

February 2019

COMPLIMENTARY

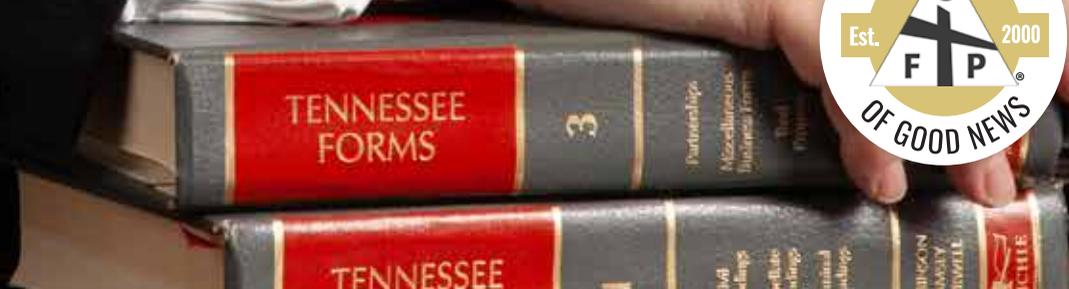
NASHVILLE

CHRISTIAN FAMILY®

***Larry
Crain
An Influenced
Legacy***

*Be Happy
Be Healthy
Be Whole*

**Home
Organization
Ideas**



The Surprising Way President Trump is Putting Your Hard-Earned Money Back in Your Pocket... But Only if You Take Immediate Action!

If you're a Tennessee resident, over the age of 53 and own a 401(k), IRA or 403(b) account, you could be on the path to paying significantly more in tax than you should be.

Not only are your retirement accounts subjected to income tax, withdrawals from these accounts can force you to pay tax on your Social Security benefits. They can also cause you to pay more for Medicare.

While things like market volatility, inflation and low interest rates are factors, nothing quite threatens your retirement like taxes.

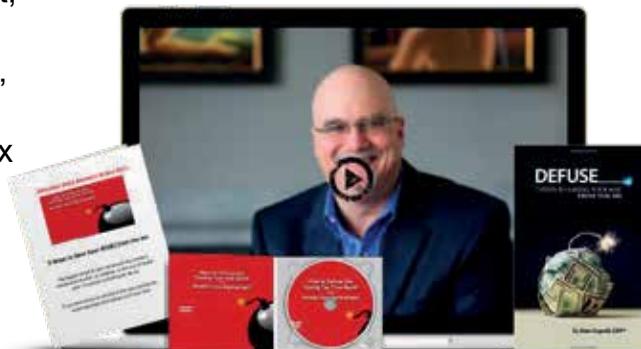
And right now, tax rates are the lowest they have ever been – not only in your lifetime, but likely your parents.

Here's the Problem...

When you consider our growing national debt and the aging of Baby Boomers, how likely is that future tax rates will NOT be increased?

President Trump has given savvy Americans a terrific opportunity to position themselves for a Tax Free Retirement, but this opportunity won't last for long.

Regardless of your political views, it's not hard to see that these changes will be quickly undone when the administration changes hands.



Your copy of Dan Cuprill's new book, plus a wealth of Tax Free Retirement information can be yours - request it today.

Don't let the government take more of your money than they should!

Here's the GOOD NEWS...

Assuming you don't define patriotism by the amount you pay in taxes, there are proven wealth protection strategies that can dramatically defend the safety of your retirement savings.

These cutting-edge tax reduction strategies – including Roth IRA conversions, Trusts, life insurance and many other strategies are purposefully underpublicized.

Here's something amazing...

In order to share these strategies with as many Americans as possible, Dan Cuprill has made his latest book, *Defuse: 7 Steps to Protecting Your 401(k) From the Ticking Tax Time Bomb* available for FREE.

As an added bonus, Dan will include his Tax Free Retirement Toolkit, packed with valuable reports, DVD and CD, revealing exactly how you can get as close to paying zero taxes in retirement as possible.

If your address is registered within Tennessee, your copy of *Defuse: 7 Steps to Protecting Your 401(k) From the Ticking Tax Time Bomb* and the Tax Free Retirement Toolkit will be shipped to your door at no cost.

Here's What to Do Next to Claim Your FREE GIFT...

Please visit www.RetireTaxFree.net to request your kit online or fill out the information below and return it by mail before February 28th, 2019.

Yes, Send Me My Tax Free Retirement Toolkit!

Name: _____

Address: _____

City: _____

ZIP: _____

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Return by Mail:

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OUR MISSION



Nashville Christian Family® exists to provide Christians and the community at large with ways to strengthen and grow as a part of the Middle Tennessee Christian Family. This local monthly publication is designed to promote positive living by sharing with readers of all ages relevant and timely news and information related to health, faith, parenting, youth, finances, Christian entertainment, missions, church leaders, and much more.

FROM THE PUBLISHER

Love suffers long and is kind; love does not envy; love does not parade itself, is not puffed up; does not behave rudely, does not seek its own, is not provoked, thinks no evil; does not rejoice in iniquity, but rejoices in the truth; bears all things, believes all things, hopes all things, endures all things. 1 Corinthians 13: 4-7 (New King James Version)

In February we celebrate Valentine's Day which gives us the opportunity to express our love to parents, wives, husbands, children and grandchildren, boy-friends, girlfriends, relatives and others in some special way. It is easy and natural to do so, after all, it's Valentine's month.

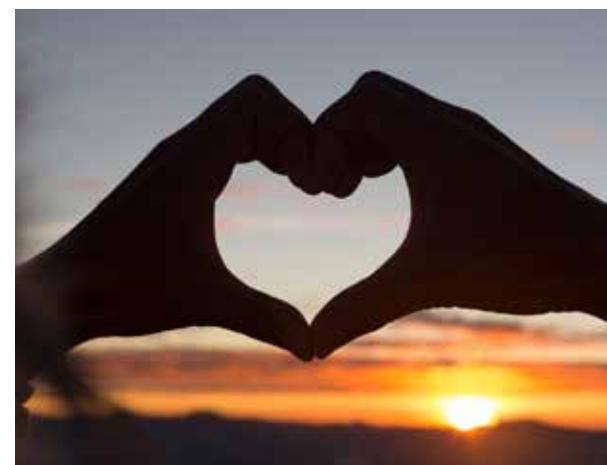
God's definition of Love includes loving everyone that I mentioned, but if we take a close look at the verses above, it is evident that for us as Believers, that to love in the way Jesus describes and did in his life, it can sometimes be difficult for us. Loving the way God says that we should is how we should approach just about every situation in our lives.

We must live in a way that constantly and consistently shows our Christian love for everyone that we come in contact with. Think about it; situations arise in all aspects of our lives - work, home, family, school, friends, and church, that often require us to stop and think about how to handle a problem, situation or something someone said. In some of these instances, it may be difficult for us to act as Jesus would. We let our pride, bias, temper, or selfish nature take over and dictate our reaction which usually produce an unfavorable outcome.

Let's admit it, to Love as God wants us to is just not always easy.

We need to think within ourselves, is there a situation that you were involved in recently that you might want to revisit as far as how you handled it from God's Love perspective?

Let's use this month of love to open our hearts and our minds to the Scripture and to follow Jesus's directives in our daily living loving everyone as we would want to be loved.



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February 2019

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Without A Trust, You are at Risk

It is February, the month of love. Are you showing yourself some love? If not, do you know what you are risking? Is your loved one or you are living with a physical, mental or intellectual disability or progressive chronic illness? Without a Special Needs Trust to protect personal assets, more is at risk than what you may realize.

- You risk losing your government assistance and relying on your assets to provide for basic care and to maintain your lifestyle.
- You face the prospect of reapplying for benefits only after all your personal assets are depleted.
- You also face mismanagement of your assets if you rely on family members or other non-professionals to handle your funds.

It pays to know what you are risking by not taking advantage of the protections offered by a Special Needs Trust. Show yourself some love this month. Check into the benefits of a special needs trust.

POOLED TRUST OFFERS EXTRA SECURITY

A Pooled Trust beneficiary receives more than just protection of public benefits. The beneficiary acquires the advantages that come from being a

member of a large trust, including high-quality investment management services, better interest rates and professional trustee services.

WHAT ABOUT FAMILY MEMBERS AS TRUSTEES?

