually illiterate generation in the history of our nation. This has occurred because a Nation that once taught its children to pray, read the Bible and pledge allegiance to the flag, now teaches them gender expression, satanism and that America is a rouge nation with no right to exist. President Ronald Reagan once said, "Freedom is never more than one generation away from extinction". Basically, we have witnessed the erosion of our basic freedom in a woke society that seeks to silence the voice of Patriots of Faith." It is the mission of CCFF to encourage young media professionals to set a new standard for media production and be the new and loud voice for the Patriots of Faith.

— Michael G. Carnes
40 year media executive, author, speaker, and motivator
www.paletteproductions.org





Unveiling the Causes of Musty Odors in Your Crawl Space

If you've ever noticed a musty odor emanating from your crawl space, you're not alone. This unpleasant smell is often indicative of underlying issues that need attention. Let's explore some common causes of musty odors in crawl spaces and why addressing them promptly is crucial for maintaining a healthy home environment.



1. Moisture Accumulation:

One of the primary culprits behind musty odors in crawl spaces is moisture buildup.

Crawl spaces are prone to high humidity levels due to poor ventilation, inadequate drainage, or water leaks. When moisture accumulates, it creates a perfect environment for mold and mildew growth. These fungi release volatile organic compounds (VOCs) that contribute to the characteristic musty smell.

2. Poor Ventilation:

Insufficient airflow in crawl spaces exacerbates moisture problems. Without proper ventilation, stagnant air traps humidity and prevents moisture from evaporating. This stagnant air becomes a breeding ground for mold and mildew, intensifying the musty odor over time.

3. Water Intrusion:

Leaks from plumbing, rainwater seepage, or groundwater infiltration can introduce excess moisture into the crawl space. Even minor leaks over time can lead to significant dampness and mold growth, which emit odors that permeate into the living spaces above.

4. Inadequate Insulation:

Improper insulation in crawl spaces can contribute to temperature differentials between the crawl space and the rest of the house. When warm, humid air from outside enters a cooler crawl space, condensation can form on surfaces, promoting mold growth and musty odors.

5. Organic Material Decomposition:

Organic materials such as wood, cardboard, or even dirt floors in crawl spaces can decompose over time. This decomposition process produces gases like methane and hydrogen sulfide, which contribute to the unpleasant smell.

6. Pest Infestations:

Pests like rodents, insects, or even birds can find their way into crawl spaces and leave behind droppings, nesting materials, and carcasses. These organic materials decompose and emit foul odors that can permeate into the home.

7. Poor Maintenance:

Neglecting regular maintenance and inspections of crawl spaces allows problems to worsen unnoticed. Issues like leaks, inadequate ventilation, or pest infestations can escalate, leading to more significant odor problems and potentially costly repairs.

Addressing Musty Odors in Crawl Spaces:

- To eliminate musty odors and prevent them from recurring, consider the following steps:
- Inspect for Water Damage: Look for signs of leaks or water intrusion and repair them promptly.

- Improve Ventilation: Ensure adequate airflow by installing vents, fans, or a dehumidifier to reduce humidity levels.
- Remove Organic Debris: Clean out debris, old insulation, and any organic material that could promote mold growth.
- Encapsulate the Crawl Space: Consider encapsulation to create a moisture barrier with a vapor barrier and sealed foundation vents.
- Control Humidity: Use a hygrometer to monitor humidity levels and take steps to keep them below 60% to inhibit mold growth.

- Professional Inspection: If problems persist or are severe, consult a professional to assess the crawl space and recommend appropriate solutions.

By addressing the causes of musty odors in crawl spaces promptly and effectively, you can improve indoor air quality, prevent structural damage, and create a healthier living environment for you and your family. Don't ignore musty odors—they're not just unpleasant; they're a sign of potential issues that need attention.

