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OUR MISSION



Nashville Christian Family® exists to provide Christians and the community at large with ways to strengthen and grow as a part of the Middle Tennessee Christian Family. This local monthly publication is designed to promote positive living by sharing with readers of all ages relevant and timely news and information related to health, faith, parenting, youth, finances, Christian entertainment, missions, church leaders, and much more.

FROM THE PUBLISHER

Regarding Godly Fathers, Martin Luther said, "Keep an apple beside the rod to give the child when he does well." Discipline must be exercised with watchful care and constant training with much prayer. Chastening, discipline, and counsel by the Word of God, giving both reproof and encouragement, is at the core of "admonition."

There are many outstanding Scriptures that reference Fathers in one way or the other. The ones below are some that I have found valuable and helpful over the years.

Joshua 24:15
But if serving the LORD seems undesirable to you, then choose for yourselves this day whom you will serve, But as for me and my household, we will serve the LORD. (NIV)

Proverbs 14:26
He who fears the LORD has a secure fortress, and for his children it will be a refuge. (NIV)

Proverbs 22:6
Train a child in the way he should go, and when he is old he will not turn from it. (NIV)

Psalms 103:13
As a father has compassion on his children, so the LORD has compassion on those who fear him.

Ephesians 6:4
Fathers, do not provoke your children to anger by the way you treat them. Rather, bring them up with the discipline and instruction that comes from the Lord. (NLT)

1 Timothy 3:2 - 5
Therefore an overseer (Father) must be above reproach, the husband of one wife, sober-minded, self-controlled, respectable, hospitable, able to teach, not a drunkard, not violent but gentle, not quarrelsome, not a lover of money. He must manage his own household well, with all dignity keeping his children submissive, for if someone does not know how to manage his own household, how will he care for God's church?

On this Father's Day, we should not only honor our earthly Father's, but our Heavenly Father as well.

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June 2019

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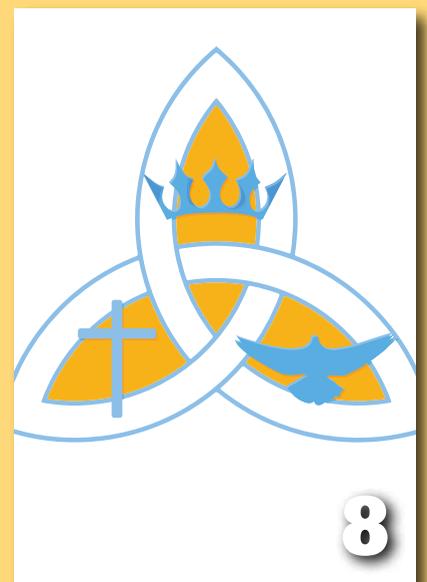
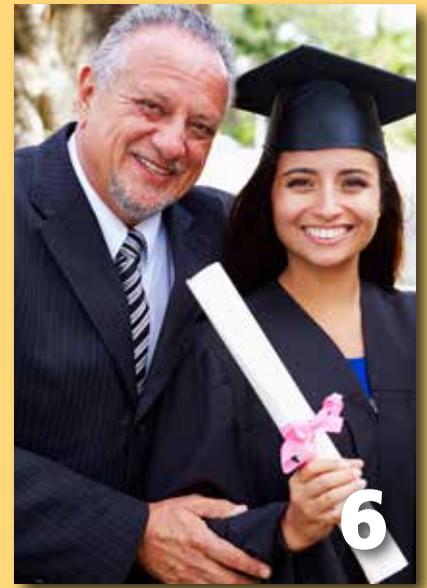
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Failing Forward



Failure is inevitable, but only until we take our last breath. We are imperfect people navigating our way through an imperfect world, so admit it, failure is inevitable.

I graduated Summa Cum Laude from the University of Hard Knocks and I learned valuable lessons, not part of the curriculum at other schools of life. I learned that failures hurt much more when they happen the second and third time. I learned my intelligence is questioned when I simply “take my medicine” for a failure, brush myself off and go my merry way without taking time to learn something from the fall. I learned that contrary to popular belief, the most important thing about getting knocked down is not just getting back up ... only to get knocked down yet again! I learned that hoping that a failure doesn’t happen again is not a good strategy!

Failure has been a great teacher for me in my relationships, career, as a father, and a leader. Teaching my children the principle of failing forward has spared me heartache that comes from them not learning from mistakes and failures. I believe it has taught me to be a better husband. As a leader it has allowed me to move our organization forward because making the same mistakes over and over were getting us nowhere – fast! Making the process of failing forward a non-negotiable in my life has rewarded me with more sanity than I wouldn’t have today otherwise.

Einstein’s definition of insanity comes to mind when discussing failure, “Doing the same thing over and over, and expecting a different result.” Practicing the art of failing forward fends off insanity.

Failing can cause us to feel weak, but remember the bible says that there is strength to be found in weakness.” When we are weak, then we become strong,” 2 Corinthians 12:9. Allow God’s grace to comfort you during seasons of failure; have the courage to allow your failure to be your tutor and become stronger than you were before.

A high percentage of our success on this earth comes from experience. Experience is gained through our failures, if we make the effort to fail forward. So, failing is essential to your success. Embrace it, learn from it, grow because of it, and fail your way to becoming your very best.

“Experience is not what happens to you. Experience is what you do with what happens to you,” Aldous Huxley.

— Steve Scott, Senior Vice President of Facilities Solutions at Lee Company
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Cherish Every Moment

Time is relentless. It seems impossible, but our youngest is entering her last year of high school. Our oldest has decided to stay at college, serving at the church where she has connected. Summer will pass. Then each day, each week will be filled with final high school experiences and anticipation for what the future holds. It is simultaneously exciting and sad.



I think of family trips, church outings, the times we’ve sat and talked, the dreams both have shared. So many memories and moments I cherish. But has it been enough? Do they know they are loved? Could we have done more?

If we could just have more time. One more chance with that loved one to do the things we regret not doing. I am thankful for the time I have spent with my daughters, but I selfishly want more. Tomorrow is not promised. I want to leave this life certain they know I love them, that they will be okay. I hope if something were to happen to me, a positive pattern has been established that will last throughout their lives.

I think we overlook the value of the moment. We undervalue ourselves. We try to wow our kids with presents, parties and trips because we don’t think we have anything to offer. We think we are not enough, that we need to be “dressed up.” But what they really want is our time. Like when you give a child a gift for Christmas only to discover they are satisfied with the box, our children are as happy spending time with us at home as they are at an amusement park or on a trip. We are the box that holds the time and love they desperately need.

Be intentional. Invest in those you love today. It works with kids and adults alike. Quantity doesn’t matter. Quality is what makes the difference. In the end, it’s about what you did with the moments together. Play a game, eat a meal, go for a walk, talk, BE together! There is nothing more important, no possession more valuable. Give them your love, cherish the moment.

— Toby J. Swager is a husband, father, author of two books, non-profit director, and a pastor. He currently serves at Connection Pointe Church in Goodlettsville. Log on to his website for more information, www.walkingwithswager.com.



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MIGHTY WOMEN

Revival Is Women's Work

I can imagine the trepidation in Josiah's heart as he heard the words read by his scribe: His nation had broken the Laws of God, and with their disobedience would come dire consequences. Josiah rent his clothes in despair. Josiah had already begun a carefully planned effort to restore the House of God. Young King Josiah sent word by his scribe to the high priest to count the monies collected at the temple doors, and use it to repair the breaches. The High Priest followed the instructions, but not before sending an important message back: He found a book of the law! Upon reading, it became obvious that the work of restoration would require more than the Temple Treasury could offer.

True restoration is impossible without revival, and during Josiah's reign, revival rested in the mouth of a woman. Huldah was the wife and helpmate of Shallum, keeper of the wardrobe, and I can imagine her working diligently with a needle and thread to assist him. She dwelt in the college at Jerusalem and knew the importance of following instructions. I can imagine her bustling around the house preparing meals, cleaning messes. Perhaps she even had some children to nurture.