You may be wondering if it is possible to manage a Special Needs Trusts on your own. On the surface, having a family member serve as trustee may seem like a logical choice because family members are usually in the best position to understand your special needs. Unfortunately, unless the family member is an expert in Special Needs Trusts, he or she may not have the knowledge needed to fulfill the role of trustee and inadvertently jeopardize your eligibility for public assistance programs.

Therefore, it is very important to rely on experts to establish, administer and manage your Special Needs Trust.

Consider the possibilities of living for many more

years, with your disability or chronic illness. Will you have sufficient insurance and money to live a good quality of life? Will you have someone you can trust to manage your financial affairs, if you are not able to do this? Would a special needs trust offer your family and you peace of mind, know that you will be able to receive government benefits to cover your healthcare needs and possibly more, while preserving your assets for other



personal items or services? Show yourself some love this month.

Check into the benefits of a Special Needs Trust.

For more information, please contact the Vista Points Special Needs Trusts & Resource Center at 615-

758-4660 or visit the Vista Points

website at www.vistapoints.org.

— Darlene A. Kemp, MPH, MBA-HCM is the Executive Director of Vista Points Special Needs Trusts & Resource Center.

AN ENCOURAGING WORD

Taking A Fresh Look At That Work Of Mine

I came across an amazing statistic the other day: an estimated 70% of our great American workforce, either strongly dislikes or simply hates their job. We even have a restaurant dedicated to these folks: THANK GOD IT'S FRIDAY!

How can this be, when we know that our time at work constitutes the majority of our hours here on earth? There has to be a way of getting more enjoyment and purpose from my work.

"THE SLEEP OF THE WORKING MAN IS PLEASANT, WHETHER HE EATS LITTLE OR MUCH. As for every man to whom God has given riches and wealth, He has also empowered him to eat from them and to receive his reward and rejoice in his labor. THIS IS THE GIFT OF GOD." (Eccl. 5:12, 19)

To rejoice in my labor: this is the gift of God. Have you received that gift?

WHAT ARE THE PILLARS OF GOOD, BLESSED WORK?

Attendance, Appearance, Attitude
Character, Communication, Cooperation
Productivity, Organization, Respect
Teamwork, Quietness
Open To Learn More

EXAMPLE:

William Zinsser was a young, new writer who got his first job with the New York Herald Tribune. As a "cub" or junior reporter, his job was to write obituaries: the notices of those who had died, their funeral details, etc. He was frustrated with this assignment, thinking "I should be doing some Pulitzer-prize winning investigative stories, not this." Finally he summoned the courage to talk to his editor boss, asking, "When will I get some decent, interesting story assignments?"

The editor's response? "Listen, kid; nothing you will ever write will ever get read as carefully as what you are writing now. You misspell a name, you mess up a date, and a family will be hurt. But if you do justice to somebody's grandmother or somebody's dad, you make a life sing, and they will be grateful forever. They will laminate your words!" Zinsser responded, "Things changed right then for me. I pledged to make the extra calls, to ask the extra questions, to go the extra mile."



Later, he moved on to other aspects of journalism, eventually writing a book about writing that sold over a million copies.

THE LESSON?

His career would have come to a complete stop had he not pledged to do excellent work with the obituaries. Bob Gass puts it this way: "If you cannot experience the Spirit in the work you are doing today, then you probably cannot experience the Spirit today at all." May I suggest that this coming week, before 2019 begins to escape altogether, you make your work the major theme of your devotions.

— Mark Simpson

PARENTING POINTS

WHERE HAVE ALL THE POST CARDS GONE?

I love post cards. Something about the images and finding one our two unique designs that sum up a trip is part of the adventure and challenge.

They are inexpensive and it's a personal way to send loved ones a "thinking about you" or "wish you were here" or whatever. To me it is far more personal than posting tons of images to your social media but also because you don't have to worry about taking pictures of everything you can just enjoy the experience and the people you are with. At the end of the day take a moment to reflect on the day and maybe write down your favorite parts.

Now when we travel finding a post card is more of a challenge. Who finds them first or finds them at all. I even get an extra for myself, No I don't mail it to myself but I do save them in a photo album. Most standard post cards fit in a photo album slot.

Kids love getting mail also so it's a really cheap way to make a kid's day! It works as a souvenir and a surprise in that ancient box by the road that typically only gets adult stuff. Even adults love to see something other than a bill in there.

If you have kids;

- Teach them how to fill them out
- Apply postage
- Practice people skills by asking the personnel of where you are staying if they can place it in the outgoing mail
- Provides a moment for them to reflect on the trip and identify parts they liked or made them laugh



- Collect memories
- Talk geography. Have them locate the place on a map.
- History of the places the post cards from.
- Do they have family or friends there? Do they watch any shows based on that area?

Think of post cards as old school way to instant message or dm. A picture and a quick note.

— Brittney Griffy



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Be Happy, Be Healthy, Be Whole

One month down, eleven more to go. How are the resolutions panning out? Still encouraged on your weight loss journey? If you are finding things a challenge, let me introduce you to someone I recently connected with that can be a huge help to you – Jared Cullum.

Jared is one of the personal trainers at Cool Springs MD and he works with those of us trying to take our weight loss to the next level through exercise. No stranger to working out, Jared's been at it for almost 10 years and is an ACE certified personal trainer.



Why a personal trainer? For greater overall health and quicker weight loss. Jared says that building lean muscle helps to burn fat quicker. Seeing Jared, or any of the other personal trainers at Cool Springs MD, will greatly increase your weight loss and overall health. Jared will find a workout routine that works for you.

Excuses. Jared has heard them all, and has an answer for each one.

I can't work out because of past injuries or past experiences. Jared's got that covered. One of the top benefits of a personal trainer is the personal part. Jared will customize all aspects of your routine, taking into consideration any past or present injuries, medical conditions or other special circumstances. He will also work with you to vary the routine, keeping it interesting for you and he is a great source of encouragement.

I don't have time to work out. Time is precious and in short supply for many for us, and that's why many clients visit Jared on their lunch hour at Cool Springs MD's on site gym. You can grab a 30 minute work out before heading back to the job. Jared will also work up an exercise routine that you can do, on your own, at home, and he will hold you accountable.

I tried it before and I got hurt! In most cases, that excuse is based on not working out with a professional. Jared says that many people feel they know how to exercise, but improper use of equipment and incorrect technique can lead to an inefficient workout and in some cases, injury. Jared will make sure you are using proper form for a more efficient and safe work out.

What has helped you lose weight? Any tips you would like to share? I welcome your feedback, thoughts and ideas and look forward to sharing them in the coming months. You can email me at Doug@94FMTheFish.net or feel free to call me during my live radio show – weekdays between 3 pm – 7 pm on 94 FM The Fish. (800) 826-3637

— Doug Griffin

BODY & SOUL

How Sharp are Your Spiritual Tools?

For a while I've done battle with a pair of hedge trimmers. You know the kind that look like a big pair of scissors. I'm all about a good cardio workout but these are so dull I get way more cardio than I intend or want.



If you hold the trimmers up, squint one eye and look down the blade with the other, you can see a rounded edge and several nicks. They'll cut the easy stuff with minimal effort but I have to bear down on them to cut anything of much size.

My axe, hoe and spade aren't any better. You may have tools that look similar. February is a great month to get tools sharpened and ready for use. There are a number of ways to sharpen tools yourself, like with an angle grinder, bench grinder or even a grind stone. I prefer an inexpensive 10-inch mill file because it is easier for me to control, and it doesn't take that many passes to create a sharp edge. If a tool isn't sharp it isn't useful and yardwork is hard enough without well-prepared tools.

Life is exactly like that. It is hard enough without a well-shapened spiritual life. The Bible talks about the need to be sharp. Ecclesiastes 10:10 says, "If the iron is blunt, and one does not sharpen the edge, he must use more strength, but wisdom helps one to succeed."

Wisdom is the key thought in this verse, but it is talking about wisdom that goes beyond just working smarter. Earlier in chapter 10 it reads, "A wise person chooses the right road; a fool takes the wrong one."

Proverbs 1 opens with Solomon describing that the purpose of the Proverbs are to gain "wisdom and instruction...for understanding words of insight" and for "receiving instruction in prudent behavior in doing what is right and just and fair."