— Hannah Moulton, Content Marketing Specialist
Frontier Foundation and Crawl Space Repair
www.trustfrontier.com

FORM CURRICULUM

GLORY TO GLORY FITNESS

A Biblically-Based Health Program Your Kids Will Love!

You can give your kids everything they need to have a biblical foundation in health so they can better serve God and others.

- Functional Fitness
- Optimal Nourishment
- Rest and Recovery
- Multiplied Maintenance

- Animated Lessons
- Movement Videos
- Devotional Guide

Scan the QR Code to preview the program for free!

FormCurriculum.com
Hello@glorytogloryfitness.com
615-488-8203



88.7

**STAY
IN THE
KNOW**

NASHVILLE

**JOIN THE
TEXT GROUP**

- ▷ CONTESTS
- ▷ CONCERTS
- ▷ EVENTS

**TEXT
NASH
TO 91979**



Our Favorite Underutilized Storage Spaces

Suffering from clutter claustrophobia? Scrap your storage unit plans and don't let these underutilized storage spaces go to waste! Minimalize the mess with these creative storage ideas for small homes.

20 Clever Clutter Solutions for Upping Your Storage Game

Tons of space, there for the taking!

1. Linen & Coat Closets

There's often a great deal of wasted space in linen and coat closets, from low, loosely stacked towels to the dead airspace beneath jackets. First, downsize items you don't need, then stack items tighter and higher on shelves, adding stackable storage bins and boxes to make the most of squandered space.

2. Behind Doors

Just because they're made for shoes or clothing, doesn't mean you can't store other items with them. Over the door shelves and hooks maximize door-side real estate.

3. Above Doors

Adding floating shelves above doors in your home offers out-of-the-way, effective storage for books, toiletries, and more. Make your own with paint, plywood and brackets, or opt for ready-made fare. Just be careful when stacking, keeping clutter away from air vents.

4. Behind the Couch

Move your couch a little over a foot from the wall, making your home feel cozy and squeezing in extra console table storage. Need more flexibility? Skip the table in favor of stackable boxes instead.

5. Under Coffee & End Tables

Take advantage of this open space with the help of decorative boxes or baskets, storing them on table undershelves or directly on the floor. Keep stacking neat to avoid a cluttered feel.

6. Under Desks

Keep cords and chargers in easy reach with open stacking baskets, labeling cords for easy hookup and charging.

7. Under the Bed

Lifting your bed up and out of the way for the incorporation of under bed boxes, bed risers are a quick way to add a fair amount of storage space for seasonal/rarely used items like sweaters and linens.

8. The Foot of the Bed

A storage chest or matching ottomans at the foot of the bed is another easy way to add multifunctional storage space.

9. Kitchen Cabinets

Though in high-demand for cooks, those who rarely cook and eat out often should have ample opportunity for storage within kitchen cabinets for everything from office supplies to craft materials. Downsizing items and reorganizing these areas can likewise net additional storage. Ditto for storage spaces in dresser drawers, hutches, and other furniture.

10. Cabinet Doors

Take advantage of cabinet door space with 3M hooks, suspending utensils, small appliances, and more from this easy-access space.

11. Beneath Shelves

Stash smaller items in convenient under-the-shelf baskets, taking advantage



of space beneath shelving throughout your home.

12. Under the Oven

The drawer under your oven offers ideal storage space for pots, pans and cookie sheets. Just be sure to avoid 'warming drawers.'

13. Around the Washer/Dryer

Slide a storage caddy to the side of (or add a pedestal beneath) your washer/dryer for easy-to-reach storage.

14. Bookshelves

Carve out space for smaller items in decorative boxes or baskets, staggering them to hide clutter amongst the shelves.

15. Wall

Low on storage? Adjustable wall mounted shelves are a fast, affordable way to add storage anywhere in your home. Shelves adjust quickly and easily for on-the-fly changes and additions. Tip: If you have at least 12-inches between shelves, add an extra shelf for additional storage.