When the King heard the Words of the Book of law, he quickly dispatched a company of men to this one woman. Huldah was consulted for her expertise ... not Jeremiah, not Zephaniah, not even any pupils in the College/School of the Prophets. King Josiah found prophetic instructions in the mouth of a woman. Her words, her wisdom, and her wit were valued. She confirmed the sad consequences, but also prophesied peace during Josiah's reign because of his contrite heart. Her prophecy provoked Josiah to lead his people into a time of purging, repentance and prayer. Unclean vessels were expelled, high places were brought down, and the idolatrous were cast out. Huldah's pro-



phetic address was marked by words of correction, but also words of hope. She sparked revival!!

It was God's perfect plan for His sons and daughters to dwell as one in His presence, and do a WORK in the garden for His glory. Today, it is obvious: the fields are white with harvest; there is still MUCH WORK to be done! As women, we have wifely duties and responsibilities as mothers; some have a secular assignment. But tradition has fooled many into believing that a WOMAN'S WORK stops there! If we will ever see the restoration of God's original intent for His sons and daughters, we must first experience revival of His truth in our hearts. When revival is birthed through women, revival is WOMEN'S WORK

— Shelley Taylor is the wife of Pastor Christopher Taylor at NewLife Ministries, Columbia, Tenn. She is the mother of 4 children, and the founder of Sisters of Standard. She received B.A. from Kent State University and her J.D. from Texas Southern University. She serves as the Director of Human Resources for a municipal government.

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FAITH UNDER FIRE

The Unity and Solution of Three

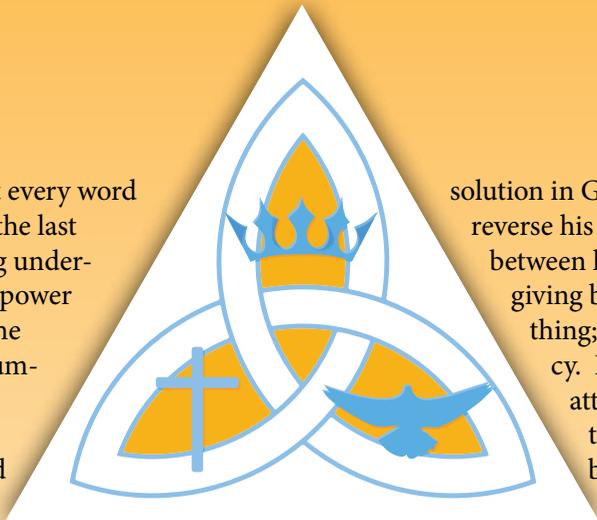
Three is a very unique number. In the same way that every word has a meaning, so too does every number. Through the last ten years I have been intrigued by my ever expanding understanding of the Power of the Wisdom of Three. This power touches each of our lives and many of us don't take the time to notice the impact this small yet significant number has on our life.

To illustrate these truths, we need only read the stories of the early Christians written over two thousand years ago; giving meaning to our Holy Week celebrations and the memorials of our Savior.

One interesting example is the way Jesus accurately predicted that Peter would deny him three times. Peter was a trusted and loyal disciple; so why would he, of all people, deny knowing his honorable friend whom he loved so much; not once, not twice but three times?

This incident greatly exemplifies that we are, at our very core, a self preserving race. Peter and all the apostles were fearful of their lives after seeing their teacher arrested and abused. He knew that Jesus was the most innocent man he knew and yet he watch him being tormented in ways no one would dare openly submit to. It was Peter's humanity that was tested three times, not to break him but to unify him. It was through these three denials that Peter was unified to Christ. In addition, these failures would act to strengthen three entities; Peter, those who would follow him and the future Church. It was on that Holy Thursday night that Peter came face to face with depth of his Lord's first commandment. To love was our self, community and our God; even under the threat of persecution, is the hardest thing one could ever do.

Unlike Judas, who also denied Jesus three times that week, Peter found the



solution in God's forgiving love. Judas had much more time to reverse his actions but he chose not to; yet Peter had minutes between his indiscretions. Though Judas did finally repent by giving back the money and confessing that he did a terrible thing; he still was unable to accept the grace of God's mercy. Instead, he gave up on Jesus; taking his own life in an attempt to ease his own self inflicted suffering. Peter on the other hand, learned from his three mistakes and became a champion for the world.

For three years Peter experienced the essence of Jesus. After Jesus' resurrection, Peter was likely one of the first to feel the essence of God and would soon be introduced to the essence of the Holy Spirit. God's divine Essence magnified but not different from the three individual persons of the Trinity. Just as every person has three humanities; mental, physical and spiritual we have one singular essence. Our mind cannot think one way and have the body and soul act imposingly. What we think becomes our words and then our deeds. Our deeds are the result of the strength of our essence.

When we overcome great struggles like Peter did, our nature becomes a new and powerful essence; felt by all who experience us. We are never the same again. Our essence is magnified in our trinity; our mind, body and soul. God's and our essence are not distinct from our three personas; instead we become distinguished by the unity of the three.

— Anthony “Tony” Boquet, the author of *The Bloodline of Wisdom, The Awakening of a Modern Solutionary*, your source for additional information about the power of the wisdom of three.

AN ENCOURAGING WORD

REALLY? ... GOD HAS A TATTOO?

See, I have engraved you on the palms of my hands...

Isaiah 49:16(a) NIV

If you asked me to describe the most evident, rock-solid physical difference between the generations, I have an answer. I think it's whether or not you have a tattoo. Tattoos are one of today's most identifiable cultural phenomenons. Nevertheless, I am not in the trendy age group that gets tattoos, permanent or temporary ones.

I reread this passage in Isaiah. Astonishingly, it begins with just one word. “Behold!” Or “See.” God speaks with emphasis. Come here. Listen. Pay attention. Isaiah captured God's surprising boast—I have you inscribed on the palms of My hands.

Dr. Patricia Brock, a friend, college professor, and former chaplain, once gave me a bookmark with these words from Isaiah. “I needed to know that I am that close to God—that He loves me that much,” she said. “Our hands say a great deal about

us.”

Imagine! The great God of the universe might have invented the tattoo just to engrave your image. He placed it in the center of His hands. The Hebrew word in this passage, *chaqaq*, means “to cut in” or “carve.” Some translations refer to the imprint as being your name. I rather like the interpretation that it's your image.

In the eye of life's formidable storms, our greatest fear is that God has forgotten us. We are afraid because we think He may not see that mighty tempest swirling over our heads. Do our storms even matter to Him? There you are, smack in the middle of a colossal life-threatening personal hurricane. Like the disciples sailing the sea with Jesus—you wonder if He cares what happens to



you. Is He asleep? Is He preoccupied, while you face a cataclysm?

The answer is right there, in His tattoo: you are never out of God's thoughts. He said so: Your image is ever before me because I carved it on my hand. Your portrait is there.

Your imprint is permanent.

How comforting it is to know this—in all things, that's you, engraved on God's hand and constantly on His mind.

— Regina M. Prude is an inspirational speaker and author. Send comments to regina@reginaprude.com. Follow her on Twitter and Facebook; read her blog posts at www.reginaprude.com.





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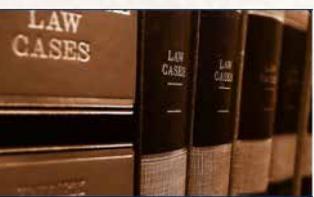
Why Can't I Just Represent Myself?

We all know that we should heed the old English proverb: "A man who is his own lawyer has a fool for a client." But occasionally, I still get a client who insists that he or she can represent themselves in their situation. "Why should I pay a lawyer?" they will often say. "After all, I researched this on the Internet, and my case is simple." I am sure the same is true of those in the medical profession, who get the occasional patient that has researched his symptoms on the Internet and made a thorough self-diagnosis of his medical condition.

Most folks will at one time or another need a lawyer to handle some legal concern; hopefully not to get us out of jail, but for a myriad of other reasons. If you have ever walked into a law office and seen the volumes of books, you have an idea why it is

best to leave the practice of law to those who know what they are doing. Law today has become exceedingly complex. I am reminded of a cartoon I saw once depicting Moses

standing at the foot of Mt. Sinai holding up the Ten Commandments toward heaven, and exclaiming: "I guess you know, Lord, this means there will now be lawyers everywhere!"