What Solomon is saying is the wise person sharpens their spiritual edge by seeking God's wisdom, found in God's Word, and then applying it to life. Sinclair Ferguson, a Scottish theologian and pastor, said spending quality time in God's Word, "Fills our minds, directs our wills and transforms our affections." If the mind is filled, then the heart follows in a direction that we become more focused on Jesus than on the difficulties of this fallen world.

God's Word is like a file sharpening us, keeping us prepared for any task and ensures our usefulness in working in His fields.

How sharp is your Christian life? Do you need to pull out your "file" and spend some time allowing the Heavenly Father to sharpen you? Use February to make sure you and your tools are ready for the growing season ahead.

— Chris Turner is Director of Communications for the Tennessee Baptist Mission Board. He and his family live in Franklin where he aspires to make his grass grow green and thick.

How is your loved one with special needs this Valentine's Day?



Peace of mind does not have to cost a fortune.

Special Needs Trusts provide for your loved one's supplemental needs when you cannot.

A Third-Party Supplemental Needs Trust is established and funded by a person who is not the person living with a disability – hence the term “Third-Party.” The Trust provides for the disabled person during his or her life while preserving funds for other descendants in the family upon the disabled person's death.

Vista Points is focused on helping people living with disabilities, their parents and caregivers, and the professionals who serve and guide them.

VistaPoints
The Special Needs Trusts & Resource Center

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1550 N. Mt. Juliet Road, Suite 203 | Mt. Juliet, TN 37122
888.422.4076
www.vistapoints.org

Our Favorite Underutilized Storage Spaces

Suffering from clutter claustrophobia? Scrap your storage unit plans and don't let these underutilized storage spaces go to waste! Minimize the mess with these creative storage ideas for small homes.

20 Clever Clutter Solutions for Upping Your Storage Game

1. Linen & Coat Closets

There's often a great deal of wasted space in linen and coat closets, from low, loosely stacked towels to the dead airspace beneath jackets. First, downsize items you don't need, then stack items tighter and higher on shelves, adding stackable storage bins and boxes to make the most of squandered space.

2. Behind Doors

Just because they're made for shoes or clothing, doesn't mean you can't store other items with them. Over the door shelves and hooks maximize door-side real estate.

3. Above Doors

Adding floating shelves above doors in your home offers out-of-the-way, effective storage for books, toiletries, and more. Make your own with paint, plywood and brackets, or opt for ready-made fare. Just be careful when stacking, keeping clutter away from air vents.

4. Behind the Couch

Move your couch a little over a foot from the wall, making your home feel cozy and squeezing in extra console table storage. Need more flexibility? Skip the table in favor of stackable boxes instead.

5. Under Coffee & End Tables

Take advantage of this open space with the help of decorative boxes or baskets, storing them on table undershelves or directly on the floor. Keep stacking neat to avoid a cluttered feel.

6. Under Desks

Keep cords and chargers in easy reach with open stacking baskets, labeling cords for easy hookup and charging.

7. Under the Bed

Lifting your bed up and out of the way for the incorporation of under bed boxes, bed risers are a quick way to add a fair amount of storage space for seasonal/rarely used items like sweaters and linens.

8. The Foot of the Bed

A storage chest or matching ottomans at the foot of the bed is another easy way to add multifunctional storage space.

9. Kitchen Cabinets

Though in high-demand for cooks, those who rarely cook and eat out often should have ample opportunity for storage within kitchen cabinets for everything from office supplies to craft materials. Downsizing items and



reorganizing these areas can likewise net additional storage. Ditto for storage spaces in dresser drawers, hutches, and other furniture.

10. Cabinet Doors

Take advantage of cabinet door space with 3M hooks, suspending utensils, small appliances, and more from this easy-access space.

11. Beneath Shelves

Stash smaller items in convenient under-the-shelf baskets, taking advantage of space beneath shelving throughout your home.

12. Under the Oven

The drawer under your oven offers ideal storage space for pots, pans and cookie sheets. Just be sure to avoid 'warming drawers.'

13. Around the Washer/Dryer

Slide a storage caddy to the side of (or add a pedestal beneath) your washer/dryer for easy-to-reach storage.

14. Bookshelves

Carve out space for smaller items in decorative boxes or baskets, staggering them to hide clutter amongst the shelves.

15. Wall

Low on storage? Adjustable wall mounted shelves are a fast, affordable way to add storage anywhere in your home. Shelves adjust quickly and easily for on-the-fly changes and additions. Tip: If you have at least 12-inches between shelves, add an extra shelf for additional storage.

16. Windowsill

Stack your favorite books and collectables in the windowsill facing outside or in.

17. Under Stairs

Under the stairs is a great area to add shelving, a closet, or work nook.

18. The Floor

Floor space in the pantry, laundry, and other odd areas can be maximized vertically with stacking shelves and stacking baskets.

19. Nooks & Crannies

Store slender items like mops and brooms between the wall/fridge or washer/dryer.

20. Ceiling Trusses

Trusses in the garage or attic are a great place to stash seasonal items out of the way.

Tired of cleaning around the clutter? Contact Molly Maid of South Davidson, Williamson and Maury Counties – <https://www.mollymaid.com/local-house-cleaning/tn/s-davidson-williamson-maury-counties.aspx>

— Ashley Farrar

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The state's FIRST astigmatism SMILE® procedure

(small-incision laser vision correction)

The state's first astigmatism treatment using the new SMILE® procedure (small-incision laser vision correction) was successfully performed on Wednesday, October 24, 2018 in Nashville, Tenn. at Wang Vision 3D Cataract & LASIK Center. Dr. Ming Wang, MD, PhD, performed this surgery.

SMILE® is a major advancement in laser vision correction in the last 25 years. Compared with LASIK, SMILE® has three distinct advantages. SMILE® is performed with a smaller incision. This surgery causes less dry eyes and less postoperative complications.

Recently, the United States Food and Drug Administration approved the astigmatism correction using SMILE®. "This is an exciting development! This means that a much larger group of our patients will benefit from SMILE® and be freed from their dependence on glasses and contacts." Dr. Wang explained.

Mr. Ross Ronan is a 47 year old healthcare executive. All of his life, he had suffered from poor vision. Mr. Ronan had a high degree of nearsightedness and astigmatism. This distorted his vision. Without correction, his vision was worse than being legally blind. Mr. Ronan said that he was truly excited to be the first patient in the state to receive the new and state-of-the-art astigmatism SMILE® procedure!

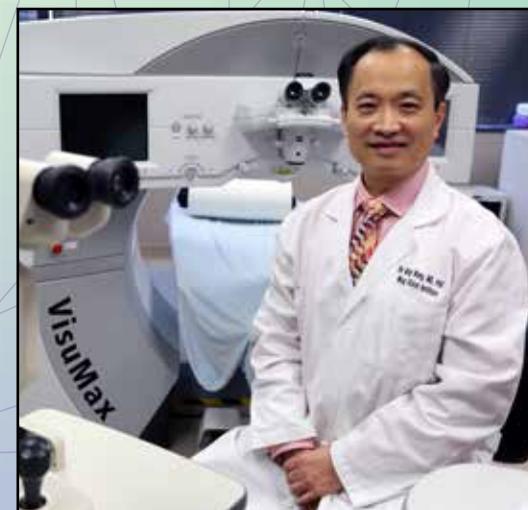
Dr. Wang is a Harvard & MIT graduate (MD, magna cum laude) and one of the few laser eye surgeons in the world today who holds a doctorate degree in laser physics. He has performed over 55,000 procedures, including on over 4,000 physicians. He has published nine textbooks and many scientific papers including one in the world-renowned journal "Nature". Dr. Wang holds several U.S. patents and performed the world's first laser artificial cornea implantation. He is currently the only surgeon in the state who performs



Ross Ronan, Dr. Ming Wang, Harvard & MIT (MD); PhD (laser physics), Haley Wilson

3D SMILE® and LASIK (18+), 3D Implantable Contact Lens (21+), 3D Forever Young Lens (45+), and 3D Laser Cataract Surgery (60+). Dr. Wang established a non-profit charity which to date has helped patients from over 40 states in the U.S. and 55 countries. All sight restoration surgeries were performed free-of-charge.