16. Windowsill

Stack your favorite books and collectables in the windowsill facing outside or in.

17. Under Stairs

Under the stairs is a great area to add shelving, a closet, or work nook.

18. The Floor

Floor space in the pantry, laundry, and other odd areas can be maximized verti-

cally with stacking shelves and stacking baskets.

19. Nooks & Crannies

Store slender items like mops and brooms between the wall/fridge or washer/dryer.

20. Ceiling Trusses

Trusses in the garage or attic are a great place to stash seasonal items out of the way.



Call the experts at Molly Maid today to schedule an appointment at 615-794-0200 or 615-603-3766 today or scan this qr code!

— Daron and Maricela Farrar



Ms. Molly Foundation
Molly Maid is proud to fund and support the Ms. Molly Foundation, which supports domestic violence agencies and shelters in local communities.

We're proud to have raised over \$3 million dollars since 1996. Make a tax-deductible donation to the Ms. Molly Foundation.





from *CALLING* to
BECOMING

Shaping servant leaders in
mind, heart and spirit
for more than 120 years

Find your place
at **TREVECCA.EDU**



FAMILY MATTERS

Creating Memories This Summer

Summer is in full force, and it's not too late to think about creating memories with your family. When I asked my kids about their favorite family vacations, my son said it was sitting around the campfire. That's it. The reason we camped was because it was cheap not to create memories. Consider this when planning your summer: creating memories may not resemble what you imagined.

Be flexible with your plans. On one vacation, the air conditioning stopped working in our paneled station wagon. It happened to be a Fourth of July weekend, and finding a mechanic for the ride back from Florida to Texas was impossible. We traveled through the sweltering southern states with open windows and our toddlers in their car seats with diapers only. We lingered in the air-conditioned Cracker Barrel until we overstayed our welcome. We look back on it and laugh. When you think a vacation will be the best ever, it will disappoint someone. Children get sick, someone forgets their retainer, it's pouring outside, or the air conditioner fails. All these incidents are out of your control, so let it go and find the positive in the delay or setback. Sometimes, the less-than-perfect vacations create the funniest memories.

Be present with your family. One summer trip to the beach allowed us to spend time building sand castles, trying out skim boards, and talking face-to-face. Set an example for your kids and put the phone away (except to capture those once-in-a-lifetime photos). Try to spend one-on-one time with each



child. Look into their eyes and listen—not to their words only but to their heart. Sometimes, downtime allows a child to relax and share. Ask God for discernment to understand what your child is really saying. Other times have fun. Splash each other. Bury dad in the sand with just his head poking out. Play frisbee on the beach. Your kids need to see you enjoying this time, too, rather than being distracted by tomorrow's worries.

Be aware of God's creation. Look for opportunities to marvel at God's works. One night on the Outer Banks of North Carolina, we brought our flashlights and followed ghost crabs scurrying around the beach. Another night, we watch the moon hang low on the horizon, casting its glow over the ocean water lapping on the shore. On a trip to Yosemite, we looked up and gazed at the abundance of stars twinkling across the night sky. Look up, look down, look all around. The smaller the child, the more likely they will notice things lower to the ground than you will. Show interest when they discover an army of ants, eggs, or other unique creatures.

Family time creates memories—start making yours this summer.

— Sally Cressman is the author of *"The Dance of Easter."* She writes about faith, family, and home on her website, www.sallycressman.com. Connect with her on Instagram or Facebook.



SIGHT
IN THEATERS MAY 24 - MEMORIAL DAY WEEKEND
ASIAN HERITAGE MONTH

FORWORD BY SENATOR WILLIAM FRIST, MD
FROM DARKNESS TO SIGHT
A JOURNEY FROM HARDSHIP TO HEALING
MING WANG (M.D.)
Ph.D. (Laser physics)

BASED ON THE INSPIRING BOOK BY DR. MING WANG

ANGEL STUDIOS

Watch "Sight" at home! angel.com/sight

The Name of God

In the Bible, God reveals His name to Moses in the book of Exodus 3:13-15. Many people may not understand the importance of the people knowing God's name, but to Moses and the migrants from Egypt it added credence to the messages. You see, in Egypt, there were many gods, these Jews grow up asking people that very question whenever the unknown was revealed by an entity.