Very often, strategic decisions made early about how best to proceed can profoundly impact the course as well as the outcome of your case. An ill-advised decision at the outset may lead to costly litigation that could have been avoided. Knowing which weapons to use in pleading your case is likewise very important.

There are several pitfalls that can ensnare one acting "pro se" (as their own lawyer).

• **Knowing the Rules of the Road.** When you represent yourself, you are held to the same legal standards that govern lawyers. This means you must abide by the same rules of civil procedure and evidence that apply to the legal profession. These rules are complex and can take practicing lawyers years to master.

• **Maintaining Objectivity.** Skilled advocacy in the law, like the sport of boxing, requires careful and deliberate strokes. Stepping into the ring clouded by your emotional stake in the outcome is risky business. Soundness of judgment is often obscured by self-interests

• **Unauthorized Practice of Law.** Acting as an attorney can, in some legal settings, constitute the unauthorized practice of law, a criminal offense. Engaging in the practice of law on behalf of another

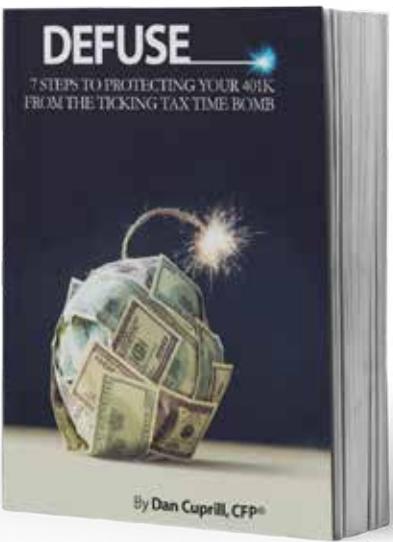
individual (or for your own business entity), without a license, is forbidden in Tennessee, as in all states. The "practice of law" is defined in Tennessee as "appearing as an advocate in a representative capacity or the drawing of papers, pleadings or documents or the performance of any act in such capacity in connection with proceedings pending or prospective before any court, commissioner, referee or any body, board, committee or commission constituted by law or having authority to settle controversies, or the soliciting of clients directly or indirectly to provide such services."

• **A Stranger In A Strange Land.** Rightly or wrongly, pro se litigants are often viewed askance by judges who prefer to deal with lawyers accustomed to the rules. Judges cannot give legal advice. The "language of law" spoken in courts has its own peculiar jargon, and one who is not fluent in this vocabulary is less likely to be taken seriously.

— Larry L. Crain, Attorney,
Crain Law Group, PLLC
www.crainlaw.legal



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From Darkness to Sight

From Darkness to Sight chronicles the remarkable life journey of Dr. Ming Wang, a world-renowned laser eye surgeon, philanthropist, and Kiwanis Nashvillian of the Year.

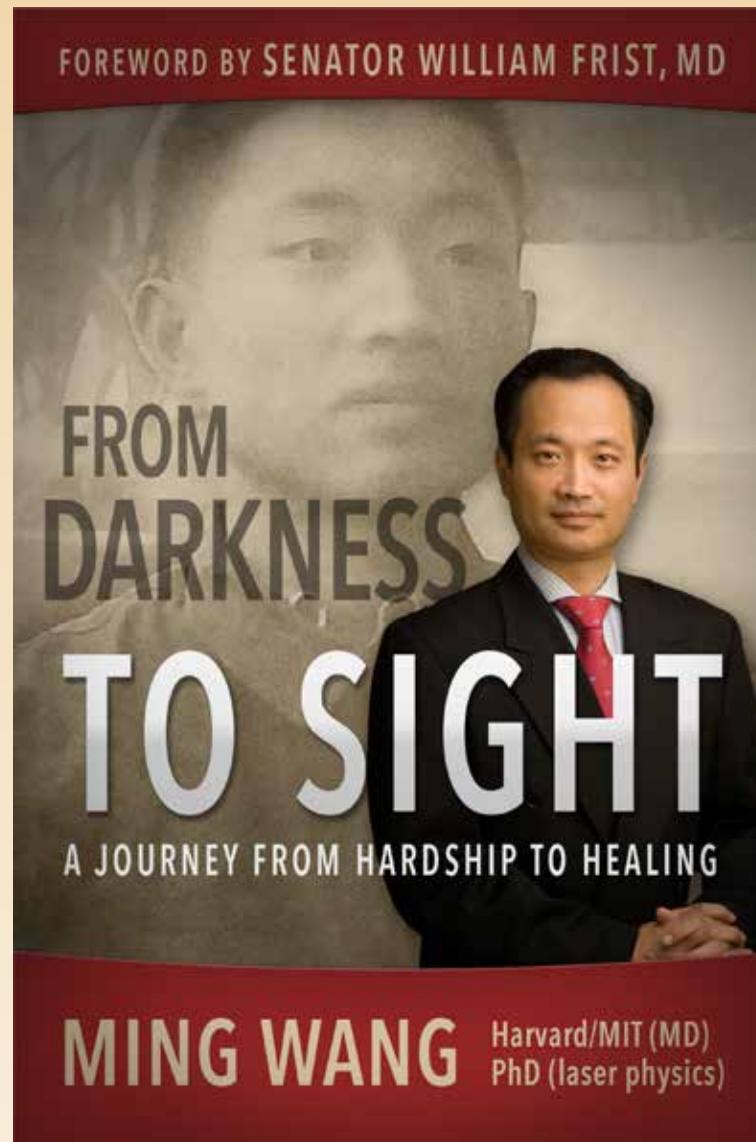
As a teenager, Ming fought valiantly to escape one of history's darkest eras – China's Cultural Revolution – during which millions of innocent youth were deported to remote areas to face a life sentence of poverty and hard labor. Through his own tenacity and his parents' tireless efforts to provide a chance of freedom for their son, Ming eventually made his way to America with \$50 in his pocket and an American dream in his heart. Against all odds, he earned a PhD in laser physics and graduated magna cum laude with the highest honors from Harvard Medical School and MIT. He embraced the Christian faith and tackled one of the most important questions of our time – Are faith and science friends or foes? – which led to his invention of a breakthrough biotechnology to restore sight.



Ming Wang with his little brother Ming-yu, 1968.

To date, Dr. Wang has performed over 55,000 eye procedures and has treated patients from nearly every state in the U.S. and from over 55 countries worldwide. He is considered the “doctor’s doctor,” as he has operated on over 4,000 physicians. Dr. Wang has published 9 textbooks and many scientific articles including one in the world-renowned journal “Nature”. He holds several U.S. patents and performed the world’s first laser artificial cornea implantation. He received the Honor Award from the American Academy of Ophthalmology, the Lifetime Achievement Award from the Association of Chinese American Physicians, and an honorary doctorate degree from Trevecca Nazarene University. Dr. Wang is currently the only surgeon in the state who performs 3D SMILE & 3D LASIK (18+), 3D Implantable Contact Lens (21+), 3D Forever Young Lens (45+), and 3D Laser Cataract Surgery (60+). He established a non-profit foundation which provides sight restoration surgeries free-of-charge for indigent patients who otherwise would never have the opportunity to receive them.

This is a story of one man’s inspirational journey of turning fear, poverty, persecution, and prejudice into healing and love for others. It demonstrates how focus, determination, humility, and profound faith can inspire a life that impacts countless others. ●



June 6, 1991, Ming graduated with his MD degree (magna cum laude) from Harvard & MIT and the first-place award in MD graduation thesis.

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BODY & SOUL

Broken Vessel of Honor

God, why can't I be one of those beautiful vessels of honor? Gold and flawless with beautiful flowers carved all over it? You could use me in beautiful ways to pour blessings out into the world.



I knew I was too broken and messed up to ever be a vessel God would use for good. I'd been abused by both men and women since I was a toddler. Sexually, physically, emotionally, verbally, and spiritually abused over a 40-year span. I was the common denominator, so I must be defective. The perpetrators must have been right. It was my fault. The fact that most of them posed as "Christians" must mean God was okay with the abuse, right?