— For more information, visit www.wangcataractLASIK.com, call 615-321-8881, drwang@wangvisioninstitute.com.
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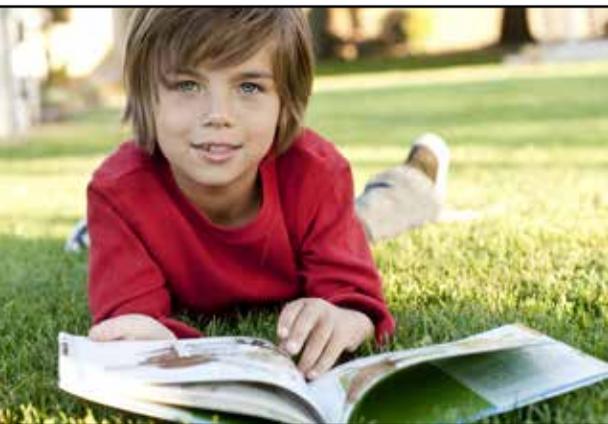
SPECIAL FEATURE

Should We Praise Our Children For Being Smart?

Is saying, “You sure are smart,” ever the right way to encourage them? Is being smart something worthy of commendation?

Considering other aspects of being human, which things are worthy of commendation and which things are not?

Do we praise basketball players for being tall? “Good game! Good game! You were really tall out there tonight.” Granted, many basketball players are tall, which gives them certain advantages over shorter players, but does a coach praise a player just for the fact that he is tall? No. A coach would rightly praise a player for using his height to his advantage in the game, but not simply for being tall. Lots of tall people cannot play basketball, and lots of people play basketball who are not exceptionally tall. No matter their height, a player is praised for hard work, diligence, effort, high scoring percentages, rebounds, and assists, but not for simply being tall.



What about our kids? Are they smart? What do we mean by smart? Do we know what we are saying when we say, “You can do it! You’re smart!” We may mean the best; we want to encourage them in an endeavor, but what are we really doing?

If the child is exceptionally bright, or ‘smart,’ then we are telling them that they are expected to be good at something simply because of their academic aptitude in other areas. We are setting expectations that may be unreasonable depending on what the child is being asked to do.

If the child has done something well, and we praise them by saying, “Oh, you did so well; you’re so smart,” are we simply attributing their success to some gift that God has given them? Was it simply the gifts God gave them that resulted in success or did they put forth some effort?

What if we attempt to encourage a child who is not particularly quick in the classroom by declaring, “Oh, come on, you can do it; you’re smart!” It could boost confidence, and sometimes a confidence-boost is all a child needs to propel them forward in a task, but are there better ways? Would we say to a prospective athlete, “Oh, come on, you can play basketball; you’re tall!” Would we tell a short person that they are taller than they think they are? No, that would be silly. We would encourage them to work hard at what they are attempting to do, to be creative in problem solving, to diligently apply the gifts God has given them, and to not give up until the goal has been reached and the task accomplished.

When the child accomplishes the task, we should praise God for the gifts He’s given them and praise the child for the effort put forth to complete the task. We could prompt our children to join us in these prayers thanking God for His gifts of talent and time and health and strength.

— Marc Hays and his wife, Jamie, have been married for 20 years. They have 6 children and have been home educating since 1999 and a part of Classical Conversations since 2009. Marc serves as the Lead Curriculum Developer for Classical Conversations MultiMedia and directs the Challenge I program in Hartsville, Tennessee.

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LARRY L. CRAIN:

An Influenced Legacy

A grandmother, a young pastor, national religious advocacy firms, and the God who directs a man's path—these entities worked together to propel Larry L. Crain from summers as a boy on a farm to becoming a nationally recognized constitutional lawyer, frequent lecturer, and commentator. He has litigated, debated, and practiced widely in constitutional law, especially in the realm of religious liberty. Crain was nurtured by a loving grandmother who taught him the importance of studying and memorizing Scripture. The seeds she planted during those early years later served as a constant reminder of God's love, mercy, and sovereignty, even during darker times when he strayed from God.

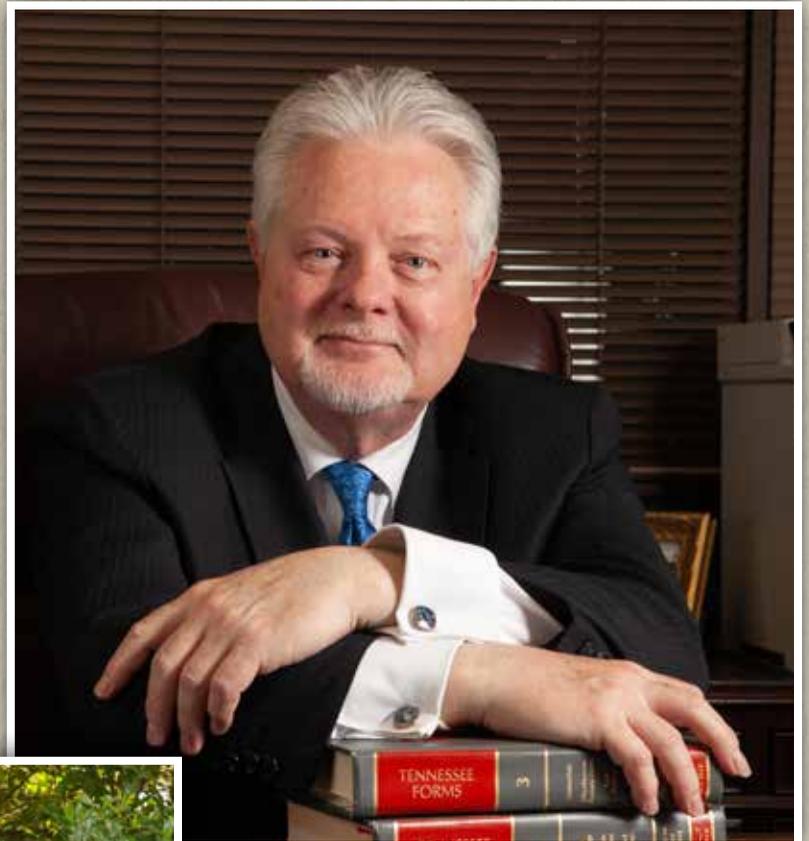
As a 63-year-old father of three and grandfather of seven, Crain considers the words that became his life's testimony: "the steps of the righteous man are ordered by the LORD, and He delights in his way. Though he fall, he shall not be utterly cast down: for the LORD upholds him with his hand" (Psalms 37:23-24). No doubt Isaiah 30:21, "and whenever you turn to the right or to the left, your ears will hear this command behind you: 'This is the way. Walk in it'" also directed his life.

Crain testifies to a specific influence in his earlier life: "While at work one Saturday in 1979, I got a call that a young preacher named Al Henson, who had started a new church in our community, had stopped by for a visit. I left work to come meet him, and later that afternoon my wife and I knelt in the living room of our home and gave our lives to Christ."

Crain and his wife had two young children at that time, and this monumental commitment to Christ changed their family life: "Church attendance became an important priority and a place for developing close friendships and learning how to make godly decisions. Soon afterwards, inexplicable things began to happen: There was a major paradigm shift in the direction of my law practice. Churches and ministries began calling me for legal help. I developed an overwhelming interest in the area of constitutional litigation and devoted myself to the defense of First Amendment religious liberty cases."

Crain's relationship with Christ led him to decline

positions that caused sharp contrasts with all he had previously known. However, through working with John Whitehead of The Rutherford Institute, he began litigating religious cases around the country, representing a wide variety of religious freedom cases: a valedictorian who was censored from sharing her faith in Christ; students who were suspended for distributing gospel tracts; evangelists who were jailed for preaching the gospel; pro-life demonstrators; a nurse fired for refusing to take part in a late-term abortion; and orthodox Jews who were prohibited from having a place of worship in their community.



Larry and Flo with their family.

Crain's concern for First Amendment issues, particularly the rights of individuals to be free of religious discrimination, led him early in his legal career to serve as General Counsel for The Rutherford Institute and later as Senior Counsel for the American Center for Law and Justice (ACLJ) where he litigated a broad spectrum of constitutional issues on a national level—particularly cases that sought to impose a burden on religious

liberties—before the United States Supreme Court; the Third, Fifth, Sixth, Seventh and Ninth Circuit Courts of Appeal; the Supreme Court of Massachusetts; the Supreme Court of North Carolina; and the Supreme Court of Tennessee. His litigation experience on issues of constitutional law spans 26 states.