Moses asks God what he should tell the Israelites if they ask for the name of the God who sent him, God responds to Moses, "I am who I am." He instructs Moses to say to the Israelites, "I AM has sent me to you." God also tells Moses to say, "The LORD, the God of your fathers—the God of Abraham, the God of Isaac, and the God of Jacob—has sent me to you." This name is meant to be remembered throughout all generations.

I find it extremely interesting, for many reasons, that God used the name "I Am". This simplest of statements encompasses God's eternal nature and existence. When God introduces Himself as "I Am," He is revealing His self-sufficiency and self-existence. The Jews had the practice of using the name of the father to clarify the individual's name. He is the uncaused cause, the Creator of all things, and is not dependent on anything or anyone to account for existence.

In Hebrew, the exact name given to Moses was, "Ehyeh asher Ehyeh," which translates as "I will be what I will be," which emphasizes God's dynamic power and active nature. He is not static or confined by any boundaries; He is "THE" God who acts and intervenes in history.

It's also a declaration of His presence and commitment to His people. By saying "I Am," God is assuring Moses and the Israelites of His ongoing, unchanging presence. It's a promise that He will be with them, just as He has always been with their ancestors.

Furthermore, the name "I Am" is a profound statement of God's sovereignty. Unlike the gods of Egypt, who were seen as having dominion over specific aspects of life, the God of Israel is the ruler over all things. His name, "I Am," signifies that He is the ultimate authority; there is no limit to His power or domain.

The name "I Am" also resonates through the rest of the Bible, where it appears over six-thousand times in various forms. It's a name that carries the full weight of God's eternal, self-existing, self-sustaining nature, and it's a name that invites us to consider the depth and mystery of who God truly is. During Jesus' passion, one of the notable moments was when He used the phrase "I Am"; it is found in the Gospel of John 18:6. As Jesus is being arrested, He identifies Himself to the soldiers by saying, "I am." When He says this, the soldiers, temple guards and officials drew back and fell to the ground. This powerful moment underscores the authority and identity of Jesus, connecting to the divine name revealed to Moses in Exodus.

Additionally, in John 8:58, before the passion narrative, Jesus makes a profound declaration of His eternal existence by stating, "Before Abraham was, I am." This statement emphasizes His divinity and pre-existence, asserting that He is the same 'I Am' that spoke to Moses, thus identifying Himself with God.

There is seven other times Jesus used the "I Am" statement in the Gospel of John. In each, Jesus proclaims His essence: I am the bread of life (John 6:35), the light of the world (8:12), the gate (10:7), the good shepherd (10:11, 14), the resurrection and the life (11:25), the way and the truth and the life (14:6), and the true vine (15:1). These "I Am" statements are significant because they link Jesus directly to the divine name given in the Old Testament, affirming His identity as the Son of God and the promised Messiah.

As I sit and reflect on the power people's names hold to one another, it is self-evident that some may come to believe that they too are a god, not a GOAT. When we use the phrase, "I am (this) or I am (that), how often do we take all the credit, elevating our real status. I know that many of us never dream of being like God, but based on how often we might use the phrase, I can see how it could seem like a way of claiming the credit for things that God gave us the power, intelligence, and creativity to do.

Instead, we should make the efforts to say, "I am nothing" without the Great I AM.