God's answer to me was in the form of a video that played on the screen of my mind. A messed up clay vessel lay abandoned in the dark corner of a room. It looked like it had been created by a kindergarten student. It wasn't straight, had holes and lumps so it would never be able to stand up or hold anything. Dropped and shattered, it had been glued back together by the same child. Covered in dirt and grime, it hadn't even been worth throwing away.

Light shone into that corner as beautiful golden hands reached down and picked up the grotesque, filthy vessel. The hands gently wrapped around it until you couldn't see the vessel at all. The hands appeared to have found a priceless treasure.

Golden liquid poured into the vessel until it started spilling over in whichever direction the hands tilted. Because of the hands, the vessel was miraculously serving radiant life to those around. As I watched, I realized that it was never about the vessel's worthiness. No one could see the imperfections, damage or filth. The value was in the hands that held it, the Holy Spirit that flowed into it, and the healing that flowed out of it.

My value has nothing to do with my past. My value is in letting God pick up the mess that's been my life. My value is in surrendering to His hands. Letting Him hold me, fill me and pour out of me.

My life was radically changed by the realization that it had never been about me or my worthiness. The abuse wasn't my fault. The perpetrators were choosing to do harm. I was just a victim.

I needed to surrender and let God be God. He would lead me through the healing process. He would cleanse, heal and restore every part of my life if I let Him. I would be an ex-victim. He would "use the fertilizer of my past to help me Bloom Today."

Thank you, God, for choosing me to be a Broken Vessel of Honor.

— Paula Mosher Wallace
President of Bloom In The Dark, Inc.
Producer and Co-host of Bloom Today TV show as seen on Amazon Prime
Founder of Writing From a Bleeding Heart Conference
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Be Happy Be Healthy Be Whole

*Summertime, and the livin' is easy
Fish are jumpin' and the cotton is high ...*

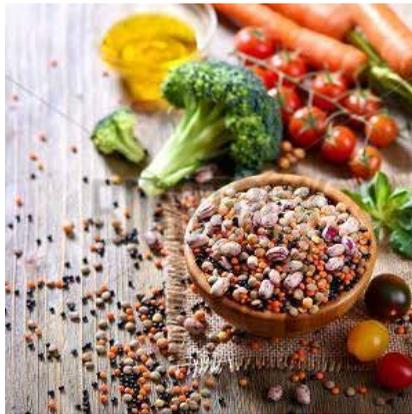
Can you hear Ella Fitzgerald singing her song "Summertime" in your head? I can. Ella, this month I would alter those lines to read - *Summertime, and the temp is too high
The AC is calling, and my exercise routine gone by* Is it me, or is it too hot to exercise?

My family moved to Tennessee 21 years ago, from Northern California and I've always struggled with weather being an excuse for exercising. It's either, too hot or too cold - with just a few days in Spring and Fall being optimal for sweating but exercise is still something we all need to do - year round - so I'm encouraging you to get out and move.

For the last month, every day before my radio show, I exit the building and walk around the parking lot for at least 10 minutes - next month I want to increase that to

15 minutes. We all have to start somewhere, so where will you start?

Along with exercise, diet is also very important and I came across a new report from the American Journal of Clinical Nutrition about an easy way to lose weight



- eat more beans. Eating beans, peas, lentils and chickpeas all help people lose weight, a review of the research finds. People in the studies lost weight by adding a single daily serving of beans, without making any other changes to their diet or lifestyle. In other words, they did not reduce their calorie intake, skip meals or track what they ate. They just added around



three-quarters of a cup of beans to what they normally ate each day.

Of course, another big help in weight loss is accountability and NOT going it alone! I attribute my weight loss success to Dr Lodge and the staff at Cool Springs MD. From nutrition counseling to personal trainers and more, you won't have to go it alone with Cool Springs MD.

This monthly column is a two-way street. I would love to hear from you. What has helped you lose weight? Any tips you would like to share? I welcome your feedback, thoughts and ideas and look forward to sharing them in a future article. You can email me at Doug@94FMTheFish.net or feel free to call me during my live radio show, weekdays between 3 pm - 7 pm on 94 FM The Fish, (800) 826-3637.

— Doug Griffin



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SETTING FEAR ASIDE: NO NEED FOR JESUS?



Managing an evolving business automatically comes with expectations, challenges, and a bit of floundering. *Afraid to Trust, One Man's Journey to the Love of God* (2019) offers Peter Demos' practices as a business owner on an unexpected but rigorous journey to find God, whom he didn't need. Drawing from his experiences, Demos addresses complications in changing an existing business to a Christian business.

Demos relates part of his story: "I really didn't know I needed Jesus. Although I hated Christians, I felt I was good enough to get to heaven. Seven years ago, if anybody had asked me how I came to realize I needed Jesus, I would have gotten angry and said I didn't need Him, but I was going to heaven anyway without Him.

Then, Angus Buchan—the old, South African farmer turned Christian evangelist—came to town to do a Mighty Men Conference and to preach in a Sunday service. Begrudgingly, acting like a 42-year-old toddler and making life miserable for my family, I went at my wife's insistence. For the first time, even though I had been drug kicking and screaming to church all my life, I was moved by the Holy Spirit and responded when Angus gave an alter call. His whole message was about how God uses ordinary people; I felt like I was in some sort of spiritual pep rally led by this much-lauded man who appeared in blue jeans, cowboy boots and hat, and carrying a big Bible. He wasn't a big man, but he had a big presence. I was troubled about the whole event and for the next three days, I slept four hours and wrestled with God. Ultimately, He

won, and I turned my life, my family, my business, and all that I trusted over to Him for His use. Besides God's Spirit and Buchan, also influencing that decision and everything it touched was Pastor Allen Jackson and Ian Gray, the big English guy who sat next to my son at the conference saying he had come all the way from England to meet him."

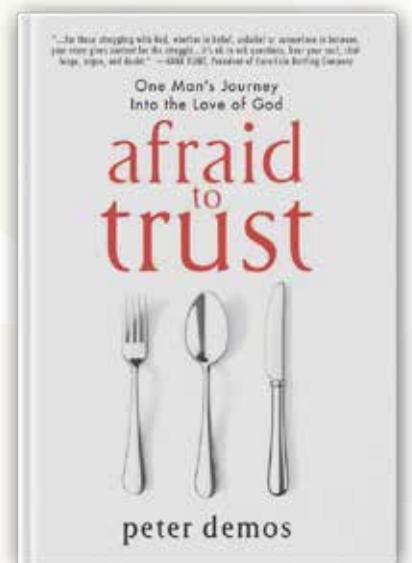
Changes and Challenges

Demos' life began to change: "Once I gave my life over to God, my outbursts of anger subsided. There was a complication, however. My wife, a lifelong Christian who wanted me to be saved, was unhappy with one of the changes as she saw herself moving from first to second place in my life. In the past when she got mad at me, there was an immediate fear that she was going to leave me. I would tiptoe around her, distancing myself from her in order to avoid arguments. Now that fear was gone, but we probably fought more after I got saved than we had in our first fifteen years of marriage—there was now a security in our marriage that we didn't have before. I had been a good person to her, but I had not been a good husband. I was doing all the things we husbands tend to pat ourselves on the back for—working, providing—but I would go into my own 'Peter Land,' ignoring her rather than engaging with her. We were in a very unhealthy pattern of behavior.

After a few months and a trip to Israel, Kristin realized and verbalized her jealousy of Jesus' new position in my life and began accepting His position in both our lives—first position. Although we still argue, my jealousy and fear in the relationship has dissipated, and we are more secure in our marriage than ever before. My children and I get along better as well. Although we have mostly had a great relationship, they were scared of me and my temper. I don't scare them anymore."