Practicing law in a manner consistent with his Christian faith became a conscious priority as Crain learned how to incorporate his faith into his legal practice and how to serve ministries that serve the Lord. Reading Francis Schaeffer's works profoundly affected his thinking about law: "Romans 13 is all about the authority of God. I had never thought about the whole notion of the preeminence of God in the law: The law must be anchored in moral absolutes which trace their origin back to God's preeminence: 'all authority is from God' (Romans 13), and that truth transcends the Constitution. It is where we get the notion of inalienable rights." So, God's Word, Schaeffer, and the Rutherford Institute, among other influences, opened up a whole area of thought to attorney Crain and became a way of ministry. Indeed, God was and is in the business of directing the steps of His followers.

Once again looking at the grand paradigm shift, Crain recalls that in October of 1980, the month he passed the bar, “our Metro government decided it would impose a ‘fee’ on all churches and nonprofits in Nashville to pay for fire and police protection. Over a dozen churches contacted me to represent them in opposing the City’s measure. The problem was the senior partner in my law firm represented the Mayor of Nashville at the time. I was given an ultimatum: I could turn down these church clients or leave the firm and go out on my own. With no clients, no established practice, and a wife and two children, this was a tough decision. I decided to take this step of faith and leave the firm. We defeated the City’s fee (tax) upon church-owned property, and word began to spread that there was a young attorney in town who was willing to take on city hall.”

Crain began receiving calls from clients facing all sorts of constitutional challenges to their exercise of religious liberty. In one early case, a homeschool family in East Tennessee called for help. No attorney was willing to take their case. Homeschooling was very new at that time, and the Moffats were being threatened with the removal of their daughter if they did not enroll her in public school. Crain remembers, “I represented the family and argued to the judge that their child was not a mere creature of the state but that her parents had a responsibility before God to bring her up in the nurture and admonition of the Lord. The court struck down as unconstitutional Tennessee’s compulsory attendance law based on my argument and found that the Moffats’ freedom to exercise their religious beliefs outweighed the state’s interest.” As a result of this court case, the next year, in 1985, Tennessee adopted its first homeschool law.

Homeschooling of the Crain children grew out of representing homeschooling families who would ask Crain if they homeschooled their children and then wanted to know why not. Crain admits, “I ran out of good excuses when I realized my clients’ children were testing about 30% higher than those in institutional schools—not to mention the biblical truths they were being taught at home. So, those considerations became a big impetus for changing our family life. Homeschooling back in the early 80s was an introduction for me into how law could be used to help in religious freedom.”

Crain illustrates, “I can tell you story after story from the Home School Legal Defense Association (HSLDA) founded by Michael Farris. We still get calls to work with homeschooling issues. We just won a case last year for a group of three Nashville homeschool families who wanted to enter their children in the equivalent of the national Olympics for chess competition. They were denied the opportunity to compete because they were homeschooled and not from institutional schools.

We filed suit in federal court and won the right for them to compete. By the way, they came out fourth in the nation in this once-every-four-year’s national chess competition! These kids are chess wizards and were overjoyed that at the last minute they were allowed to compete. Without exception all these homeschool families have been courageous in their stand for Christ. Their faith has been rewarded time and time again.”

Crain further relates, “My work in the area of religious liberty also opened the door to a number



Larry Crain with members of the chess team after placing 4th in the national "olympics" of chess competition.

of ministry and nonprofit clients over the years. One of them, an adoption ministry called Small World Adoptions, on whose board I now serve, referred a case to me involving a young Russian boy whose adoptive Tennessee mother returned her son to Russia with a note pinned to his backpack stating she no longer wished to parent the child.” The incident prompted Russia to impose a moratorium on all U.S. adoptions. Crain gained international renown for his representation of the child for abandonment and neglect in which the court awarded significant damages on behalf of this young boy.

In 2012, Crain’s concern over the legal issues facing churches and religious ministries led him to found the Church Law Institute, a non-profit legal and educational ministry serving churches. Today, CLI continues to provide vital legal services to churches all across the United States.

Another case Crain is particularly pleased with in the Nashville community is his work with Teen Challenge International. It serves young folks recovering from addictions and does so from a purely Christian approach. Crain tells the story: “When Metro took steps to change the law that affected Teen Challenge’s right to open a facility here in Nashville, we went before a jury in federal court here and won a sizeable verdict for it. I think that has had a profound impact on how Metro reacts toward local ministries; it is more careful not to

trod upon ministries that help others whether they be disabled or otherwise. I’ve seen [that impact] in the way Metro affects changes in ordinances for local ministries. So, there’s a heightened sensitivity in Metro to the fact that if they do [trample on ministries], there are lawyers here who will challenge them. At least they know there are limits on what they can do to encroach on the rights of ministries. The whole process in the cases I’ve won against Metro in the area of religious liberty has garnered a kind of mutual respect, a hard-earned mutual respect. To that end I’m now working with Metro in a federal case on behalf of officers who were wrongly sued.”

Carefully guarding respect enters into Crain’s approach to his law practice: “Mutual respect is hard to earn, but when you earn it, you need to carefully guard it.” Another Source says it this way: “A good name is more desirable than great riches; to be esteemed is better than silver or gold” (Proverbs 22:1).

Nudging him into thoughts about his legal legacy, Crain includes Kingdom goals: “I am one of what I hope is a growing number of attorneys who today see their profession as opportunity to serve the Kingdom. Some of my greatest rewards have been to see younger attorneys whom I’ve helped mentor along the way go on to do great things for the Kingdom, some of whom have won great victories

before the Supreme Court. They have broadened the protection of religious liberty rights for all Americans. Like me, they see their practice of law as an opportunity for Christian service. They have changed the canvas of the law in certain areas whether it’s the case involving the baker who didn’t want to provide a cake for same-sex marriage or other such cases (one of the attorneys involved in the cake case, David Cortman, mentored under me. To have played a small role in training these once-young apprentices is a source of pride and joy. There’s lots of satisfaction seeing the endurance of the work that God began in me years ago. That’s the type of legacy I hope to leave.”

Crain summarizes: “I believe God has blessed me over the years with some of the most courageous clients a lawyer can have. Their humility and courage have always born witness to their faith in Christ.”

Such is God’s ordering of Crain’s steps when his grandmother began at the beginning with God’s Word.

— *Sheila E. Moss is author of Living to Matter: Mothers, Singles, and the Weary and Broken; Interrupting Women: Ten Conversations with Jesus; and various publications derived from teaching Bible and Christian ethics in Africa, Ukraine, and Venezuela; teacher of Bible classes for over 35 years.*



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Should You Renovate or Sell?

There's no place like home, sure. But is that a good place to be? If you've been in your space for a while, it's normal to start noticing the things that bug you, or worse, become immune to the house's shortfalls. The real question is should you list it and move on? Or would a little TLC reignite the spark that made you fall in love with it in the first place?

While it's easy to be lured away by a new home, sometimes a little nip/tuck action can be just what your home needs to make it the perfect place to stay put. "Strategic kitchen and bathroom upgrades and remodels add the most value to a property," explains Karol Hernandez, director of marketing at Lee Company.

If your kitchen needs a facelift, here are some things to keep in mind. Total kitchen redos — replacing flooring, fixtures, appliances, etc. — are popular, sure. But they are also big undertakings. If you're not up for that sort of overhaul, you can still get a dramatic revamp with simple cabinet refacing. "If your space is functional, and your cabinets are sturdy, then refacing the cabinets may be just the right answer for you," says Karol. If your kitchen is tiny and you want a new cabinetry look, you may be better off springing for new ones. If your kitchen is larger, though, refacing can be a cost-saving measure that yields equally dramatic results.

In the bathroom, one of the most popular renovations right now is the swapping of standard bathtubs for walk-in showers. "It updates the house, while enlarging the space and making it more useful," Karol explains. "Sometimes the change is so drastic, it even adds space to an adjacent closet." This change also makes sense for homeowners who plan to take in aging parents — or



for those who want to grow old with their home. "Maybe getting out of your bathtub is not as safe or comfortable anymore, and walking into a shower is more convenient," she adds.

If you want to make the most of your renovation dollars, start by assessing how long you plan to be in the home. "If you're planning to stay in your home, your remodeling approach is likely different than the approach you'll want to take if you plan to sell," Karol explains. "When someone tells us they're moving in a year, we say, 'Then maybe you don't want to tackle a big project. Maybe you just want to focus on your kitchen because that's where you're going to get your value when you sell.'"