— Anthony "Tony" Boquet, the author of *"The Bloodline of Wisdom, The Awakening of a Modern Solutionary"*





Ways to Watch

Digital Ch 39.1 | Comcast Ch 1039 | TDS Telecom Ch 1039
Spectrum Ch 10 | AT&T U-Verse Ch 39 | Dish Network 39

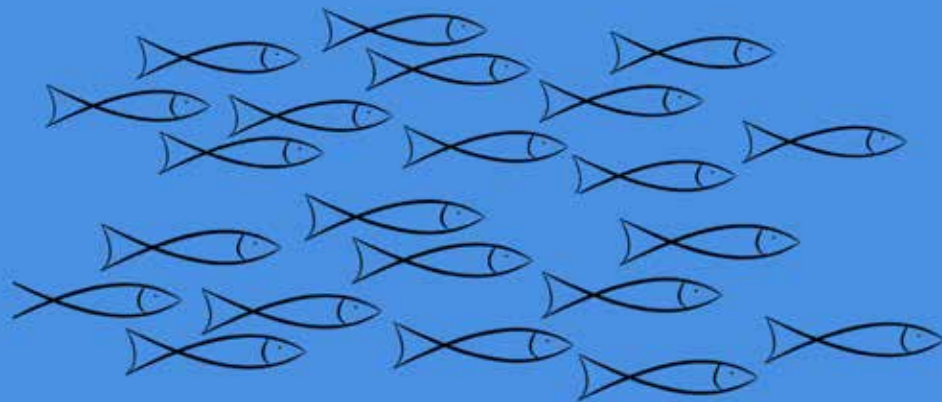
Stream Live: ctntv.org

Download the CTN App to Stream or Watch On Demand

ANDROID | APPLE | GOOGLE PLAY

Got video production needs? Call 615-754-0039 to schedule a tour.

Find Christian Links



Working together . . .

“Let us think of ways to motivate one another to acts of love and good works. And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.” (Hebrews 10: 24-25 NLT)

That’s what this site is all about. Enjoy and come back often. Subscribe to receive weekly updates listing new pages and links.

A Christian Networking Directory

Browse to find this and so much more!



- Christian products and services
- Ministry resources
- Christian links for family . . . all ages
- Free online Bible studies
- Homeschool resources
- A chance to tell about your ministry
- A way to encourage others and be encouraged



www.FindChristianLinks.com

The Hippocratic Oath

As a clinical psychologist, I regularly hear from my clients and others their frustrations and their growing annoyance with other human beings who have lost their direction and furthermore have diluted our moral beliefs with increasing numbers of people “do not have a moral conscience/ a moral compass, or a sense of right and wrong”!

I am sure that many of you reading this article have had similar experiences and found yourself, after a similar encounter, pondering the dilemma for a day or two—sometimes longer—and arriving at an interesting point of insight. The insight in which you realize your mind (Including your subconscious mind that never really goes to sleep) had continued to work at understanding and solving, if possible, the disturbing event. Ironically, though you are rather tired, and not sure exactly why, you have arrived the gut sense people will have about their intuition, which is almost always right.

For myself, after experiencing a similar situation, I arrived at my first class as a sophomore in high school and the opportunity to study Greek. I had studied one year of Latin, like most of us have, but I didn't really care for it at that time, however the Greek language fascinated me because it was not a dead language! No doubt, I wanted the understanding of the Greek language, but the fascination was particularly within the wisdom in the famous Hippocratic Oath. And as I continued in my study of the Greek language, the opportunity finally came the following year as we began to read the Hippocratic Oath in the very language that it was written!

Hippocratic Oath is named as such after, Doctor Hippocrates, who lived in Greece in the fourth century BC. Though he was the most recognized physician of his time, Doctor Hippocrates researched previous writings by physicians, going back to the eighth century BC, and he pulled together the all-time recognized most profound summary of medical ethics, The Hippocratic Oath, which I believe remains current for medical treatment today. These principles are quite simple, but rather profound. I summarize them with abbreviations:

“I swear to keep, according to my ability and my judgment, the following Oath: To consider dear to me as my parents, him who taught me this art; to live in common with him and if necessary to share my goods with him; to look upon his children as my own brothers, to teach them this art if they so desire without fee or written promise; to impart to my sons and the sons of the master who taught me and the disciples who have enrolled themselves and have agreed to the rules of the profession, but to those alone the precepts and the instruction. I will prescribe regimens for the good of my patients according to my ability and my judgment and never do harm to anyone... I will prescribe to no one a deadly drug or give advice which may cause their death (euthanasia)... nor will I give a woman a pessary to procure abortion, but I will preserve the purity of my life and my arts. I will not cut on a patient who has a manifest disease that I do not understand, I will ensure this operation will be performed by a specialist in this art... and every house where I come to, I will enter only for the good of my patients and keep far away from all intentional ill-doing, be they free or slaves.... All that may come to my knowledge in the exercise of my profession, I will keep secret and will never reveal.”



The Greek language has deep meaning and is very precise in its written manner and wording. The Greek language has fewer words than most and the wording has unusual depth. For instance, the word “time” in Greek does not necessarily refer to the zodiac or cosmetology and associated science of the movements within our solar system, but rather captures the purpose of time by the definition of “time as opportunity”. As an

other instance, a Greek festival does not begin at 2 PM and ends at 8 PM. Rather as we understand the Greek language and culture, the festival begins when people gather and ends when they leave!

There is a movement in several medical schools to redefine the Hippocratic Oath in such a way that would bring it up to date, however, I'm not sure how we redefine or retranslate, “first, do no harm”! Often the terminology for this change is called “alternative systems of ethics”, which I usually understand in clinical practice to mean “situational ethics”, which unfortunately comes down to do whatever you want, whatever feels good to you, and don't really bother about how it might affect someone else.



Why would the Hippocratic Oath need to be updated? It covers much of today's modern medical and ethical topics such as: abortion, euthanasia, prescribing necessary treatment, performing appropriate medical procedures, and the confidentiality as well as dignity that is included in treatment of a patient. Actually what is necessary is to simply follow this incredible Oath which has been the matrix of medical ethics for generations.

Isn't it ironic that the scribe who was copying the Hippocratic Oath in its original language in the 12 Century, wrote the Greek manuscript so that the words formed the shape of a cross, the Cross on which Jesus Christ was crucified!

— Tim Lynch PhD., Licensed Clinical Psychologist
Fellow and Diplomat of the American Board of Medical Psychotherapist

Masking My Words, Not Just My Mouth – Filtering My Words To Protect The Children!

Being a divorced parent or a stepparent presents us with thousands of opportunities to either “tell the truth” or to filter our words to protect the kids. Many times we have a difficult co-parent (or ex-spouse) who constantly undermines us or tries to make things look bad about us to the children.

I continually remind my clients that the only person you can control is yourself. You cannot make the other parent do the right thing or stop doing the wrong thing. You can't make the other parent show up on time or stop saying negative things about you... however, what you CAN control is what you let out of your mouth in response.

Like all the facial masks we are wearing right now, they are intended to protect us from what is around us AND they are intended to protect others FROM us (if we have germs that are not healthy). In co-parenting, there are critical moments we REALLY need to utilize a “mask” - - not a tangible mask but a verbal filter that keeps things from being said that will hurt the kids in the long run.

- If you have a co-parent that is consistently negative about you, be the exact opposite and tell your kids positive things about that person.
- If your co-parent changes the schedule to try and make you look bad to



the kids, don't get entangled in the details of trying to explain it to the children – instead, make the most of the time you do have together and address the co-parent privately when the children are not around.

- If your co-parent is jealous of your new partner (the kids' new step parent) try to deflect the situation and remind the kids that they can never have too many people who love them (instead of telling the kids why you are no longer living with their other parent).
- Listen more, talk less: when kids are expressing their pain or confusion about coming back and forth between homes, ask them how they feel and let them talk. Always look for a positive way to give them permission to like and love everyone in their complex family.