"To Glorify God in All We Do by Serving Others"

Demos expresses his maturing Christians goals: "We seek to manage businesses, family, and other relationships by seeking Him first—when we remember—in all matters of physical, financial, emotional, and relational aspects of life. We have made the business a ministry with God as my managing director. It is His business; I am a steward of His business. Changes in the business comprise a long list but some of those include: contracting professional, third party chaplain care for employees; creating an internal, shareable document for company prayer requests; subscribing to RightNow Media which offers free Bible studies and relevant resources on family/life topics; preparing a purpose statement that identifies the business as a Christian business with a ministry objective; designing business cards and other collateral



For a copy of *Afraid to Trust, One Man's Journey to the Love of God* or to book Peter Demos to speak at your event, contact Afraidtotrust.com.

that clearly communicate Christian values; having an ambassador that works with hourly employees to train and share the Gospel; playing Christian music in the restaurants; offering Bible studies; encouraging options to read books of the Bible as well as business books to get promoted; having Christian magazines in the waiting area; displaying the Ten Commandments; and modeling application of Scripture in business, looking for teachable moments to use for illustrations.”

A Threat to Satan

Demos knows that “in all areas of my life, I am called to be a bold ambassador for the Gospel of Jesus. This boldness has met with a lot of backlash, including a ban on Peter D’s and Demos’ Facebook pages. However, I pray that my actions reflect my belief that I am not ashamed of the Gospel. God has my business. He is the managing Director of the business. I have seen Jesus heal me spiritually and physically, as well as provide avenues of escape through hardship. Since Jesus has been in my life, life has been harder. Being bold and outspoken has brought upon me attacks from others. However, I know that if I weren’t a threat to Satan, then I would not experience difficulties, and that makes the difficulties inspiring. Regardless, my family life has never been more secure in Jesus. Business-wise, we have seen success through our failures. We have led people to Christ and provided opportunities for people to be bold in their faith. I am so excited that He allows me to be a part of His Kingdom and for the role He gives me to serve out my purpose to glorify Him.

There are so many more activities we want to incorporate into the business that serves the staff, the customers, and above all—our Lord Jesus Christ. Only a few of our aspirations include creating an online library of biblical resources; creating an internal, online sign-up for employees to help each other with personal tasks to promote caring for each other; sponsoring or subsidizing children of employees to attend Christian camps; giving children’s devotionals or Christian storybooks to employees for their children and grandchildren; actively encouraging all team members to brainstorm and critique company activities and methods against stated biblical core principles; hosting lunch and learn gatherings on spiritual growth topics; preparing several Christ-centered ways to answer the question, ‘What do you do for a living?’; and contracting with local pastors or ministry leaders to do evangelism and discipleship equipping of staff.”

Peter Demos now serves as President and Attorney for Demos’ brands of restaurants which includes Demos’ Restaurant; Peter D’s Catering; and PDK Southern Kitchen and Pantry; President of D’s Seas Seasonings, a retail and food service product; and President of SteakTech LLC, a technology re-sell company. Demos has a B.S. in Sociology from Middle Tennessee State University (1995) and a J.D. from the University of Missouri, Kansas City (1998). He is married to Kristin, and the couple have two children. Amidst the degrees and the numerous awards, accolades, recognition, and services, the now President and CEO remembers his humble beginning: at the age of 12 he entered the family business as dishwasher in his dad’s Western Sizzlin’ restaurants. From there his experience in the food industry expanded as he



Peter, Kristin and their two children



Peter grew up learning how to run a business and manage a restaurant.

learned every possible aspect of the business. After completing his studies in law, he eventually realized that his primary passion is still in the exhilaration of the food industry. In 1999, Peter returned to Demos’ with the single goal of growing the organization.

History of Great Food

The Demos food history began in 1943 with Peter Demos’ grandfather Pete. At the age of nine, Peter’s Dad, Jim, began working for his father in their small family owned restaurant in Birmingham, Ala. The Demos’, a Greek immigrant family, highly valued offering exceptional food with authentic ingredients at quality prices, stemming from their strong belief that many people enjoy eating in restaurants that offer memorable dishes at a good, honest value. Jim and wife Doris spent many years developing and collecting authentic recipes from their family, many parts of the country, and overseas. Remembered with love and respect by Demos employees, managers, customers, and vendors, the late Doris Demos was a beloved and integral member of the Demos family and management team. For many years she gave employees her well-known strict customer service requirements and her on-the-job direction and training.

“I brought the mechanics to Demos’ and Doris brought the heart,” Jim remarked of his beloved wife. Daughter Felicia stated, “Doris had common sense and her own philosophies. She trained and supervised our employees just the way she raised Peter and me. She gave a lot, she expected a lot, and she taught us how to do the right thing and make people feel comfortable. Son Peter remembers, “My father taught me how to run a business, but my mother taught me how to manage a restaurant while caring for the people who work hard in it. There is rarely a day that goes

by that I don’t wish I could get her advice.”

These rich restaurant traditions afforded the next generation—the Peter Demos family—the opportunity to “establish our restaurant as a place where people can enjoy a unique dining experience with a variety of heritage dishes, all handmade with fresh ingredients and served in generous portions. We want the customer to leave in a better mood than when he or she came in. People go out to eat because of the total experience, not just for the food. We always think about how we want the customer to describe us, and so no matter what, we always try hard to do the right thing with the food, with the service, and with the value. Thank you for allowing our family to serve your family!” The current generation clearly and boldly declares its purpose statement: “To Glorify God in All We Do by Serving Others.”

— Sheila E. Moss is the author of *Living to Matter: Mothers, Singles, and the Weary and Broken; Interrupting Women: Ten Conversations with Jesus; and various international publications derived from teaching Bible and Christian ethics around the world; teacher of Bible classes for over 35 years, mother of three daughters and two sons and grandmother of seven granddaughters and four grandsons.*



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At Molly Maid, we've been ensuring clean homes and decreased stress levels for years. We have seen customers overworked by their home cleaning load be set free by the simple act of handing someone else that responsibility.

One of the most common situations we run into with these homes is the fact that much of the cleaning load falls upon one person, no matter how many people live in the home. Without help, that load can be too much to bear.

We suggest you establish a family cleaning schedule using the following tips:

- Make meals a family affair. Have one person set the table and following the meal, another should clear the dishes and load them in the dishwasher.
- Create individual cleaning buckets that makes it easy to clean rooms on a daily, weekly and monthly basis.
- Review Molly Maid's professional cleaning tips and show each person how to maintain their assigned space.
- Download a child's chore chart and assign responsibilities accordingly.
- Read the Molly Maid blog for the latest news and helpful cleaning tips.



- Become our fan on Facebook to read tips from Molly Maid and your fellow customers.
- House cleaning services from Molly Maid are a lifesaver for busy families and working professionals. We provide a guaranteed, contract-free way to free up your time so you can do more of what you want. To arrange professional house cleaning in your area, please contact your local Molly Maid or call us at 615-794-0200 today for a free estimate!

— Ashley Farrar

THE HOME FRONT

The Most Common Foundation and Waterproofing Misconceptions

The most common misconception: My house is brand new; I don't need an inspection.

As the general public we want to believe that when we buy a newly constructed home the structure is perfect. We trust that the code requirements will protect us and ensure the safety of our home. A large purchase like a home should be a solid investment that will not lose value, but potentially increase in value and make money when it needs to sell.

Unfortunately, this is not always the case. Code requirements are a minimum requirement and most homes are built to be cost effective for the builder and the homeowner. Like most things, if we want upgrades or nicer commodities those are something we do on our own later.

As building and construction continues on homes and roads near us, not only is the soil below our homes disturbed, but so is the path of ground water. Recognizing that these infrastructure changes



that happen every day affect the foundation of your home is important. It is also important to be aware of what severe weather can do to the soil that your home sits on. Soil is like a sponge; it will expand after heavy rains and contract when it gets warm out. Your home will shift accordingly.

Comparable to purchasing an older home, regular checks and maintenance in a newer home are also

required. It's easy to recognize the need to clean out gutters or trim the hedges but knowing what is happening under your home or under the surface is more challenging and requires an expert to know the best permanent solution.

Little tells that your home may share with you when it has foundation or moisture issues are bouncy floors, doors and window not shutting properly, or a mildew scent lofting in your home. Multiple temporary fixes over time are frustrating and become costly. The best thing to do is get the job done right the first time. Waiting can lead to many things, such as noticeable cracks in the exterior and interior walls, which will reduce the value of your home. If you

have concerns, have a professional come out and inspect your home. The foundation that your new home was built on might not be as sturdy as you think!