If you've decided to love your home instead of listing it, the most important step of all is finding a company you trust to bring your ideas to fruition. And while Pinterest boards are not a requirement, Karol says, "They help us to know what the customer is envisioning so that we can bring that vision to life." And that should be the end goal of all parties involved, right?

— Lee Company — leecompany.com



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THE STORY OF FRONTIER BASEMENT SYSTEMS

Frontier Basement Systems is owned by Layne and Judy Gebers. Layne has been a general contractor for over 35 years.

Layne went to Milford to go to school for architecture and building construction.

In 1999, Layne and Judy and their 3 kids decided to take a chance and moved to Clarksville TN to invest in a new startup company called Tennessee Precast Systems in. The company was not what they expected and not a good fit for Layne.

Apple Hollow Construction was started. Picking up a contract a previous company couldn't finish, a church was the start of a huge referral source for them and by not compromising on values, quality of work and great service...he started building a name in Middle Tennessee and Southwestern Kentucky.

In 2001 Layne went to the International Builders Show in Atlanta looking for a solution to fix nasty crawl spaces. There, he met Larry Janesky. Larry Janesky invited Layne to Seymour CT. to learn more about Basement Systems. In 2002 Layne and Judy became a Basement Systems dealer.

Experience

Basement Systems Inc. and its sister companies - Connecticut Basement Systems, CleanSpace, Total Basement Finishing, and Dr. Energy Saver, are award winning and successful enterprise located in Seymour CT, with approximately 400 dealers in 3 countries. We specialize in "All Things Basementy!" We do so much more than just dry your basement. We offer complete solutions to transform your basement into a pleasant extension of your living space. We offer comprehensive solutions for Basement Waterproofing, and Crawl Space Repairs and waterproofing. Basement Systems, Inc. is the world leader in developing and providing products that result in dry, below-grade space.

We are also a Supportworks dealer for those foundation and concrete solutions. The Supportworks team includes experts in construction, repair, geotechnical and structural engineering, manufacturing, training, foundation assessment and installation of repair products. Like any strong company, our team also includes experts in many other areas: logistics, marketing, accounting, technology, administration and the list goes on.

Product Innovations

Armed with products to repair bowing basement walls, there was an opportunity to serve homeowners by repairing their settling foundations as well. A network of like-minded contractors who started to share and learn together began the development of a piers system

Training the Various Technicians

On-boarding a new employee is taken very seriously here because we take what we do very seriously and personally but also because we want to be sure



15 years ago, Judy and Layne Gebers, owners of Frontier Basement Systems, began serving homeowners in central Tenn.

that the homeowner gets the best experience possible.

Our inspectors go through over 4 weeks of extensive training on site before starting ride along with their manager and trainer. The manager then decides how quickly the inspector will start servicing appointments solo.

Production teams will watch and get familiar with our products before riding along with our expert teams. A foreman and co-foreman will take them under their wing and show the new field tech the ropes. In the field our teams continue to learn and teach each other every day.

Service technicians handle both preventative and reactive maintenance of our systems. When a new service technician starts they will ride with our production crews for at least a

week to see how our products are installed and learn how they work. They will then ride with a senior service technician for a full week to see the position in action. The following two weeks the Service Manager will go with the new technician on the technician's appointments.

On-going Education

Foreman, Service, and Inspectors train weekly here in our training room. Basement Systems of Connecticut has an annual convention, quarterly trainings, monthly webinar trainings, and weekly video trainings. Supportworks also offers an annual convention, quarterly trainings, and an open online chat forum for consistent communication among the network.

National Network of Knowledge

The National network is important to you, the homeowner, because we pool our resources to constantly create the best products, so we can best help you. We consistently teach and learn from one another.

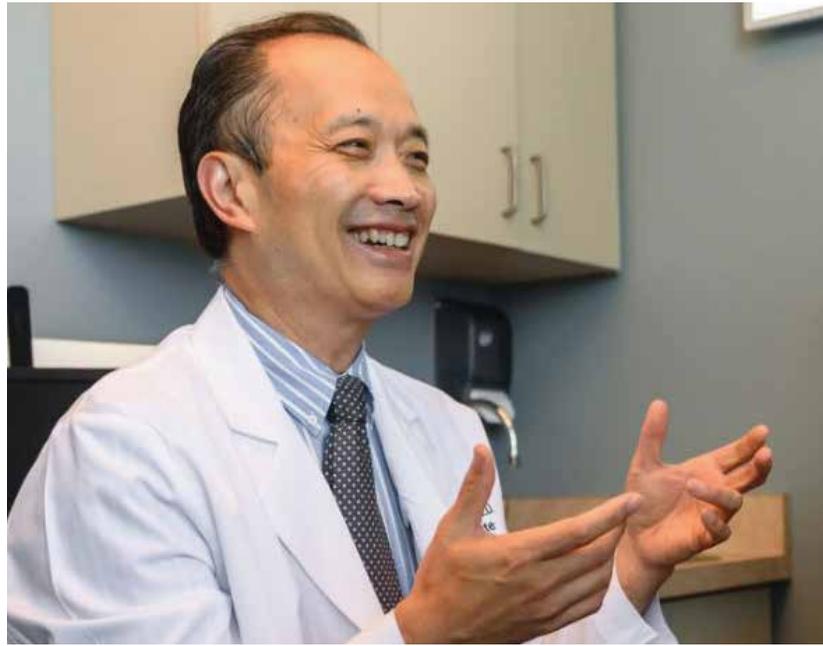
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— Brittney Griffey,
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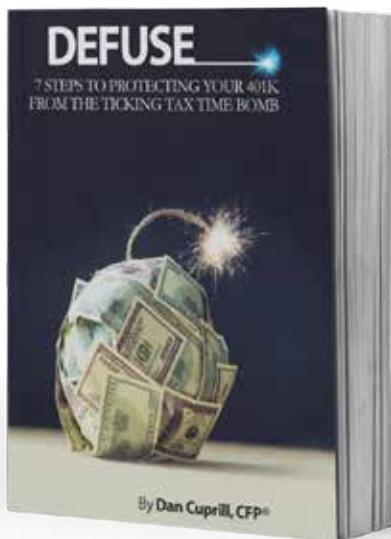
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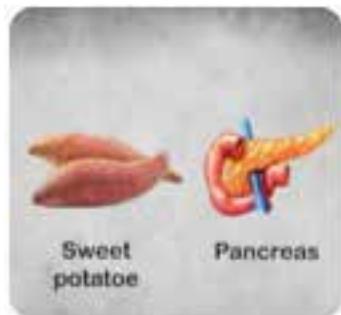
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FELLOWSHIP SERVICE EDUCATION

OH Sweet PANCREAS!

Whether therefore you eat, drink or whatsoever you do, do all to the Glory of God! 1Cor 10:13



You may say I know about the heart, lungs, kidneys and brain but what is this sweet potatoe looking organ called the Pancreas.

The Pancreas is shy and hiding behind the stomach, but it has an important role in digestion and the breakdown of food. Its well-known function is producing insulin, a natural hormone used to control blood sugar levels. If the Pancreas is unable to produce enough insulin then external insulin is needed, such as insulin injections.

The Pancreas resembling a sweet potatoe is a God thing because sweet potatoes provide protection for the Pancreas, releasing sugars gradually into the body, thereby not putting undue stress on the digestive system. Diabetics benefit from eating sweet potatoes- Thank You Jesus!

The silent hard-working Pancreas makes a debut when under attack and becomes an irreplaceable attention getting organ. (Praise Break- I will Praise thee; for I am fearfully and wonderfully made, Psalms 139:14.) Pancreatic Cancer forms in the Pancreas from its damaged cells growing rapidly out of control. The lifetime risk of developing Pancreatic Cancer is 1:63 in males and 1:65 in female, so it is rare. Pancreatic Cancer ranks high as a cause of cancer death and that rate is increasing. Pancreatic Cancer accounts for about 3% of all cancers in the US and about 7% of all deaths. (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strongholds, 2Cor 10:4). Pancreatic Cancer usually has no symptoms until the cancer has already spread to other organs. The late symptoms of Pancreatic Cancer are jaundice- yellowing of eyes & skin, dark urine, abdominal pain/back pain, weight loss, decreased appetite, nausea/vomiting, increased liver size, blood clots, and more.