Many times it's not what we say, it's what we leave UNSAID that helps protect children the most! They will grow up and remember who was negative and who was nice. Rise above and be nice every chance you can!

— Tammy Daughtry, MMFT – Author and Founder of www.CoParentingInternational.com and www.ModernFamilyDynamics.com. She and her husband live in Nashville and have a blended family of four!



BRN • INTEGRITY • QUALITY • STRENGTH • *Serving - On*

BOTT RADIO NETWORK

Quality, Christian Talk Radio

SERVING NASHVILLE

89.1FM 1160AM

107.1FM 91.5FM

Find Stations Nationwide, Download Apps, Listen Live, Worldwide bottradionet.com

BROADCAST MINISTRIES

Visit bottradionet.com for a Program Schedule.



(from left) Jim Daly, Chuck Swindoll, Anne Graham Lotz, Colin Smith, Alistair Begg, Adrian Rogers, Tony Evans, Charles Stanley, Janet Mefferd, Richard Hamlet, Michael Youssef, Robert Jeffress And Many More!

Spiritual Goal For July

1 Peter 4

Ask...

For today...let us look at every situation...every circumstance...and ASK what the Lord is teaching us. Scripture reminds us that God has Lessons in Living available for those He loves. When we search for Truth...we are to look as if we are searching for a "hidden treasure"...one that will change our attitude...our perspective...and our life. When found...we are to use the new knowledge to honor God...and to use our discovery to add spiritual muscles to our soul and mind.

Knowing God is GOOD...how can we use every situation or circumstance for discovering a deeper relationship with our Maker...our Lord? Life on earth is not a "yellow brick road"...with no bumps. ASK what we can learn...knowing that we desire spiritual ONENESS with our Lord...because we want to be more than a superficial follower...a superficial Christian. God's Truth is available. Let's ASK. Let's claim it.

Prayer: *Lord, we start this day knowing that You love us...and that You want to teach us Truth. With eyes and ears open to You...please show us more...teach us more. Your Word is the Path we want to follow. Your Spirit is our Guide. We ASK...believing that You are our Master Teacher...and that we want more than a superficial relationship with You. Lord Jesus, let it be. Let it be...for Your honor and for our spiritual maturity. Amen*

— Ralph E. Vaughn

PLAN OF SALVATION

Has something in the magazine or something you have discussed with someone or some thoughts that you have had or something that you have heard, brought you to a point of realizing that you want and need to know Christ in the truest and personal sense?

If so, below is a simple outline for someone of any age who is not a Believer to act on their desire to accept Jesus Christ into their heart as their Savior.

God's Plan of Salvation

God created us to honor and serve Him

Revelation 4:11: "You are worthy, O Lord, To receive glory and honor and power; For You created all things, And by Your will they exist[b] and were created

Each of us has sinned against God

Romans 3:10: As it is written, "There is none righteous, no, not one"
Romans 3:23: For all have sinned and fall short of the glory of God,

The penalty for sin is eternal separation from God and Heaven

Romans 6:23: For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

Good works cannot ever earn God's forgiveness and Salvation

Titus 3:5: not by works of righteousness which we have done, but according to His mercy He saved us.

God loves each of us

John 3:16: For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life.

Jesus Christ died on the cross in our place, paying the penalty for our sin

Romans 5:8: But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us.

We each must accept Jesus Christ as our personal Savior

Romans 10:9: that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved.

Romans 10:13: For "whoever calls on the name of the LORD shall be saved."

To accept Christ into your heart and life, pray a simple prayer along these lines -

"Dear God, I know that I am a sinner and I am sorry for my sins. I know that Jesus died for my sins and the sins of the world. Right now, I ask Jesus into my heart and receive Him as my personal Savior. Forgive me of my sins, thank you for saving me through the blood of Jesus. Please Lord, help me live for you. In Jesus name, amen."

All scriptures are taken from The New King James Version of the Holy Bible.