— Brittney Griffy, Marketing Manager and Mikaela Lopez, Marketing Intern/Assistant, Frontier Basement Systems

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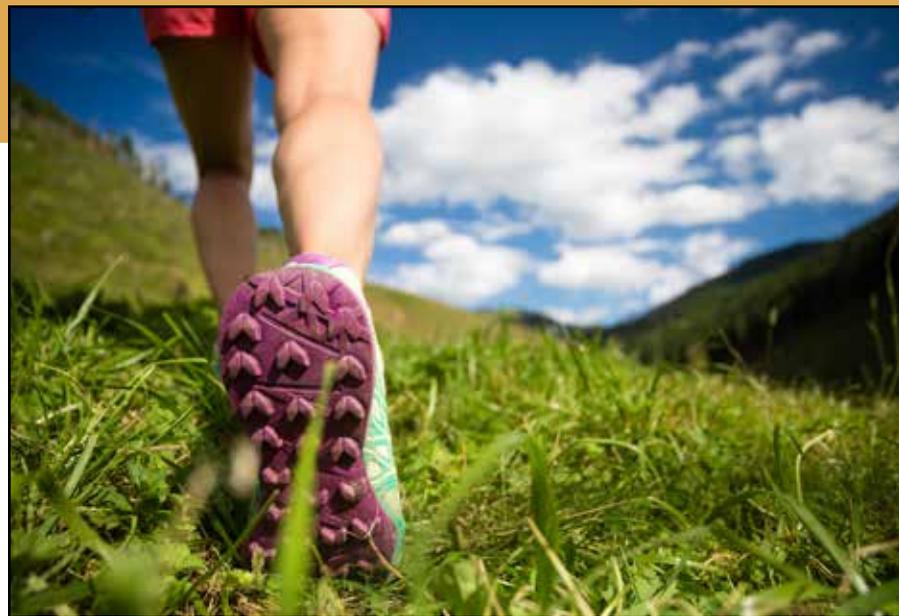
TEACHABLE MOMENTS

The Stewardship Principle

What does it look like to steward something? Stewardship is taking care of something that is someone else's. When we give our lives to Him, that means everything we have is His. So, when it comes to our health and body, we must steward what God has given us. Stewardship is a big principle in the Bible. We steward our family, money, and possessions so why would we not steward what is arguably the most priceless possession that God has entrusted to us: our body. This a foreign concept to you? Let's dive into just how important it is.

Why take care of ourselves? I mean, isn't our spiritual being so much more important than the outward appearance? Absolutely! But why not let our body reflect the work God is doing on the inside? Paul says in 1 Corinthians 6 that WE are the temple of the Holy Spirit. The spirit of God is no longer housed in one place that we have to go to, but it dwells within us! The temple in the Old Testament was adorned with priceless metals and other precious items. It was kept up and taken care of in such a way that would honor and bring glory to God. So why not do the same with our bodies? I'm not saying that everyone needs to have a 6-pack. Health is not primarily about what we look like on the outside but about how our bodies are working on the inside. We need to be able and available for everything that God is calling us to do. If our physical bodies stand in the way of something that God has called us to do because we aren't taking care of them then we must reevaluate how we are taking care of ourselves.

So, what does this practically look like for you? Everyone is different. Everyone is made different and has different callings. There are some general principles that can be used by everyone. We must partner with the way that God has made our bodies to function by moving, eating, and resting as



appropriate for our season of life. We must move to maintain our bone structure and muscle strength. We must eat to fuel our body with the nutrients and energy it needs to function. We must rest so we can let our bodies repair and recover. Rest includes adequate sleep, recovery and stretching. I would encourage you to find someone that you trust to help you steward your body the way it's meant to be stewarded. Whether that is a personal trainer, friend or family member – we all have a calling to steward our bodies well so we can go from Glory to Glory for a lifetime!

— Ashton Tate is a Certified Personal Trainer, Nutrition Specialist and owner of Glory to Glory Fitness in Franklin, TN. His passion is helping people live a balanced and healthy lifestyle by making fitness uncomplicated.



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FASCINATING FAITH FACT

Legend Of the Donkey's Cross

A poor farmer near Jerusalem owned a donkey far too small to do much work at all. He felt that he couldn't afford to feed a worthless animal like this, one that could do him no good whatsoever,



so at the supper table he told his family that he was going to kill the donkey.

His children, who loved the little donkey, begged him

to sell it rather than harm it. But the farmer said, "It's wrong to sell an animal that can't do a good day's work."

Then his oldest daughter suggested, "Father, tie the donkey to a tree on the road to town, and say whoever wants it may take it for nothing." And the next morning, that's what the farmer did.

Soon, two men approached and asked if they could have the donkey. "It can carry almost nothing," the farmer warned them. "Jesus of Nazareth has

need of it," replied one of the men. The farmer couldn't imagine what a great teacher would want with such a worthless donkey, but he handed it over.

The men took the animal to Jesus, who stroked the grateful donkey's face and then mounted it and rode away. So it was on the day we call Palm Sunday, Jesus led his followers into the city of Jerusalem riding on the back of a small, common donkey.

The donkey so loved his gentle master that he later followed him to Calvary. Grief-stricken by the sight of Jesus on the cross, the donkey turned away but couldn't leave. It was then that the shadow of the cross fell upon the shoulders and back of the donkey, and there it stayed. All donkeys have borne the sign of the cross on their backs since that very day.

— Excerpted from Sue Weaver, *The Donkey Companion* (Storey Publishing, 2008).



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SPECIAL FEATURE

God's Plan For Service

Dealing With Sin

Christians are told to avoid sin but because we are sinful by nature, we will still sin. We are told to ask for forgiveness when we do sin. This is a fairly simple process as long as we understand what constitutes sin. Various sins are mentioned in the Old and the New Testaments of the Bible. We are told to avoid adding sins to the list and to avoid taking away the sins from the list that we would rather not obey. Thomas Jefferson once prepared his own Bible because there were parts of the Bible he didn't accept – in his case it was the miracles. He believed in God but couldn't accept the fact that God, unlike man, could perform miracles. Most of us today accept that God is capable of creating miracles such as holding back the River Jordan for the Israelites to cross as depicted in the Book of Joshua. However, some of us would like to be able to edit the sin list because there are some we either want to continue to do or that we can't accept the fact that God has put certain sins on the list. We might use the excuse that our sin is not specifically listed so maybe it isn't really a sin. For example, we are told to take care of our bodies as creatures of God yet we over eat, smoke, use dangerous drugs, or eat the wrong foods. We do those things, we reason, because we want to and because God will forgive us anyway after the fact.

But the New Testament has numerous references to tell us that once we recognize sin we should not purposely continue in that sin. Jesus told the woman at the well about her sins but forgave her and then told her, "Go, and sin no more." He was clearly telling her that her habitual sins of the past were not to be repeated.

There might be times when we are sympathetic with a person who has sinned, maybe even a sinner who refuses to recognize his or her sin. We might be tempted to take that sin off from God's list in sympathy with the sinner. Maybe the person lives an otherwise devout life but cannot or will not give up on a particular sin. In our role as Christians our guide must continue to be the Bible and not our sympathy, our self-interest or our new interpretation of what constitutes sin. We cannot become another Jefferson and decide which part of the Bible fits our preferences. We are God's creatures. God was not created for us, we were created by God. We must continue to recognize God's pre-eminence.



God knows we will sin and he offers us forgiveness of our sins. But God does not forgive us for future sin. When we purposely go on with the same sin not intending to do anything about it, how can we, in good conscience, ask for forgiveness? We cannot write our own Bible either. The Bible tells us what sin is. It is up to us to live a life that is as free of sin as possible, to ask forgiveness when we do sin, and then endeavor not to repeat that sin. How are you doing in avoiding sin, asking for forgiveness when you do and then avoiding that sin in the future?