Risk Factors for Pancreatic Cancer

- Tobacco use
- Cirrhosis of Liver
- Being Very Obese
- Diabetes Type 2
- Heavy alcohol use
- Physical Inactivity
- Chronic Pancreatitis
- Family History of Pancreatic Cancer
- Heavy exposure or workplace exposure to certain pesticides, dyes and chemicals
- Age >60 years old, Men > Women, African Americans at higher risk

Currently, we do not have routine screening test for Pancreatic Cancer. Blood testing with genetic tumor markers are not accurate and results can be misleading. Confirmation of Pancreatic Cancer is found with imaging studies such as CT, MRI, Ultrasound and other tests. Biospy of the Pancreas may or may not be needed. A treatment team with Endocrinologist, Surgeons, Oncologist and Dr. JESUS will decide the best treatment!

— Cynthia E. Collins, MD

This article is in loving memory of the late Aretha Franklin.

SEPARATE FROM SIN

BIBLE TRUTH

Sin is not permanent, when we confess our sins, God forgives us, cleansing our heart.

WHAT THE BIBLE SAYS

1 John 1:9

9 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.



HANDS-ON EXPERIMENT

Floating Ink

INGREDIENTS

- EXPO Dry Erase Markers
- White Glass Dinner Plate
- Water

INSTRUCTIONS

STEP 1: Using the EXPO dry erase markers, draw on the white glass dinner plate. Describe and classify the ink, from the EXPO dry erase markers, by their observable properties.

STEP 2: Pour the water on to the plate, close to the edges of your drawing, and observe. Describe and classify what you observe by its observable properties.

EXPLANATION

The EXPO dry erase marker ink is insoluble, which means it won't dissolve in a liquid. When water is added to the plate, a strong buoyancy force, forces your drawing from the plate. Since the ink is less dense than water it floats.

BIBLE CONNECTION

While the ink on the plate may seem permanent, it's not. Sin is not permanent. Jesus is your strong buoyance force, forcing sin from your life.

— Jason Lindsey



THE

Right song

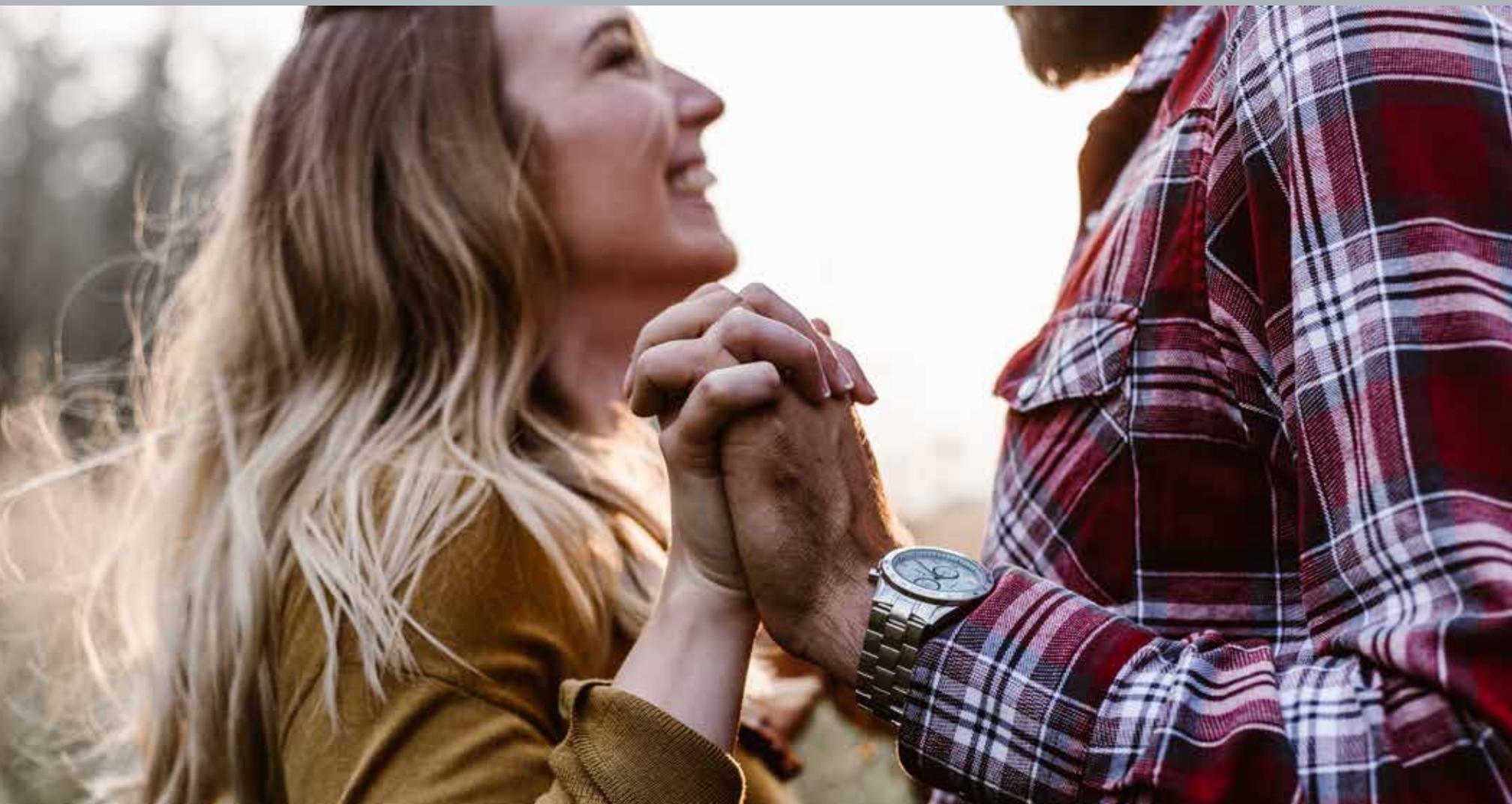
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Hometown Hero

For some, volunteering is part of an internal checklist. It's greatly praised to be a positive influence on your community, and volunteering is a great way to achieve that. However, for some, volunteering is a duty—it is a driving force behind their faith, their happiness, and their personal life. Lauranette Ford is one of these people. She is a part of many local organizations—Habitat for Humanity, The forthcoming National Museum of African American Music (NMAAM), The Predators Foundation, and the Nashville Jazz Workshop to name a few. Laurenette is passionate about finding ways to get

involved in her community, and especially passionate about music education. Don't we all know this is the perfect town for that?



Lauranette Ford is Volunteer of the Month.

Lauranette has been in Nashville for over 20 years and has been serving throughout the city for almost all of that time. To her, kindness and professionalism are essential when serving. Sure there's work to be done, people to be helped, but if you aren't pleasant to be around while doing those things, how much good are you really doing in someone's life? She values what she calls "old fashioned manners"—like knowing someone by name, or being respectful of elderly people—because it opens doors to genuine connection, she says, and that's what every one of us wants most.

Lauranette has found creative and impactful ways to touch people's lives. NMAAM hasn't opened its doors yet, but the entire team (of which Laurantette is both on staff in one department and volunteers for other departments) has been working for months to prepare a seminal, educational experience in the city where the pulse of music is ever heard. Or the Jazz Workshop, a non-profit school near Germantown that focuses on providing a space for people of all ages to come together and express their passion for this genre of music.

Lauranette was a founding donor for the Nashville Jazz Workshop, she's been with them for over 10 years, and the same can be said for a lot of the other foundations she's a part of. There is a deep sense of duty behind the time that Laurenette has spent, throughout her life, serving her community, cultivating good relationships, fostering creative growth. None of these things were required of her, but she has devoted years to it nonetheless and shows no signs of stopping—this is why we are excited to highlight her as our Volunteer of the Month.

— John Theo

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God's Plan For Service: *Meeting People Halfway*

The United States President and Congress have provided us with a case study on the need for MEETING PEOPLE HALFWAY, our topic this month. To meet people halfway, to want to compromise, means we are more concerned with a solution than with stubbornly holding to a position. When we only give lip service to a solution or intend to do harm to the other party, we have little motivation to meet people halfway or seek any solution. To achieve a solution, we must be willing to compromise on a substantial part of our position. When we are in a disagreement with one or more persons or any organization, we must make a distinction between what is a principle we are defending and what our preferences might be.