If you do not have your own Bible, email publisher@nashchristian.com and we will make sure you receive one.

DO YOU HAVE YOUR OWN BIBLE?

If you would like to receive a Bible at no cost,
email ncfpublishation@gmail.com.

ABOUT OUR ADVERTISERS

Please support these local businesses that support Nashville Christian Family with their advertising. Support us by patronizing them.

A.S.A.P. - www.alwaysayaprayer.com

Ben Davis - www.selectpointebd.com, 615-584-4946

Bott Radio Network - www.botttradionet.com, 615-871-1160

Christian Charity Film Festival - www.christiancharityfilmfestival.com

Find Christian Links - www.findchristianlinks.com

Frontier Foundation and Crawl Space Repair - www.christianbasement.com, 615-547-8701

Glory to Glory Fitness - www.Formcurriculum.com

Hello@glorytogloryfitness.com, 615-488-8203

Israel The Miracle - www.israelthemiracle.com

Jerusalem Art Project - www.thejerusalemartproject.com

Larry Crain - www.crainlaw.legal, 615-376-2600

Lee Company - www.leecompany.com, 615-567-1000

Barbara McDole - <https://barbarajm.crye-leike.com/>, 615-719-2702

Molly Maid - www.mollymaid.com/s-davidson-williamson-maury-counties/about-us
615-794-0200

Solace Oral Surgery - www.solaceoralsurgery.com - 615-320-1392

The First Hour For Men - www.thefirsthour.com, 800-517-1954

The Salvation Army, Nashville Area Command - www.salvationarmynashville.org, 615-242-0411

TN Christian Chamber of Commerce - www.tnchristianchamber.org, 615-815-8765

Trevecca Nazarene University - www.trevecca.edu, 615-248-1200

Wayne's Pest Control - www.callwaynes.com - 866-WAYNES1

WayFm - www.wayfm.com, 615-261-9293

WHTN TV - www.ctntv.org, 615-754-0039



**Special Thanks to our
Community Partners
who directly impact the ability of
Nashville Christian Family to reach people
with the Good News of Jesus Christ!**



CRAIN LAW GROUP, PLLC

Become a Partner & Spread Good News!
To find out how your company can become a
Community Partner, visit NashChristian.com/Partner
or call 615-815-8765 • Limited to 16 Partners



Tennessee's #1 connector
Christian Businesses, Leaders, Professionals,
Non-Profits, Churches, and Educators.



Building Christ Centered Relationships.



PARTNER SPONSORS





PEST



LAWN



MOSQUITO



TERMITE

callwaynes.com | 866.WAYNES1

Unlock Your Perfect Smile



**with All-on-4 Treatment
\$4500 Off Limited Time Offer!**



Are you tired of hiding your smile due to missing or damaged teeth?

At Solace Implant Center and Oral Surgery, we have a life-changing solution just for you: the All-on-4 dental implant treatment.

And now, for a limited time, you can enjoy \$4500 off your All-on-4 treatment and Get a new smile today!

Instant Results - Walk out with a brand-new, fully functional smile in just one day, or within 24 hours!

Long-Lasting - Enjoy a permanent, stable solution that looks and feels like natural teeth.

Improved Health - Prevent bone loss and maintain your facial structure.

Enhanced Confidence - Eat, speak, and smile with confidence again.

Our expert team at Solace Implant Center is ready to provide you with personalized care and cutting-edge treatment in a comfortable and welcoming environment.

**Don't miss this exclusive offer!
Transform your smile and your life with
\$4500 off your All-on-4 treatment.**

Call us today to schedule your consultation and start your journey towards a radiant new smile! Call 615-320-1392 and mention this ad.

Solace Implant Center and Oral Surgery

615-320-1392

SolaceOralSurgery.com

1707 State Street

Nashville, TN 37203

*Your new
smile awaits!
Take the first
step today!*

Hablamos español!