STUDY QUESTIONS

1. Are there sins mentioned in the Bible that give you some difficulty? What specifically are they (regardless of whether you have committed that sin or sins)?
2. Have you (or those committing the sin) asked for forgiveness for past sins?
3. Have you resolved (or those committing the sin) resolved to avoid the sin in the future or is the sin too important to you (or others) to give it up? Who sets the rules, you or God?

— Kenneth W. Oosting, Ph.D.

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PARENTING POINTS

Celebrating Stepdads 365 Days a Year!

Have you ever giggled so hard you could not breathe? I recall feeling that elation of joy when I was a little girl, about age 3 until age 8 – this would happen when I spent time with my stepdad, John. He had a yellow VW bug and we would often “run to the store” for a snack or some little treat and end up at the local park on the basketball court where John would drive the VW bug up onto the court and circle each basketball hoop making “crazy eights.” I hung on for dear life in the front seat of the bug, sliding back and forth as the car went in circles. There was a black rubber handle just above the glovebox where I could hold on and try to keep my seat as the car went round and round! The depth of that laughter is engraved in my heart as one of the most positive memories I have from that time of my life!



John was a really nice guy, he worked at Walgreen's as a manager and would often come home in his brown polyester work uniform that sometimes smelled a bit greasy because they had a restaurant inside the Walgreen's. To this day I think of John when I have bacon because I discovered the tastiness of “extra crispy” bacon when John cooked on Saturday mornings as we began the fun weekend together as a family.

My Dad was always involved in my life and I am grateful for the respectful relationship they had with each other. To my knowledge, there were never any problems or stress between them. I was a proud little girl who had a great dad and a really fun stepdad; as I look back now, 40+ years later, I am beyond grateful for the powerful memories of both. My stepdad had not been a father yet, so I was his first experience in the process and I don't know if it was instinct or good advice from a friend, but he was very intentional to see me and focus on me in a way that I was always certain I mattered to him. He must have watched hundreds of “Little House on the Prairie” shows with me and listened to hours of piano practice as I would prepare for my recitals. And I remember putting curlers in his hair a few times, just being a funny little girl. In honor of Father's Day I want to celebrate and thank all the stepdads out there who take the time to know and love your step kids. No matter how much time you are around them they will carry forward the memories of your relationship. I will always be a better woman because of the giggles and crazy eights I did with my stepdad. Happy Father's Day, John and to every stepdad and father and father figure out there – may God bless you as you invest in the next generation with your time, love and intentional interactions. You are writing a story they will carry and tell for the rest of their lives – keep writing one of love and giggles!!

— Tammy Daughtry, MMFT Author, national co-parent expert and Co-Founder of The Center for Modern Family Dynamics.
www.ModernFamilyDynamics.com



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PLAN OF SALVATION

Has something in the magazine or something you have discussed with someone or some thoughts that you have had or something that you have heard, brought you to a point of realizing that you want and need to know Christ in the truest and personal sense?

If so, below is a simple outline for someone of any age who is not a Believer to act on their desire to accept Jesus Christ into their heart as their Savior.

God's Plan of Salvation

God created us to honor and serve Him

Revelation 4:11: "You are worthy, O Lord, To receive glory and honor and power; For You created all things, And by Your will they exist[b] and were created"

Each of us has sinned against God

Romans 3:10: As it is written, "There is none righteous, no, not one"
Romans 3:23: For all have sinned and fall short of the glory of God,

The penalty for sin is eternal separation from God and Heaven

Romans 6:23: For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

Good works cannot ever earn God's forgiveness and Salvation

Titus 3:5: not by works of righteousness which we have done, but according to His mercy He saved us.

God loves each of us

John 3:16: For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life.

Jesus Christ died on the cross in our place, paying the penalty for our sin

Romans 5:8: But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us.

We each must accept Jesus Christ as our personal Savior

Romans 10:9: that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved.

Romans 10:13: For "whoever calls on the name of the LORD shall be saved."

To accept Christ into your heart and life, pray a simple prayer along these lines -

"Dear God, I know that I am a sinner and I am sorry for my sins. I know that Jesus died for my sins and the sins of the world. Right now, I ask Jesus into my heart and receive Him as my personal Savior. Forgive me of my sins, thank you for saving me through the blood of Jesus. Please Lord, help me live for you. In Jesus name, amen."

All scriptures are taken from The New King James Version of the Holy Bible.

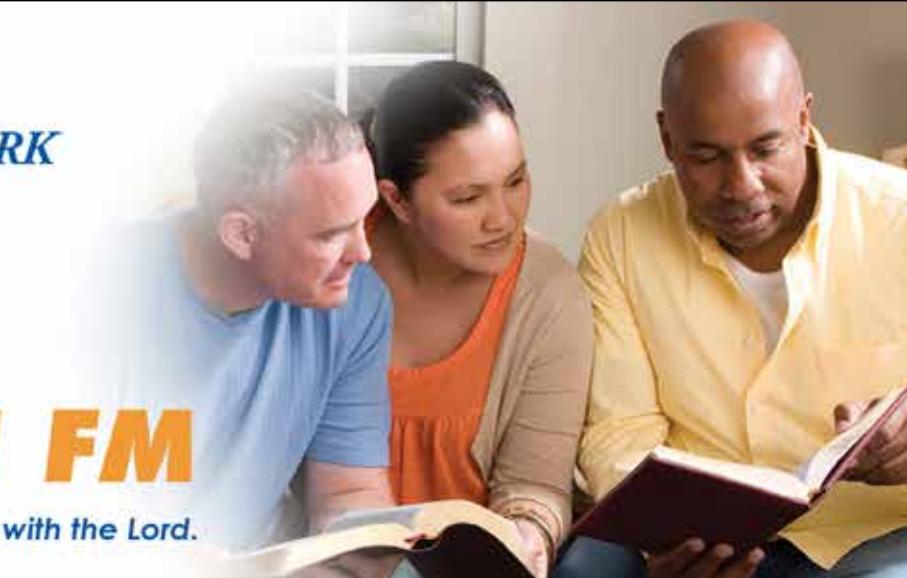


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(from left) Jim Daly, Chuck Swindoll, Anne Graham Lotz, Tony Evans, Alistair Begg, James MacDonald, Crawford Loritts, Ravi Zacharias, David Jeremiah, John MacArthur And More!

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Training Up Children In the Way

Jimmy Pitts constantly looks to bring up Smyrna youth with strong values: discipline, sportsmanship, and steadfastness. Yet he loves sports almost as much as he loves service. So he has combined his two passions at the Boys & Girls Club of Rutherford County. The local chapter of this nationwide nonprofit allows volunteers to focus on the next generation by surrounding them with positive influence in their most formative years.

He grew up involved with his local Florida chapter of The Boys Club playing basketball, baseball, soccer, and football. His father served as his coach where he shared his love for competition. Sports were a tremendous formative factor in Jimmy's early years imbuing discipline, sportsmanship, and drive from a young age. As Jimmy grew, so did The Boys Club. It eventually became what is now known nationwide as the Boys & Girls Club.

His personal drive and solid values moved him to eventually graduate with his Master's degree. Afterwards he lost his job during the national economic crisis. During this time his wife encouraged him to look into volunteerism. When considering the many, local possibilities and amount of need surrounding him, he determined his priority was to help people. As timing would have it, the Smyrna Club of the Boys & Girls Club of Rutherford County was simultaneously being developed. As a result he chose



to help young people in his community at the club which so strongly influenced him in his childhood.

His volunteer service began as a coach at Boys & Girls Club of Rutherford County in late 2010. Soon others saw his love for others outshine his passion for sports, and he was asked to serve on its Board of Directors. Today he continues both roles as a leader – on and off the court (and field). His volunteerism allows him to live out his dual passion for sports and service. Yet no matter the role he plays at the time, the aspect of his volunteering he still enjoys the most is serving the Smyrna youth with positive values during the years they discover themselves.

In addition to his love of sports and service, Jimmy continues his values of discipline, sportsmanship, and steadfastness with his family and professional life in real estate. He and others like him affect tremendous change in the Smyrna community by encouraging the next generation. They are training local children up in positive ways that

impact lives today and tomorrow – in Rutherford County and throughout the community. Jimmy chose to make a difference through volunteering. The question is, will you?