A principle is not just something we want very much. A principle is something that guided our decision making a year ago and will guide us still a year from now. It is not a situation although one or principles might affect a situation. A principle for a Christian would be that whenever my faith is challenged, I will stand firm in my faith. Another example comes from Dr. Martin Luther King who said, "The time is always right to do what is right." Many of us, however, confuse our strong opinions with being principles. An opinion is what we think about a situation; it is not a principle. Even when we are standing on a principle, there are usually some parts of our position that are preferences. A preference is negotiable. What is negotiable can be put on the table to help the other party reach half way.

Henry Boye is quoted as saying; "The most important trip you might take in life is meeting people halfway." Meeting people halfway implies compromise. What preferences will we consider compromising in order to reach a solution? To what extent is a solution important to us? Or is

our ego wrapped up in a position so much that we feel our ego would suffer if we made a real effort at a solution? When we make unwarranted or foolish statements in the process, we make it more difficult to work for a solution. To negotiate in faith with another party, we must be able to demonstrate that our efforts are governed by integrity so that what we say can be received in good faith.



A bully (adolescent or adult) tries to avoid any compromise intending instead to roll over others regardless of the ethics or appropriateness of the situation. A wise person will not be a bully and knows the difference between principles and preferences, between what is really important and what is less important. Compromise means negotiation. A successful negotiation ends up being a win-win situation. Negotiation requires knowing what is really important to each party and finding the means by which as little of what is good for one party detracts from what is good for the other party. A win/lose situation tends to be a situation that will soon come unglued with unpleasant outcomes.

So meeting people halfway means knowing what is really important to us, what our principles as

well as our goals are. Once this is determined, it is possible to look at the issues to see what is negotiable in order to gain what is essential and reasonable. It can be of considerable advantage in any negotiation to also know what is essential (principles) and what is preference (desired but not essential) for any other party to the negotiation. By knowing this, it paves the way toward exchanging thoughts so that both parties gain what is most essential.

What does it mean to meet people halfway? It means recognizing the issues on which you are willing to compromise, your preferences as opposed to your principles. This means you have to be able to tell the difference between a principle and a preference. Second, identify as much as possible what the other party's principles and preferences are and, as clearly as possible, distinguish the difference. Third, identify the preferences you have that would have the most meaning for those with whom we are compromising. The ideal is that one of your preferences is a principle for the others. By identifying preferences on both sides, the area of negotiation becomes clear. Once others see that they are being met halfway, they are more likely to come halfway themselves. Once this happens, compromise is possible.

God wants us to live in peace and love. In order to have peace and love, we must seek ways to accept others and to find common ground with them. What can you do to meet others halfway this week?

Study questions are available for this program. You can obtain them by writing to info@godsplanforservice.org or calling 615.268.7223. May God continue to bless you.

— Kenneth Oosting, PhD

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Has something in the magazine or something you have discussed with someone or some thoughts that you have had or something that you have heard, brought you to a point of realizing that you want and need to know Christ in the truest and personal sense?

God's Plan of Salvation

God created us to honor and serve Him

Revelation 4:11: "You are worthy, O Lord, To receive glory and honor and power; For You created all things, And by Your will they exist[b] and were created

Each of us has sinned against God

Romans 3:10: As it is written, "There is none righteous, no, not one"
Romans 3:23: For all have sinned and fall short of the glory of God,

The penalty for sin is eternal separation from God and Heaven

Romans 6:23: For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

Good works cannot ever earn God's forgiveness and Salvation

Titus 3:5: not by works of righteousness which we have done, but according to His mercy He saved us.

God loves each of us

John 3:16: For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life.

Jesus Christ died on the cross in our place, paying the penalty for our sin

Romans 5:8: But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us.

We each must accept Jesus Christ as our personal Savior

Romans 10:9: that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved.

Romans 10:13: For "whoever calls on the name of the LORD shall be saved."

To accept Christ into your heart and life, pray a simple prayer along these lines - *"Dear God, I know that I am a sinner and I am sorry for my sins. I know that Jesus died for my sins and the sins of the world. Right now, I ask Jesus into my heart and receive Him as my personal Savior. Forgive me of my sins, thank you for saving me through the blood of Jesus. Please Lord, help me live for you. In Jesus name, amen."*

All scriptures are taken from The New King James Version of the Holy Bible.

We believe this is the most important decision you can make for yourself and your family. We encourage you to see out a bible-based church in our community.

www.ChristianFamilyNashville.com



February 2019 Calendar



List Your Event!

If you have an event you would like listed in the Nashville Christian Family Community Calendar e-mail us at: NCFPublication@gmail.com subject line - Calendar

February 14 – VALENTINES DAY

Feb. 1 – Feb. 28

Register for Youth Golf Clinic And Camp – The Athletics Division of the Williamson County Parks and Recreation Department announces registration for a Spring Golf Clinic for youth ages 5-12. The golf clinic will be taught by Jim Kite, a PGA Instructional Professional. A resident of Nolensville, Kite has taught at the Rick McCord Golf Academy in Orlando and the Apple Valley Country Club. Online registration is Feb. 1 – Feb. 28 or until full. The clinic dates will be Friday, March 8, 15 and 29 from 5:00 to 6:00 p.m. at the Indoor Arena at Crockett Park in Brentwood. Participants should register for activity #13791 at www.wcparksandrec.com. The clinic fee is \$75 (includes equipment). Registration will open April 1 for a Summer Golf Camp to be held June 3-7. For more information, contact Mike Arnold at (615) 377-6530, ext. 6620, or Mike.Arnold@williamsoncounty-tn.gov.

February 19-24

Lifeguard Training Course – Get certified as a lifeguard in the Early Bird class! Williamson County Parks and Recreation (WCPR) will offer an American Red Cross Lifeguard Training course February 19-24 at the Indoor Sports Complex (ISC), 920 Heritage Way in Brentwood. Registra-

tion will begin on Saturday, January 26 at 12:00 noon (in-person only) at the Aquatics office at the Indoor Sports Complex. Class is limited to 10 participants. The course is open to the public. Students must be 15 years of age on or before the final day of the course. Cost of the certification course (including all materials) is \$125. Classes will meet Feb. 19, 20, 22 (Tues., Wed., Fri.) from 4:00 p.m. – 9:00 p.m.; Saturday, Feb. 23 from 9:00 a.m. – 5:00 p.m.; and Sunday, Feb. 24 from 1:00 p.m. – 6:00 p.m. For more information contact Kristin Pitts at 615-370-3471 ext. 2122 or Kristin.Pitts@williamsoncounty-tn.gov.

February 1-17

Tiny Tots Soccer Registration –

Indoor Arena At Crockett Park
The Athletics Division of the Williamson County Parks and Recreation Department announces registration for two Tiny Tots Soccer Clinics to be held on Wednesdays, March 6 to April 10 at the Indoor Arena at Crockett Park, 1485 Volunteer Pkwy. in Brentwood. The clinic for ages 2 and 3 will meet from 4:00 p.m. to 5:00 p.m. (#13191), and the clinic for ages 4 and 5 will meet from 5:00 p.m. to 6:00 p.m. (#13192). A parent must be present during class. Each child should bring their own size 3 soccer ball to class. Online registration is February 1 to 27 or until the clinics are full. Register at www.wcparksandrec.com. The fee is \$35 per

child for the six-week clinic. For more information, contact Mike Arnold at (615) 377-6530, ext. 6602, or Mike.Arnold@williamsoncounty-tn.gov.

ONGOING

Tennessee Christian Chamber of Commerce Monthly Luncheon –

Last Tuesday of every month except December. Connection Groups - Networking/Leads Meetings held in these locations: Brentwood, Cool Springs/Franklin, Downtown, Hendersonville, Mt. Juliet, Murfreesboro. For meeting locations, times and dates or for more information about the Chamber and events, visit www.tnchristianchamber.org or email rstringfellow@yahoo.com.

Coming in

FEBRUARY

March 10 –

Daylight Savings Time Begins – 2:00 AM



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TN Christian Chamber of Commerce – www.tnchristianchamber.org 615-815-8765

Vista Points – www.vistapoints.org, 615-758-4660, 888-422-4076

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