— Ryan Wilson

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GOD'S COMPASS

SCIENCE SAFETY

PLEASE follow these safety precautions when doing any science experiment.

- **ALWAYS** have an adult present.
- **ALWAYS** wear the correct safety gear while doing any experiment.
- **NEVER** eat or drink anything while doing any experiment.
- **REMEMBER** experiments may require marbles, small balls, balloons, and other small parts. Those objects could become a **CHOKING HAZARD**. Adults are to perform those experiments using these objects. Any child can choke or suffocate on uninflated or broken balloons. Keep uninflated or broken balloons away from children.

REVERSING ARROW

INGREDIENTS

- Transparent Drinking Glass
- Black Permanent Marker
- Piece of Paper
- Water

INSTRUCTIONS

STEP 1: Fill the transparent drinking glass with water.

STEP 2: Using the black permanent marker draw a horizontal arrow on the piece of paper.

STEP 3: Place the piece of paper, with the horizontal arrow, behind the transparent drinking glass, filled with water. Make sure the paper is touching the transparent drinking glass of water and observe the horizontal arrow.

STEP 4: Move the piece of paper, with the horizontal arrow, away from the transparent drinking glass of water and observe the horizontal arrow. What are the effects of placing the piece of paper, with the horizontal arrow, behind the transparent drinking glass of water?

EXPLANATION

As you move the piece of paper, with the horizontal arrow, away from the transparent drinking glass of water, the arrow appears to reverse. The light is refracted as it passes through the transparent drinking glass, the water, then through the back of the transparent drinking glass, and finally through the air to the paper with the horizontal arrow. This refraction causes the horizontal arrow to appear as if it is reversed.



BIBLE TRUTH

God will always lead you in the right direction.

WHAT THE BIBLE SAYS

Psalm 32:8

I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you.

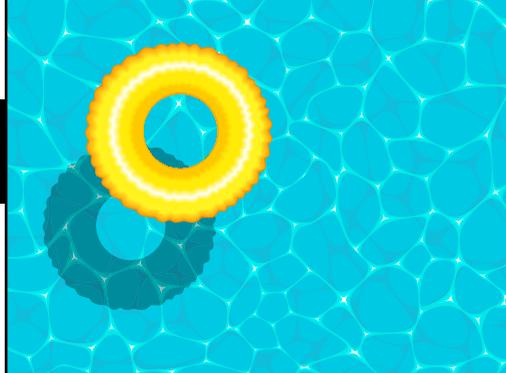
BIBLE CONNECTION

Just as the arrow reverses, as you move the piece of paper away from the transparent drinking glass, when you are headed in the wrong direction, if you listen, God will guide you in the right direction. If you allow God to lead you, you'll never head in the wrong direction, and discover He is better than any compass.

SCIENCE WORDS

LIGHT – Energy in the form of waves that the human eye sees as visible light

REFRACT – To bend light rays as they pass from one substance into another, such as from air into water.



List Your Event!

If you have an event you would like listed in the Nashville Christian Family Community Calendar e-mail us at: NCFPublication@gmail.com subject line - Calendar

June 15 Veterans Remembrance Day and Living History Encampment

Amqui Station at 303 Madison St, Madison, TN, . In past years, the 109 year old train depot was the site of a WWII Remembrance Day. This and upcoming years will highlight and honor all Veterans during peacetime and war. Each year, we strive to inform the public of the sacrifices made by these heroes. We aim to do that by having history come alive with soldiers on the grounds, Marines, Germans, and Airborne from WWII and Vietnam. Military vehicles from WWII to the Gulf War will be ready for close inspection. A demonstration of the invasion of Saipan on the Anniversary of that battle will take place. There will also be a demonstration of a Vietnam battle. At noon will be our Veterans Recognition Ceremony. The historic museum was once owned by Johnny Cash and was the site of many Veterans going off to war and coming home. We will have a guest that will tell the story of his family and the significance of the 1940's. So, lets come out and honor our Veterans, past and present

June 16 Father's Day

ONGOING WCPR Summer Activities

Williamson County Parks and Recreation (WCPR) offers hundreds of summer programs for kids and teens. Highlights include art, science, technology, theatre, dance and day camps;

plus Boredom Buster and J.E.A.P.S (Junior Excursion Adventure Program) day trips; Summer Day Camp; Camp Will; sports and fitness camps. Camps will be offered at several locations across Williamson County from late May through early August. www.wcparksandrec.com.

Summer Jobs

The Williamson County Parks and Recreation Department is accepting applications for temporary/seasonal jobs for summer 2019. Temporary, part-time positions are available in several divisions. Williamson County Parks and Recreation offers a fun working environment and can provide an excellent opportunity for real life experience. If you are interested in working in the field of recreation, please apply! To apply for a summer job, contact the Williamson County Government Human Resources Department at (615) 768-0192 or visit <http://www.williamsoncounty-tn.gov/jobs.aspx>. Williamson County is an Equal Opportunity Employer. All applications will be destroyed in accordance with Federal and State Laws. (See job list on page 2.)

First Friday of Each Month Healthy Living Potluck -

Biblically based Inspiration, Motivation and Information on living a consistent and sustainable healthy lifestyle. For women and men of all ages. When: 1st Friday of the month Time: 6:30-8:30 pm Where: The Cloister Community Center, 105 Emma Neuhoff Ct, Nashville, TN, behind St. Henry's church. Cost: \$5 plus a healthy dish to share, bring your recipe!

www.facebook.com/benourished4life
Or email thewellnessworkshop@msn.com

Last Tuesday of Each Month Tennessee Christian Chamber of Commerce - Monthly Luncheon

Connection Groups - Networking/Leads Meetings held in these locations: Brentwood, Cool Springs/Franklin, Downtown, Hendersonville, Mt. Juliet, Murfreesboro. For meeting locations, times and dates or for more information about the Chamber and events, visit www.tnchristianchamber.org or email rstringfellow@yahoo.com.

Coming in JULY

July 4 Independence Day



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The Fish 94FM – www.94fmthefish.net, 615-367-2210

TN Christian Chamber of Commerce – www.tnchristianchamber.org
615-815-8765

Vista Points – www.vistapoints.org, 615-758-4660, 888-422-4076

Wang Vision Institute – www.wangvisioninstitute.com, 615-321-8881

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The Surprising Way President Trump is Putting Your Hard-Earned Money Back in Your Pocket... But Only if You Take Immediate Action!

If you're a Tennessee resident, over the age of 53 and own a 401(k), IRA or 403(b) account, you could be on the path to paying significantly more in tax than you should be.

Not only are your retirement accounts subjected to income tax, withdrawals from these accounts can force you to pay tax on your Social Security benefits. They can also cause you to pay more for Medicare.

While things like market volatility, inflation and low interest rates are factors, nothing quite threatens your retirement like taxes.

And right now, tax rates are the lowest they have ever been – not only in your lifetime, but likely your parents.

Here's the Problem...

When you consider our growing national debt and the aging of Baby Boomers, how likely is that future tax rates will NOT be increased?

President Trump has given savvy Americans a terrific opportunity to position themselves for a Tax Free Retirement, but this opportunity won't last for long.

Regardless of your political views, it's not hard to see that these changes will be quickly undone when the administration changes hands.



Your copy of Dan Cuprill's new book, plus a wealth of Tax Free Retirement information can be yours - request it today.

Here's the GOOD NEWS...

Assuming you don't define patriotism by the amount you pay in taxes, there are proven wealth protection strategies that can dramatically defend the safety of your retirement savings.

These cutting-edge tax reduction strategies – including Roth IRA conversions, Trusts, life insurance and many other strategies are purposefully underpublicized.

Here's something amazing...

In order to share these strategies with as many Americans as possible, Dan Cuprill has made his latest book, *Defuse: 7 Steps to Protecting Your 401(k) From the Ticking Tax Time Bomb* available for FREE.

As an added bonus, Dan will include his Tax Free Retirement Toolkit, packed with valuable reports, DVD and CD, revealing exactly how you can get as close to paying zero taxes in retirement as possible.

Don't let the government take more of your money than they should!

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